

# BURTON NEWS

THE VILLAGE NEWSLETTER

February 2022 Issue 321



See Anita's Recipe  
for these  
Valentine Biscuits  
Page 12

## BURTON NEWS

Please send us your letters - articles - events  
news - stories - recipes etc for publication

**Drop them into The Village Store,  
Main Street, Burton**

**or send by e-mail to  
burtonnewseditor@gmail.com**

**Next Editorial Committee Meeting  
18 January 2022**

**LAST DATE FOR COPY  
20 January 2022 for the February issue**

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Thexton

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## EDITORIAL

The first BN of 2022. Happy New Year  
to all Burtonians! Despite potential  
political shenanigans we can but hope  
that this year will see us returning to  
social events, enjoying an evening out  
and spending more time with family and  
friends. That is really what this  
newsletter is all about; celebrating the  
good things that happen in the village  
and highlighting the opportunities to join  
in.

Thank you to all those who returned  
their subscription envelopes, donated to  
the shop, or paid on-line. It is because  
of your generosity that BN can continue  
being delivered to every house in the  
village.

The editors had some good feedback  
on last month's crossword – answers in  
this edition. The challenge this month is  
a 2021 quiz with a local twist. We were  
disappointed, however, that there has  
been no response to the childrens'  
challenge and the £10 Amazon voucher  
will therefore roll over to the respondent  
that writes us the best short story this  
month. See the Challenge pages for  
details.

Queen Elizabeth II will soon have  
completed an incredible 70 years on the  
throne. This edition contains some of  
the memories from the 25-year Jubilee  
celebrations.

We hope you enjoy reading the  
newsletter. Feedback or suggestions  
would be gratefully received.

*Please would readers note that letters & articles must include a valid name & address. This can be withheld from publication on request. We will not publish any anonymous letters, or material which, in the opinion of the Editorial Committee, is of an offensive or defamatory nature. BN reserves the right to edit letters & articles in the interests of magazine space.*

# *Readers'* **LETTERS** THANK YOU

## *Neighbourhood Tree Surgery*

John and Jackie Box would like to thank all their very kind neighbours (especially the ones with chainsaws) who rallied round to clear the fallen tree from Thornleigh Drive. We apologise for the inconvenience it caused.

Thank you  
John Box

Hi, I would just like to say a really big "thank you" to everybody in Burton-in-Kendal for the wonderful kindness that you all have shown me this Christmas and throughout all of last year.

You all have been very kind in all sorts of ways; it makes my job a whole lot easier, and more fun, so once again a BIG THANK YOU and I look forward to being with you all very soon.

Your very grateful postman, Noel.



## **BURTON VILLAGE STORE - NORMAL OPENING HOURS**

### Monday - Friday

Shop: 6am - 5:30pm

Post Office : 9am - 5.30pm

### Saturday

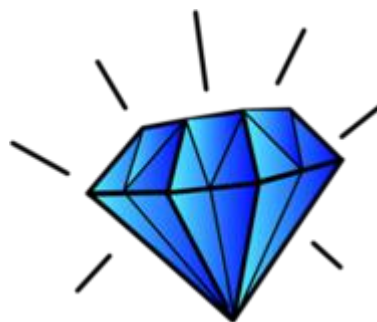
Shop: 6am to 5:30pm

Post Office: 9am to 12:30pm

### Sunday

Shop: 7am - 12 noon

Post Office: Closed



## ***Sapphire Anniversary***

Celebrating 65 years since  
9th Feb 1957

Thomas Woodend  
and Dorothy Middleton  
Married in St James Church  
By Rev F B Philips  
Congratulations!

## **Correction to Last Month's Lunch Club Post**

Unfortunately, due to the current situation, The Kings arms is unable to host the Age UK Lunch club until further notice. This situation will be reviewed in March.

## ***Annual Gift Subscriptions***

If you know of anyone who may like to receive BN regularly each month, why not buy them an Annual Gift Subscription? For £12 within the UK they will receive a copy of BN each month (11 copies per year).

A great way for family, friends and former residents to keep in touch with what's happening here in Burton.

Anyone interested should contact BN at the address in the box on page 2.

The views expressed within Burton  
News

are not necessarily the views of the  
Editors or the Editorial Committee

# BURTON FELL WALKERS



## Programme of Walks

Why not consider joining the Burton Fell Walkers group in 2022? We are a friendly, welcoming, group and our programme of activities caters for walkers of different abilities and fitness.

Walks take place on the first Sunday and the third Saturday of each month, and also on a Wednesday afternoon. All walks are guided by an experienced leader. The initial starting point for most walks is to meet up at Burton Memorial Hall car park at the stated time (please bear in mind Hall user needs when parking).

Come along and give it a try! Full details of the group are on our web pages [www.fellwalkers.burtonweb.org.uk](http://www.fellwalkers.burtonweb.org.uk) from where you can find more information about the current programme of walks. You can also find a link to email our Secretary in order to get full details of how to book onto each walk.

### February

Sunday 6th – 12 Noon - Silverdale – 6 miles (Easy/Moderate)

Thursday 17th (Bonus Walk) – 10am - Littlemire, nr. Kendal – 6 miles (Moderate)

Saturday 12th – 9am – Kentmere, low level – 9 miles (Moderate)

Wednesday 23rd – 10am - Burton Jubilee Walk - <5 miles (Easy)

**March** (first 2 walks - full list in next month's issue)

Sunday 6th – 12 Noon - Jeffery's Mount, Tebay 650 ft 7 miles (Moderate)

Saturday 19th – Aira Force/Gowbarrow Fell 1000ft 8 miles (Moderate)



## BURTON W.I.



At their first meeting of the year the members of Burton WI were welcomed by their President, Liz Falkingham, who also recited a passage from the poem 'Gate of the Year'. Unfortunately our speaker was unable to attend because of covid precautions, but we look forward to seeing him later in the year.

