

BURTON NEWS

THE VILLAGE NEWSLETTER

March 2022 Issue 322

**Spring Fashion Show by
Kitty Brown Boutique of
Carnforth**

**Saturday 12th March -
7pm for 7.30pm start**

**Tickets £5
incl. glass of wine**



Short Story Competition: Winner!

In 2022. I recycled, I reused,
I refurbished. World saved.

by Lizzie Martin (Aged 10)



This month's competition:

Spring photographs

See page 27 for details

Pop-Up Bookshop

Burton Memorial Hall

Sunday 20th March

10am until 2pm



BURTON NEWS

Please send us your letters - articles - events
news - stories - recipes etc for publication

**Drop them into The Village Store,
Main Street, Burton**

or send by e-mail to

burtonnewseditor@gmail.com

Next Editorial Committee Meeting

22 March 2022

LAST DATE FOR COPY

21 March 2022 for the April issue

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Burton News is published monthly
between February and December
(11 issues p.a.) and distributed by a
team of volunteers.

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EDITORIAL

February brought plenty of 'interesting' weather, with Storms Dudley, Eunice, and Franklin hitting Cumbria. Let's hope March is a more peaceful month; bringing the first of the proper Spring weather, and the return of Lark song, as Bryan Yorke anticipates in his nature notes.

Our March edition contains all the regular articles, along with more memories of Royal Jubilee celebrations in the past, from Kath Hayhurst. This month we focus on the Golden Jubilee celebrations in 2002.

As we begin to look forward to longer days and better weather, this month's competition is for your best Spring photograph. Also, your Editors are most interested to learn more about how Burton plans to celebrate the Platinum Jubilee at the start of June. We aim to include information about village society events marking the Jubilee - so if you are organising one, or have a suggestion of what the village might do to mark Her Majesty's special milestone, please do let us know.

Thank you to all those who entered our 'short story' competition (apologies for the editorial error with the email address, lesson learned!). We've chosen our worthy winner - and two runners-up; see page 27 for more details and news of this month's challenge.

We hope you enjoy reading the newsletter. Feedback or suggestions would be gratefully received.

Please would readers note that letters & articles must include a valid name & address. This can be withheld from publication on request. We will not publish any anonymous letters, or material which, in the opinion of the Editorial Committee, is of an offensive or defamatory nature. BN reserves the right to edit letters & articles in the interests of magazine space.

Readers' LETTERS



Thank You

Mabel Tunstall wants to thank all friends and neighbours for their good wishes whilst she was in hospital.

Burton Drama Group

We are working towards putting on a production of two one Act plays on June 24th and 25th 2022. More information to be announced in due course.

Age UK South Lakeland will be starting its long-awaited lunch club for over 50's at the Kings Arms Hotel in Burton on Wednesday 13 April 2022, and every second Wednesday of the month after that.

Lunch will be served at 12.30 prompt and the cost per person will be £12.00, to include main course, dessert and limitless teas and coffees. If you would like to book a place, please call Liz Dawes on 01539 728118. We look forward to meeting you.

MORECAMBE BAY FOODBANK

We are still collecting for the Morecambe Bay Foodbank, if you have anything you would like to donate please would you pop them into one of the collection boxes at 4 Drovers Way or 31 St James' Drive. Thank you on behalf of those who are in need of your help

Childrens' Society Fund Raising

Thanks to all box holders. We raised 258.28 last year.

Thelma

BURTON VILLAGE STORE - NORMAL OPENING HOURS

Monday - Friday

Shop: 6am - 5:30pm

Post Office : 9am - 5.30pm

Saturday

Shop: 6am to 5:30pm

Post Office: 9am to 12:30pm

Sunday

Shop: 7am - 12 noon

Post Office: Closed

Annual Gift Subscriptions

If you know of anyone who may like to receive BN regularly each month, why not buy them an Annual Gift Subscription? For £12 within the UK they will receive a copy of BN each month (11 copies per year).

A great way for family, friends and former residents to keep in touch with what's happening here in Burton.

Anyone interested should contact BN at the address in the box on page 2.

The views expressed within Burton
News

are not necessarily the views of the
Editors or the Editorial Committee

BURTON FELL WALKERS

Programme of Walks



March

Sunday 6th – 12 Noon - Jeffery's Mount, Tebay 650 ft 7 miles

Saturday 19th – 9am - Aira Force/Gowbarrow Fell 8 miles (Moderate)

Wednesday 23rd - 10am - Gummers How 5 miles (Easy/Moderate)

April

Sunday 3rd - 12 Noon - Scout/Cunswick Scars. 600ft 7 miles (Moderate)

Saturday 9th - 9am - Around Frostrow Fells 9 miles (Moderate)

Wednesday 20th - 10am - Trowbarrow - 5 miles (Easy)



BURTON W.I. - Meeting Report

Liz Falkingham, our President, welcomed Members to our February meeting at the commencement of our celebrations for our 90th Anniversary Year. The first meeting was held on the 22nd February 1932.