After members had discussed and voted on the WI National resolutions that will go forward to the Annual General Meeting in June 2022, members enjoyed an evening of quizzes and socialising. The raffle was won by Molly Long and Margaret Burton won the competition for a 'Gift from the Seaside', with Helen Dawson in second.

This year is to be a year of celebrations for Burton WI. On the 22nd February 2022 it is ninety years since it originated and plans are being made, including a Summer Garden Party, to make it a special one. A Mrs Pemberton from Burton House chaired the first preliminary WI meeting in Burton and Miss Lees was elected the first President - a post she held for many years.

The annual subscription was 2 shillings (10p today). For many years meetings were held in the National School on the 2nd Thursday of the month (as now) with occasional use of Morewood School. Meetings had the usual format of speakers and competitions.

At our next meeting on the 10th February we will be commencing our 90th anniversary celebrations with a 'pudding tasting'. The competition is for a decorated wooden spoon.

If you wish to join the WI, please contact our Honorary Secretary:  
Helena Nixon on 01524 781048



# Burton-in-Kendal Art and Craft Society

## For Demonstrations, Exhibitions, Talks and Workshops

### Upcoming Events BURTON MEMORIAL HALL

**MONDAY 28th Feb** 7:30-9:30pm Visitors Welcome  
DEMONSTRATION by Trish Bugeja  
"Decorated Eggs"

**SATURDAY 26th March** 10am to 4pm  
WORKSHOP with Jamie Barnes  
"Buildings in Pen and Ink" (Members Only)



The Craft Group meets Monday Feb 14th 1:30 to 4:30pm B.M.H.  
Visitors welcome £3

The Art Group meets most Fridays 9:30-12:00am BMH - Visitors welcome £3

To join the Society contact the Treasurer Paula Firth.  
Tel 01524 571997, email p.c.firth@ hotmail.com or mobile:07488 328464  
or Chairwoman and Programme Co-ordinator Kath Hayhurst .  
Tel:01524 781613 or email kathhayhurst84@gmail.com

Subscriptions are £10 per year and include free programme events, free art and craft entries to the exhibition and use of the society library.

## Burton, Holme, and District Local History Society

**MONDAY Feb 21st 7:30 pm BMH**  
AGM and talk by Pamela Barker D.L.  
"My Role as Constable of Lancaster Castle"  
Visitors welcome £2.50

**MONDAY March 21st 7.30pm BMH**  
talk by Ian Jones  
"Magic Lantern Tour of Victorian Lakeland"



Programme 2022

A full programme is available on the website  
[www.localhistory.burtonweb.org.uk](http://www.localhistory.burtonweb.org.uk)

New members welcome,  
Subscriptions are £12/year  
Contact, Chairwoman and Programme Co-ordinator Kath Hayhurst .  
Tel. 01524 781613 email kathhayhurst84@gmail.com

Treasurer: Dorothy Spencer. Tel. 01524 781540 email  
dorothyspencer263@gmail.com

## BURTON SPORTS AND RECREATION TRUST

We would like to start things off by saying a Happy New Year to you all.

Thank you so much to those of you who came along to the Christmas bingo, pantomime trip, and childrens' Christmas parties.

After a long time away it's always a worry how these events will be attended and while Christmas parties were a little quieter then we had hoped (thanks omicron!) there was still a good turnout to enjoy our extravaganza with our extra special grotto.

The MUGA continues to be well used but some availability has come up during the week at peak times. So, if anyone has previously asked and not been able to use it, now might be the time to ask again.

There will be some new signage coming over the next few weeks which will make it easier to contact us and book the MUGA. You will simply have to scan a QR code which will take you to our booking site and email. We are hoping this makes the MUGA more accessible for everyone in the community.

While our events continue to be well supported, as a committee we would very much welcome new volunteers and members. The current committee would genuinely struggle to continue to organise a programme of events without additional help for this very rewarding task.

Only two of our current committee members actually have children that can access what we do for all the children of the village. While we are all happy to continue to be a part of the committee, having more ideas and new personnel on the committee will help drive changes and benefit the whole community.

Our AGM is going to be in April and over the next few months we are going to use this space to explain what we do, what we want to do, and how having new faces on the committee will help us bring more to the village.

For now we are just going to sow the seed in the hope we might get a few of you interested in helping with the Halloween and Christmas parties but if anyone has any questions, or has thoughts about joining but is unsure what is involved, please email us via the link on [www.burtonmuga.co.uk/](http://www.burtonmuga.co.uk/) and we will try and answer your questions in the hope you will want to jump on board and become a member of Burton Sports and Recreation Trust .



# Roger Reports...

From the County & District Councils

## February Council News

For councillors, the mid-winter season has been relatively quiet. Live meetings are fewer due to Covid and the SLDC's January Council was cut to 50% attendance so, because I had attended the two most recent reduced councils, my place was taken by Tom Harvey. Tom is still pursuing the Church Bank planning problems. The planned socially distanced County Council meeting was cancelled.

For personal health reasons I have cut my attendance at Parish Councils unless my actual presence is required. But I have continued to send monthly reports. I have also missed some other public events including, for the first time in over 20 years, the Cumbria Southern Area Young Farmers' AGM. My other meetings like Development Control, Archives, Transport, and the Children's committee have been on zoom.

Regarding COVID, cases in the county peaked in mid-January. Officially two thirds of Cumbrian people over the age of twelve have had their third vaccination, well above the national figure.

Fortunately, after the disruption caused by the November Storms, there have been fewer days affected by "weather events". Flood problems have, so far, been less severe than in recent years; perhaps partly because of the flood alleviation schemes. I continue to keep watch on the vulnerable patches but please keep me informed.

Briefly, some Burton residents suffered breaks in refuse collection because temporary staff have been filling in for regular workers isolating for COVID. However, I have been assured that most missed-out bins were emptied within 24 hours.

A combination of Covid, and loss of staff moving on in response to anticipated changes caused by Local Government Reform, is causing problems. Some vacancies have been filled by non-local people working at home which is especially difficult for the Highways and Planning departments.

On the County John Readman has been appointed CEO until Cumbria is replaced by the planned new Cumberland and Westmorland/ Furness authorities in April 2023. The judicial enquiry following objections raised by the current Leader of the County Council to the two counties decision is continuing. \*

On a personal note, I am still pressing for the installation of charging points for electric vehicles to be installed in the rural villages.

All the best: Spring is on the way - Roger.

*\* Editors' Note - it was announced on 19 January 2022 that the High Court has refused the application for judicial review.*

You can contact Roger as follows:  
South Lakeland District & Cumbria County  
Councillor R.K. Bingham  
The Smithy, Ackenthwaite,  
Milnthorpe, Cumbria, LA7 7DH  
Tel: 015395 63694  
e-mail: [roger.bingham@cumbria.gov.uk](mailto:roger.bingham@cumbria.gov.uk)



# Bowls

## Burton Crown Green Bowling Club

It's great to think that Spring will be just around the corner by the time you read this, and for bowlers this heralds a new season on the green. Provisional planning is for the green to re-open on or around 20th March to enable practice and social bowling for a month or so before the opening of the league season in April.

During the close season a great deal of work has been done by a dedicated few, to try to ensure a tip top playing surface for the coming year.

Once again the call goes out to villagers to consider joining the Club and taking up this very absorbing and sometimes deceptively challenging sport, on a facility so close at hand and so well regarded amongst the bowling fraternity.

Monday club nights will no doubt commence when the green re-opens and further details will be provided in the March "Burton News".

For further details you can contact Hugh or Sue Miles on 781465.



## Up for a Challenge?

### REALLY Short Story Challenge for Burton Youngsters

The Editors were disappointed that there were no takers for the youngsters' New Year resolution challenge last month. The prize of a £10 Amazon Voucher will therefore roll over to this month. We are looking for the best short story - and we mean short - 10 words or less, with a beginning, middle and end *eg Welcome, New year. Hello, friends and family. Goodbye, Boris!*

Answers by email please to editor.burtonnews@gmail.com by 19th Feb

### Remember 2021 Westmorland Quiz

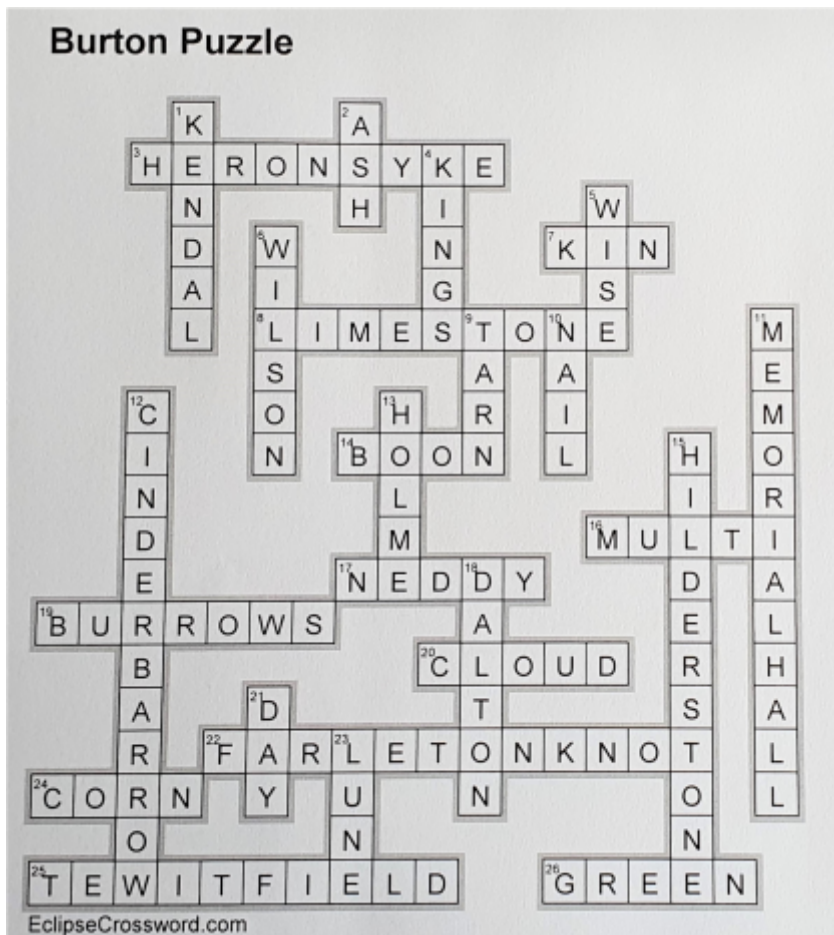
Each answer will start with a letter in WESTMORLAND, one for each. The clues are not in the right order, you will have to work out what goes where. Names may be first names or surnames. Happy memories and good luck.

1. An easy one to start – perhaps the greatest threat to American democracy bowed out ungracefully in 2021
2. City that hosted the games a year later than planned
3. Arguably not up to Delta Force but spreads more quickly
4. Final farewell for Daniel Craig as 007
5. “Next slide, please” The name sounds amusing but the message deadly serious.
6. Rising star who beat America; game, set and match.
7. Not good for your health; minister caught on candid camera unsocially distanced from his PA
8. Born in the USA, eighth in line to the throne
9. Good COP, bad COP? – time will tell but this president seemed upset at the finish.
10. City whose Duke sadly failed to make his hundred in 2021
11. Trilateral treaty that really upset the French

AS LAST TIME - ANSWERS IN NEXT EDITION.

.....W.....  
.....E.....  
.....S.....  
.....T.....  
.....M.....  
.....O.....  
.....R.....  
.....L.....  
.....A.....  
.....N.....  
.....D.....