For our 70 year Anniversary Hester Willink, Mabel Tunstall, Ann Williams and two others had made a precis of the whole 70 years. Liz read us extracts from the years 1932 to 1939, which we found fascinating. She also read from the report for the 70th Anniversary Lunch at the Netherwood Hotel. (*Editors' Note: see next page.*) Members then enjoyed an evening tasting six various puddings made by members:

Waffle Berry Pudding – Anita; Lemon Meringue Pie – Hazel;
Lemon Syllabub – Margaret; Toblerone Cheesecake – Linda;
Apricot Brioche Tart – Helena and Valentine Biscuits – Liz.

The Raffle was won by Jan, Helen and Hazel, and the Competition for a Decorated Wooden Spoon was won by Kath; with Linda second.

The Programme has had to be changed due to Covid concerns. At our next meeting on the 10th March, Gill Pilling's talk will be:

'Medicine and Adventures in Malawi.'

The Competition is for a piece of jewellery depicting an animal.

If you wish to join the WI, please contact our Honorary Secretary:
Helena Nixon on 01524 781048

Burton-in-Kendal WI celebrate '90 years of fun and friendship'

- a look back at the 70th birthday activities



In 2002, 'to celebrate 70 years of fun, friendship, and wider horizons', the ladies of Burton WI enjoyed sharing a delicious lunch at the Netherwood Hotel in Grange.

The Committee had decided that it would be interesting to look back at some of the highlights of WI activities over 70 years. To do this they shared out all the Record Books most of which had been stored in the Kendal Archives Office. Quite a task, but a fascinating one!

Meetings were held for many years on the 2nd Thursday in the month in the National School, with occasional use of Morewood School. The first meeting was to have a co-operative supper, but this was later changed to paying 2d a head for it to be provided.

In 1933 there was a Jerusalem Singing competition! Funds were raised from whist drives, rummage sales, and social evenings. Competitions were for the Best Dust Cap, Whistling a tune, Book balancing, a Vegetable head dress, Peeling a potato blindfolded, Picking up a pen gracefully! Talks were about crafts, travel, and cookery. Miss Petty was much in demand as 'the pudding lady'! Other talks were about making up-to-date underclothing, and slippers from old felt hats.

In September 1939 the National Emergency caused meetings to be cancelled until definite instructions were received from the County Federation as to the duties of the WI 'in time of war'. A few days later it was unanimously decided to purchase 4 cwt of sugar from the National Federation in accordance with the offer of 27/6d per cwt. Presumably this would be used for jam making.

Meetings were not cancelled and continued with a speaker each month. From 1942 – 1948 WI activities were very much influenced by the war. For example they: knitted for the ATS, watched Ministry of Information films, sold flags annually for British Sailors and the Merchant Navy.

In February 1946 the County Federation gave their moral support to allowing the WI to go ahead and raise money for the building of Burton Memorial Hall. From looking through the minutes recorded in wartime, it is remarkable how active Burton WI were in raising funds for local causes like Kendal County Hospital and for very many organisations during the war. On a lighter note, it was recorded that they contributed to the 'Brief Encounter' film in October 1942. Possibly providing much appreciated tea and cakes!

Liz Falkingham, President

Burton-in-Kendal Art and Craft Society

For Demonstrations, Exhibitions, Talks and Workshops

Upcoming Events BURTON MEMORIAL HALL

SATURDAY 26th March 10am to 4pm
WORKSHOP with Jamie Barnes
"Buildings in Pen and Ink" (Members Only)



The Craft Group meets Monday Feb 14th 1:30 to 4:30pm B.M.H.
Visitors welcome £3

The Art Group meets most Fridays 9:30-12:00am BMH - Visitors welcome £3

To join the Society contact the Treasurer Paula Firth.
Tel 01524 571997, email p.c.firth@ hotmail.com or mobile:07488 328464
or Chairwoman and Programme Co-ordinator Kath Hayhurst .
Tel:01524 781613 or email kathhayhurst84@gmail.com

Subscriptions are £10 per year and include free programme events, free art and craft entries to the exhibition and use of the society library.

Burton, Holme, and District Local History Society

MONDAY March 21st 7.30pm BMH
talk by Ian Jones
"Magic Lantern Tour of Victorian Lakeland"
Visitors welcome £2.50



Programme 2022

A full programme is available on the website
www.localhistory.burtonweb.org.uk

New members welcome,
Subscriptions are £12/year
Contact, Chairwoman and Programme Co-ordinator Kath Hayhurst .
Tel. 01524 781613 email kathhayhurst84@gmail.com

Treasurer: Dorothy Spencer. Tel. 01524 781540
email dorothyspencer263@gmail.com

Burton Singers Future Plans



Burton Singers are planning an exciting event for June 11th this year. We can't say more for now but please hold the date and all will be revealed in future Burton News editions.