### A Local Crossword - Answers



# Anita's Recipes

**Valentine Biscuits** to make for someone you love – yourself, your family, or friends or colleagues!

Using the following, or your favourite, biscuit recipe, prepare and roll out your biscuit dough.

Cut out rounds or heart shapes – you can use a biscuit/cookie cutter, a template, or any suitable tool that you have available (I used a paper-cutting die!).

Bake according to the recipe. Once cooled, decorate using shop bought icing or glaze icing (recipe below), sweets, candied peel or chocolate chips, and icing 'pens'.

To create an outline use a thick consistency of icing then, once set, fill in with a runnier consistency. Make sure the icing is fully set before using icing pens, but set sweets, etc., into the icing before it sets.

Recipes:

## Biscuits

Mix 250g of softened butter with 140g of caster sugar. Add one egg yolk and your choice of flavouring (e.g vanilla extract, finely grated lemon rind) and beat the mixture before adding 300g sifted plain flour and combining it all in well.

Bring the dough together with your hands, then roll out.

Bake at 180C/160C fan/gas 4 for 10-15 minutes until pale gold.

## Glaze Icing

Mix icing sugar and water together well, adding a drop of colouring or flavouring if you wish, using the proportion of about 250g of icing sugar to one tablespoon of water.

More icing sugar to water will create a firmer consistency; use more water to icing sugar for a flowing consistency.



## MORECAMBE BAY FOODBANK

We are still collecting for the Morecambe Bay Foodbank, if you have anything you would like to donate please would you pop them into one of the collection boxes at 4 Drovers Way or 31 St James' Drive. Thank you on behalf of those who are in need of your help

## **B4RN Fibre Broadband installation in 2022**

Starting before the end of January 2022, B4RN will begin extending its high-speed fibre broadband network in Burton-in-Kendal. This phase is specifically to cover areas which require streetworks construction, using pavements or carriageway as needed. The construction is expected to take several weeks in total, moving through different streets and areas as the work progresses. Some streets have very specific date restrictions which we must work around.

The installation consists of progressively trenching along pavements to install ducting and “toby boxes”, one at the boundary of each property. Where there is no pavement, the carriageway is used instead, and the exact route is carefully considered. The toby box is buried at ground level, and it forms the connection point between each property and the main fibre broadband network. During construction there will be footways closed or diverted in accordance with regulations and the trenching will also cross the road in some places to a pre-planned route.

All works will be carried out within approved planning and Streetworks Regulations and under appropriate permits from Cumbria County Council. During construction, the contractors will always consider pedestrian & property access, ensuring that access is available. If you need to take your vehicle in or out when the works are close by, please do talk to the contractors directly and they will create access for you, either immediately or as soon as it is safe to do so.

We understand that parking for cars may be difficult whilst our works are being carried out and contractors may need to ask you to temporarily move parked cars so that they can progress the installation as quickly and efficiently as possible down the pavement. We thank you in advance for your patience and understanding while the network is installed.

If you have any questions about the scheme, please contact your local volunteer in the first instance Martin Sansby [m.h.sansby@gmail.com](mailto:m.h.sansby@gmail.com) Martin will be able to contact B4RN directly with any questions he is not able to answer himself.

Details of areas of build can be found on the following page.





First areas of build (not necessarily in this exact order):

Vicarage Lane  
Vicarage Close  
Hutton Close  
Glebe Close  
Morewood Drive (during School half term)  
Section of Boon Walks

Second areas of build (some of these have specific dates due to road closure requirements)

Sections of Main Street/Boon Walks (between Memorial Hall and Tanpits Lane)  
Tanpits Lane  
Hollowrayne  
St James Drive  
Burton Park  
Station Lane  
Neddy Hill

The exact order of construction is determined nearer the time and often dictated by logistics on the ground. It is therefore possible that sections will be built in a discrete way and only joined together once all sections are complete.

You can find out more about B4RN at [www.b4rn.org.uk](http://www.b4rn.org.uk) and if you would like to sign up for fibre broadband please go to [www.b4rn.org.uk/getb4rn](http://www.b4rn.org.uk/getb4rn) and enter your postcode.

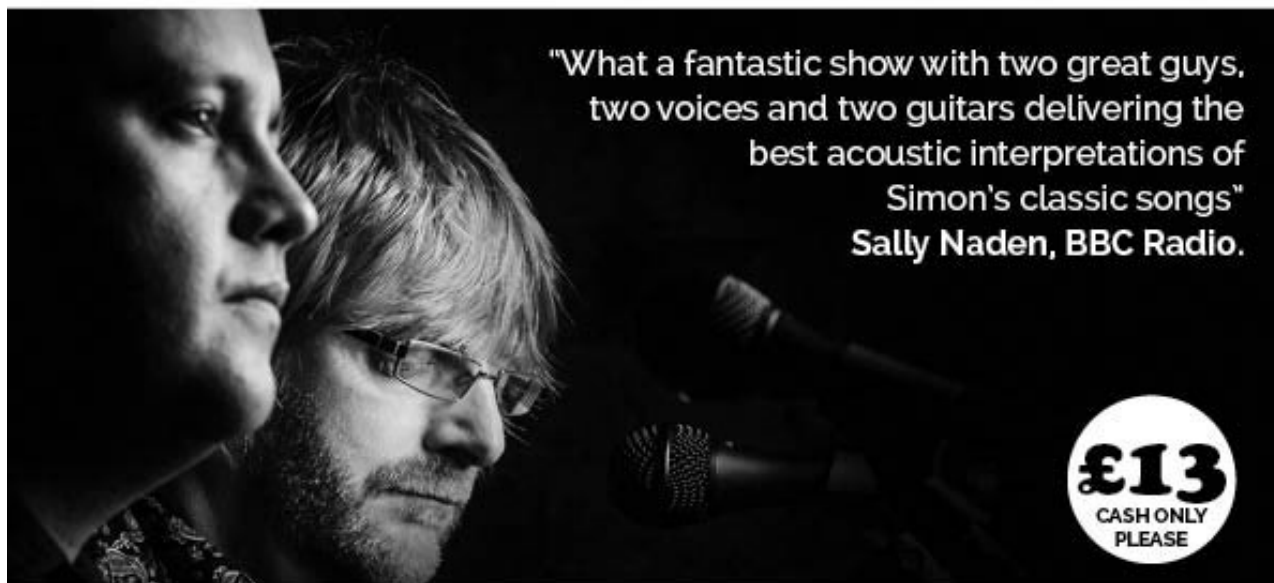


**2022**  
DATE

A CELEBRATION OF

AS HEARD ON  
**BBC RADIO**

# **SIMON & GARFUNKEL**



"What a fantastic show with two great guys,  
two voices and two guitars delivering the  
best acoustic interpretations of  
Simon's classic songs"  
Sally Naden, BBC Radio.

**£13**  
CASH ONLY  
PLEASE

PERFORMED LIVE BY TIM CHU & IAN BAILEY

## **Saturday 26th February**

Burton in Kendal Memorial Hall  
Main Street • Burton • Cumbria LA6 1NA

Doors open 7.00pm • Show starts 7.30pm  
No Bar - feel free to bring your own drinks

Tickets now on sale from Burton Village Store  
(cash only please) or from website below:

[www.classicsingersongwriters.co.uk/sandg](http://www.classicsingersongwriters.co.uk/sandg)

# The Word From BURTON MEMORIAL HALL



Sadly some of our news this month isn't so good as, due to ongoing concerns about the risk of catching Covid, some groups decided to cancel events: in December both the Bingo night for the tennis club and Singers Afternoon Tea fell victim to this, and in January the Hall's Burns' Night Supper and Ceilidh also.

Another area of concern is the ongoing abuse of the Hall's car park, as many groups are now reporting that there are no spaces left for hirers to use - especially in the evenings - as they are occupied by vehicles belonging to villagers using our land as a general car park. It has now become such a problem that the management committee is looking into options for the control of parking on the Hall's land. This is a route we have been reluctant to go down but, as our repeated appeals for consideration for our hirers are falling on deaf ears, we will have no other choice. So may I remind everyone that, although we are currently happy for those who just need to pop into the village shop or school to use the car park subject to a maximum stay of 20 minutes during the day, longer term parking before 10 pm is not permitted, with vehicles being expected to be removed at the start of the working day (i.e. by 9 am).

On a cheerier note, we are looking forward to the return of Tim Chu and Ian Bailey to the Hall on Saturday 26th February, with their show A Celebration of Simon and Garfunkel, for which tickets are on sale in the Village Store. Doors will open at 7pm, and the show starts at 7.30 pm. It's a bring your own drinks event as there will be no bar.

Another "old favourite" will return in March when, on Saturday 12th March, we will be hosting a Spring Fashion Show by Kitty Brown Boutique of Carnforth, and tickets will be on sale for this from 1st March. On Saturday 23rd April we will be holding an Easter Market, with tables selling a wide range of local products. If you would like to book a table please contact me on 01524 781306 or email me at [bmh@burtonweb.org.uk](mailto:bmh@burtonweb.org.uk). Tables will be £10 each.

Finally, as the Hall has a large number of used books still for sale, we are planning to hold a periodic pop-up book-sale in the Club Room - the first of these will be on Saturday 12th February from 10 am until 2 pm in the Club Room - so do come along and find yourself some great reads to take home with you.

The best news we have had this month is that the team from B4RN are getting close to being able to provide a service to the Hall, and we would like feedback from users as to how having this superfast internet connection will benefit you in your use of the Hall, or if it will enable other uses of the Hall that our existing broadband doesn't support. Please do let me know by phone or by email as above, as this will help with planning as the project moves forward.



Finally, you will no doubt have spotted in the media that this is another Royal Jubilee year, a Platinum one this time, celebrating 70 years of the reign of Her Majesty, Queen Elizabeth II. We have some ideas for the village and the Hall but would welcome input from anyone who is interested in organising, or getting involved in, events as part of the national celebration - focusing on the long weekend on 3rd - 6th June especially - whether it's a village picnic or an exhibition, a competition or a pageant, or any other suggestion, we'd love to hear from you.

Anne Nichols  
Chair of the Management Committee, Buron Memorial Hall

## **BURTON MEMORIAL HALL 200 CLUB**

### **Prize Draws**

	<b>November</b>	<b>December</b>
First Prize:	K Stephens (£22)	N Jackson (£46)
Second Prize:	B Nunn (£13)	A Humphries (£28)
Third Prize:	J Winrow (£9)	T Jackson (£18)

Anyone wishing to join the 200 Club,  
please contact J Orr on [bmh200club@outlook.com](mailto:bmh200club@outlook.com)  
Or call 01524 784 939

Cost £12 per number for a year (12 draws)

**The monthly draw now takes place at the Library Coffee Morning  
on the first Monday of each month.**

### **Burton Book Drop & Coffee Mornings**

The Coffee Morning & Book Drop will be held on **Monday 7th Feb 2022**

The second Book Drop will be on **Monday 21st Feb 2022**



## NATURE NOTES by Bryan Yorke

Another year and what will it bring? It's been a strange start with some things. On January 2nd, Swallows were recorded at Filey, Bempton and Withernsea on the East Coast which made them the earliest January records in Yorkshire for 191 years. Speckled Wood butterflies were recorded in Cardiff on 14th January, Lots of geese have been seen heading North (or returning), but that is early! I wonder at times if this all has something to do with it being so mild.

Getting back to the regular, our local Dalton Hall Great Spotted Woodpeckers have been heard "drumming"(14th Jan), Dunnocks and Song Thrushes are singing their repertoires. Even the local starlings are mimicking the Curlew, absolutely fabulous to hear them.

I was walking up Vicarage Lane and I could hear this beautiful bird call from over in the fields, coming from a tall rushy area in Mike Taylor's field. At first I just could not find the bird but it made a nasal sort of "cloy-ying" call and reminded me of a bunting type of call. I knew it wasn't a Reed Bunting and wondered if it was some rare bird. But lending some patience eventually the bird came into view and guess what? I was caught out, it was the Great Tit doing a call I had never heard before. Some say Great Tits can do up to 50 different calls, and I once read in a RSPB document that they can do up to 200 varied calls. Whatever the true answer they are always there waiting to surprise you with yet another new varied call.



Photo: Matthew Scott

I have found it most pleasurable looking through all the lichens which you find on twigs and small branches that have fallen from the trees. There are so many types and they are beautiful in their varying shades of blues, greys, greens and orange. I see them as something really special and plentiful in this area especially in Dalton Craggs and also on Hutton Roof. I actually bought a book called *Lichens (An Illustrated Guide to the British and Irish Species by Frank S. Dobson)*. I believe it's an authoritative work and it's a superb book which shows photos of most of them. Unfortunately photos do not take you all the way to identification; it takes a lot more than that. I may have bitten off more than I can chew with this one, but I shall persevere and also keep asking questions of my many friends who can usually provide some answers.

It's good to see the croziers of the Harts Tongue Fern, and even more interesting to see the croziers of the Holly Fern in readiness for their 2022 appearances. I am still finding some of last year's ferns in good order.  
(Editors' note: a crozier is the curled top of a young fern frond)

I will need to get out soon and check out our local Skylarks which will soon be back on territory. I usually get my first in late January or early February calling from Dalton Crags.

Maybe you would like to check my other wildlife sites. You may fancy checking out my "I Love Arnside and Silverdale" Nature Blog, again this shows lots of photos from local Burton areas and my nature studies in more depth. The site to check is: <https://arnsidesilverdale.blogspot.com/> and then scroll down the pages to the indexes. This site also includes the Bird Counts etc.

If you want more in depth about our lovely local ferns then paste this address in your browser. <https://huttonroof ferns.blogspot.com/>

If you fancy looking at most of the flowers we have in our area including Hutton Roof, Farleton and other areas, then check my photos and info at: <https://floraofhuttonroof.blogspot.com/> and scroll down for your flower of choice.

If you are into Orchids or just want to look at Orchid photos or in depth studies and info on our special rarity the Dark Red Helleborine, then why not go to my more specialized orchid Blog which is called "Epipactis atrorubens and More" which can be found at: <https://epipactisatorubens.blogspot.com/>

And finally if you want some light hearted stuff and a good laugh then maybe you would like to check out my nature poetry, nature sketches and more on the arty side of things then go to my arty blog at: <https://natureandpoetry.blogspot.com/>

I hope you have enjoyed this month's article please keep safe

Bryan Yorke  
9 Glebe Close  
([bryan.yorke@sky.com](mailto:bryan.yorke@sky.com))



## Memories of Queen's Silver Jubilee 1977

As we look forward to the Platinum Jubilee celebrations this summer, here are some memories of the Queen's Silver Jubilee in 1977, provided by Kath Hayhurst.

There was a Royal visit to Cumbria by Prince Charles in May, and by the Queen and the Duke of Edinburgh to Lancaster in June. A headline in the Lancaster Guardian the same month was 'Burton's week of Fun'. Fund raising began in February, and included Jumble sales, house to house collections, and donations from marmalade and toffee sales, dominoes drives, Mothers Union, and Ladies football.

In April, the youth club had a sponsored dance, and there was a darts match at the Kings Arms. The Parish Council ordered a seat to be put near the M6 bridge on Station Lane, and said the Market Cross was to be cleaned, and the lost block of stone on the top of the column to be replaced. In May donations came from Dalton Parish meeting, a tug-of-War, the Conservative coffee morning, a Bowling club raffle, a 200-club disco, a W.I. fashion show and 'It's a Knock-out'.

The village events began on Sunday June 5th with a Family service in the church. On Monday, there was a Family Treasure Hunt, and badminton games in the hall, as well as a teenagers 5-a-side football competition on what became known as the Jubilee field, with an entrance from Boon Town Lane; then called Post Office Lane. In the evening at the Hall, a Ball with a carving buffet was held.

On Tuesday, the parade of Kings, Queens and many adults and children walked down the Main Street in fancy dress. Then on the field the Jubilee Queen was crowned. There was the playgroup band and the Brownies danced round the Maypole. The best decorated Crown, Hat, Doll, Action Man, Pushchair, Pram, Trike and Bike were judged. This was followed by a Rounders knock-out for the girls and 7-a-side football match for the boys. After tea in the Memorial Hall 240 Jubilee mugs were given to the children under 12, In the evening Jubilee coins were given to the 13–16-year-olds, followed by a social, and lighting the beacon.



On Wednesday there was a Table Tennis tournament in the Hall, and a fun swim at Capernwray. On Thursday a fun pet show was held on the hall car park. On Friday an Exhibition of Local History, Art and Craft and Floral displays was held in the Hall, followed by a Jubilee Concert in the evening, given by the Brownies, the Drama Society, the W.I., and the Pensioners Group.

On Saturday in the grounds of Curwen Woods there were more events; a grass track for cyclists, Go-cart timed runs, and a Soap Box Derby. At the Canal there was a fishing match. About 30 medals were given to the various sport winners. In the Autumn the W.I. planted the four trees in the Memorial Hall car park.

*Editors' Note: What will Burton villagers organise for the Queen's Platinum Jubilee in June 2022?!*

## Fitness Is Fun!

The greatest gift you can give yourself now is to get as fit as you can and be proactive with regards to your own health.

Last time the suggestion was how to easily create a habit. A drip-drip-drip approach is much more effective than the occasional full-on workout. So, this month let's focus on just one aspect of your fitness; aerobic exercise which gets your heart rate up. Regardless of age, weight, or ability this has many benefits and, done regularly, the body adapts and becomes stronger and fitter.

Whilst doing aerobic exercise, you'll quickly notice the effects. You'll breathe faster and more deeply, maximising the amount of oxygen in the blood; your heart will beat faster, increasing blood flow around the body; endorphins will be released promoting a sense of well-being.

There are many well-known benefits of aerobic exercise which can:

- increase stamina, fitness, and strength
- help withstand the effects of viral illnesses such as colds and flu
- boost your mood
- reduce health risks of, for example, coronary heart disease, diabetes and breast cancer among many.

If you're not used to aerobic exercise, then do start slowly. All you're trying to do is raise your heart rate and that should be obvious. A brisk walk or a dance to upbeat music would be a super start. Build up the time, pick up the pace as fitness improves. Please enjoy whatever kind of aerobic exercise you choose and have fun!

Remember kids and partners can join in for free! If you have a condition that limits this kind of exercise, then please do seek advice before starting. And don't forget to congratulate yourself!

Jan Abbott

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# Vicar's Letter...

## Sick with worry

Dear friends,

While the world has been fretting about you-know-what, another disease has been sweeping our nation, an even more damaging epidemic of depression, loneliness and worry.

One type of therapy used to help those with mental health struggles focuses on identifying and changing unhelpful patterns of thinking and behaviour that are out of step with reality. It involves learning to speak truth to yourself, reminding yourself what is really real.

If I were to develop, for example, a fear of going out then a therapist might explore what lies behind this. My fears would need to be questioned. What am I afraid of? How likely is this to happen and how serious would it be? How do I know? What are the thoughts or actions that trigger my fear? How can I avoid them? Can I begin by going somewhere local and non-threatening and move slowly towards the full city-centre experience? This seems to me a sensible approach – we all have irrational thoughts and beliefs and sometimes they need challenging.

Is this what Jesus was doing when he told the crowd not to worry (recorded in Matthew 6)? Jesus challenges them, “Who of you by worrying can add a single hour to his life?” I don’t suppose any hands went up. Jesus reminds them that their worry does them no good, as, deep down, they already know.

“Do not worry about tomorrow,” says Jesus, “for tomorrow will worry about itself. Each day has enough trouble of its own.” Again, he is reminding them of reality. Thinking too far ahead just piles up all the problems onto today.

But Jesus’ central message is that they shouldn’t worry because they have a heavenly father who provides for his children, just as he faithfully feeds the birds and beautifully clothes the flowers.

If that is not true then Jesus is asking them to focus on myths which will only lead to disillusionment and deeper worry. But if there is a powerful and wise God who is a father to those who put all their trust in his Son then this is the ultimate therapy. Such a truth would be the deepest of all truths, the really real thing in our universe.

Learning to speak this truth to ourselves each day would not only challenge our everyday worries but would show us the answer to our deepest fears.

Sincerely  
Graham Burrows  
781210

## St James Church Burton

### February 2022 Services

Sunday 6 February  
11am Morning Worship with Communion

Sunday 13 February  
11am Morning Worship

Sunday 20 February  
11am Morning Worship with Communion

Sunday 27 February  
11am Morning Worship

You are very welcome to join us on Sunday mornings in St James Church.

Our church website is [www.burtonandholmechurches.org](http://www.burtonandholmechurches.org)  
Recent sermons can be watched or listened to on the 'Sundays' page.  
Service times can be checked under 'Coming Up' on the 'Welcome' page.

Open Church: The church is open to visitors every Friday, 10am – 4pm. You are welcome to look around or to use the quiet to think or pray.

Services at our sister church, Holy Trinity Holme, are usually at 9am each Sunday.

#### **St James, Burton & Holy Trinity, Holme**

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**T: 01524 781210 M: 07740 622962**

E: [vicarburtonholme@gmail.com](mailto:vicarburtonholme@gmail.com)

W: [www.burtonandholmechurches.org](http://www.burtonandholmechurches.org)

#### **Burton St James details**

##### **Wardens:**

Michael Carr 781283

Frances Roberts 781943

##### **Administrator/Treasurer:**

Pat Whalley 782296

#### **OTHER PLACES OF WORSHIP**

Tewitfield Methodist Church LA6 1JH  
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St Mary's RC Church Yealand Conyers  
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Warton Methodist Church  
[www.wartonmethodist.co.uk](http://www.wartonmethodist.co.uk)  
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Yealand Quakers  
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# HISTORICAL FOOTNOTE

by Roger Bingham

## A Dalton Book

I have just come across a book, originally in the library of Dalton Hall, which was probably dispersed in the 1960's when the Hall was rebuilt. It is now in the archives at County Hall, Kendal, and seems at first glance to concern only Burton.

It is an 'illuminated' book presented to the chatelaine of the Hall to commemorate her major contribution to the Victorian restoration of the church building. Bound in beautiful embossed blue leather it is illustrated with a colourful and highly decorated inscription; which also bears a photograph of the benefactress and the frontispiece is a large photograph of the restored church.

The inscription reads:

"To Mrs Hornby of Dalton Hall. We the undersigned parishioners of Burton, Westmorland, feel that the re-opening of our ancient Parish Church ought not to pass by without some expression of our thanks for the substantial aid you have rendered us in its admirable restoration. We therefore desire now to record our grateful appreciation of this one of many acts of kindness shown by you to our Parish, since you came to reside amongst us, and we pray that Almighty God may long spare you to worship in this venerable House of Prayer, which has thus been rendered more worthy of His honour. Burton, December 1872. William Chantel de Boinville, Vicar, Isaac Nutter, Henry Cock, Church Wardens."

There then follows the signatures of over 300 Burton people. The most common surnames include; Wilkinson, Titterington, Bainbridge and O'Dwyer. Others were Mayor, Carden, Fearnside, Garnett, Thompson, Stodart, Backhouse, Eglin, Gee, Mattinson, Jackson, Walling, Sewell, Corless, Sandham, and Crayston. Surprisingly the last name only occurs four times, although for the next 100 years and more they abounded in the parish.

Interestingly, thirty people could not sign their name and could only make their mark with a cross. They included five members of the Armer family, Margaret and John Docker, Joseph and Nancy Wilkinson, Ann Ellison, Mary Wilson, John and Grace Coulthwaite, and Jeminah Walch. Their unabashed illiteracy shows how much the Act of 1870 making elementary education available for all had been needed.

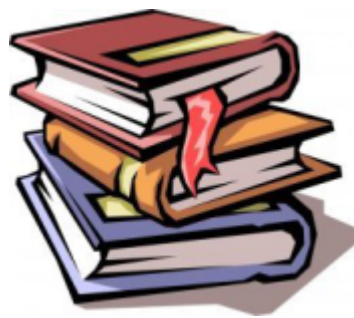


Photo: Matthew Scott

## SOCIETY CONTACTS/ PROGRAMMES



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[www.burtontennisclub.co.uk](http://www.burtontennisclub.co.uk)

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Or

Christine Davidson on 01524 782694 – 07760 756887

Please let them have your request and they can organise a volunteer to help

## **Burton in Kendal Parish Council**

### **Meetings**

**3<sup>rd</sup> Thursday of every month** at 7.30pm

### **Meetings:**

Members of the public are always welcome to observe. Each meetings includes an OPEN FORUM where parishioners may raise matters of concern to them.[TBC]

### **Planning applications:**

Parishioners are asked to ensure they notify the PC as well as the planning authority of any comments or objections they have about any planning application within the parish.

### **Website:**

Documents relating to the PC may be downloaded or read online here:  
[www.burton-in-kendal-pc.gov.uk](http://www.burton-in-kendal-pc.gov.uk)

### **For further information, contact:**

The Clerk - Christine Davidson on 01524 782694

### **Next Meeting:**

The next Parish Council Meeting will be on February 17th, 7.30pm BMH

## Burton-in-Kendal Voluntary Car Scheme

If you need transport to hospital, doctor, dentist, optician etc please contact Lynne Herd on 01524 781905. The scheme is still operating but has a reduced number of drivers so if you can spare some time as a driver you would be most welcome. Please contact Lynne for details.

### **Child Health Clinic**

1<sup>st</sup> Wednesday of each month

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Burton Nursery	01524 781627
Dallam School	015395 65165
QES, Kirkby Lonsdale	015242 71275
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Kendal Library	01539 713520
Kendal Hospital	01539 732288
Lancaster Hospital	01524 65944

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South Lakeland DC	01539 733333

## **Civil Registration Services Births, Marriages, Deaths**

Registration of Births and Deaths is overseen by the Kendal Registrar's Office, based in County Hall, Kendal. Telephone 0300 303 2472 or email [registrationservice@cumbria.gov.uk](mailto:registrationservice@cumbria.gov.uk)

Registrations may also be undertaken at Milnthorpe and Kirkby Lonsdale Libraries by appointment only, contact the Kendal Office to arrange an appointment. To arrange a marriage contact the Kendal Registrar. Opening times Mon - Fri, 9.00am to 4.30pm.

## **SLDC Recycling Information**

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Customer Contact Centre

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or by email to:

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### **Waste Collection Dates**

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bins-and-recycling/collection-calendar/](http://www.southlakeland.gov.uk/bins-and-recycling/collection-calendar/)

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## **HELPLINES & LINKS**

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**NSPCC: 0808 800 5000**

[www.nspcc.org.uk](http://www.nspcc.org.uk) (children at risk)

**SAMARITANS: 116 123**

[www.samaritans.org](http://www.samaritans.org)

**SHELTER: 0808 800 4444**

[england.shelter.org.uk/](http://england.shelter.org.uk/) (homelessness)

**STONEWALL: 0800 050 2020**

[www.stonewall.org.uk](http://www.stonewall.org.uk) (LGBT+)

## **BURTON CALENDAR**

Every Monday: Boot Camp 6-7pm & 7-8pm with Georgia Wilson MUGA  
Every Thursday: - Fusion Fitness 9:30am to 10:30am BMH

### **FEBRUARY**

Every Friday – Art Group 9.30am to 12:00 Noon BMH

Monday 7th - Coffee Morning and Book Drop 10-11am BMH

Thursday 10th – Burton WI Meeting: Pudding Club (Members only) BMH

Monday 14th – Craft Group – 1.30pm to 4pm BMH

Monday 21st – Book Drop 10-11am BMH

Monday 21st - Local History Society AGM & Talk – 7.30pm BMH  
“My Role as Constable of Lancaster Castle” Pamela Barker, D.L.

Saturday 26th – ‘A Celebration of Simon & Garfunkel’ – 7pm for 7.30pm BMH

Monday 28th – Art & Craft Demonstration  
‘Decorated Eggs’ – Trish Bugeja 7.30pm BMH

### **MARCH**

Every Friday – Art Group 9.30am to 12:00 Noon BMH

Monday 7th - Coffee Morning and Book Drop 10-11am BMH

Thursday 10th – Burton WI Meeting – Talk  
"Medicine and Adventures in Malawi" by Gill Pilling 7.30pm BMH

Monday 14th – Craft Group – 1.30pm to 4pm - BMH

Monday 21st – Book Drop 10-11am BMH

Local History Society Talk – 7.30pm BMH  
“Magic Lantern Tour of Victorian Lakeland” Ian Jones

Saturday 26th – Art Workshop  
‘Buildings in Pen & Ink’ (Members only) 10am BMH

BMH = Burton Memorial Hall  
MUGA = Multi-use Games Area [Behind the Royal]