We have also been welcoming singers old and new since our unexpected year long break. If you would like to join us then please contact Val Still on 07799 245415 or drop us a direct message on our Facebook Page.

BURTON SPORTS AND RECREATION TRUST

The MUGA continues to be well used but some availability has come up during the week at peak times. So, for anyone who has previously asked and not been able to use it, now might be the time to ask. We now have the new signs up at the MUGA - this is to make contacting us, checking prices and availability, and booking the MUGA easier for everyone wanting to use the facility.

As a group we do our best to keep on top of messages etc. but with this new system in place, and our website up and running, we are asking that all messages and correspondence go direct to these now. You can text, email or contact us via messenger moving forward and we ask anyone that has emailed / texted us direct to please use these ways of contacting us moving forward.

As a committee can we please remind all users to make sure they leave the MUGA as they find it; all lights off, changing rooms left clean and tidy, everything locked up, and any rubbish is in the bin please. We do our best to keep on top of it and moving forward have exciting plans for the area so if users could please just help us with these things it would be a great help.

Our AGM is going to be on April 26th and it is vital that we get some new committee members. With only two members that actually have children that can enjoy these events it's time to think about where we go next if others in the community don't step forward. Many members have been at this over 10 years now and while no one plans to just abandon ship the reality is it is time for the next generation to be part of what we do; so we can stay relevant and be able to carry on giving the children of the village opportunities that many communities don't get.

If giving up a few hours one Saturday to take the teenagers out paintballing and helping organise the Halloween and Christmas parties is something you could do then please come along on the 26th April.

If anyone has any questions or has thought about joining but was unsure what was involved please email us on www.burtonmuga.co.uk/ and we will try and answer your questions in the hope you will want to jump on board and become a member of Burton Sports and Recreation Trust.



Roger Reports...

From the County & District Councils

March Council News

Local Government Reform remains the obsession with Council Officers and many members. As regular followers will know, Cumbria County Council and the six District Councils will be dissolved from the 1st April 2023. They will be replaced by two Unitary Authorities: Westmorland and Furness, and Cumberland. The leader of Cumbria County Council, however, is still pursuing a Judicial Review as he wants to make Cumbria into a single Unitary Authority.

But, as reported previously, the single option and the Judicial Review were both rejected in a free Council vote in August 2021. A free vote means that no party whip was applied. As Labour have 25 County seats, the Conservatives 37, Liberal Democrats 16, and Independents about 5 (this number varies), the ruling Lab-Lib coalition was outvoted. Thus, the ongoing actions of the leader seem questionable. Some members are saying that the extra cost of legal action does not instil confidence that a Single Authority would be cheaper than having two authorities! I supported a motion that the legal charges incurred by the appeal should be published.

The main financial news is that thanks to Government funding that there will be no increase in the County's Share of the Council Tax for 2022-23. But a 2% premium for Social Services will be levied – so our 'rates' will go up by that amount. On highways the county will benefit from extra government funding for pothole repair to supplement the

£450m granted last year from which £12m went to Cumbria. As I believe that South Lakeland alone could spend that amount in our area, I strongly supported a motion to take back the £10m put in reserves last year so that this sum could be added to the road repairs fund. Personally, I have resumed my pot-hole surveys round the Lower Kentdale Division but please continue to let me know of the latest potholes and other highways' blemishes.

At the council I also supported a motion to freeze members' pay rather than the proposal to accept a rise in line with staff pay increases. On the Police and Crime Commission the police rate is rising to a maximum of 9.99% per Grade D property to help pay for extra the 143 additional officers who have joined the force in the last four years.

Meanwhile, the Covid figures (cases, admissions and deaths), after a serious rise in January are all headed in the right direction, which is a relief. Hopefully the warmer weather will see further falls.

All the best-Roger

You can contact Roger as follows:
South Lakeland District & Cumbria County
Councillor R.K. Bingham
The Smithy, Ackenthwaite,
Milnthorpe, Cumbria, LA7 7DH
Tel: 015395 63694
e-mail: roger.bingham@cumbria.gov.uk

Anita's Recipes

Waffleberry Pudding

Ingredients:

2 Packs of Sweet (Toasting) Waffles - Plain, Chocolate, or (our favourites) chocolate coated

150g White Chocolate – broken or chopped into pieces

600g Raspberries – either fresh or frozen but thawed

55g Caster Sugar

1 tbsp Plain Flour

500-600ml Crème Fraiche

2 Eggs

½ tsp Vanilla Essence

Method:

Preheat the oven to 200C (190C Fan).

Place half the waffles with half the raspberries and half the white chocolate into a deep oven-proof dish.

Repeat with the remaining waffles, raspberries and chocolate.

Whisk together the sugar, flour, crème fraiche, eggs and vanilla essence, and spoon evenly over the layers.

Bake for 30-35 minutes, until golden brown and set in the centre.

Burton Book Drop & Coffee Mornings

The Coffee Morning & Book Drop will be held on **Monday 7th March 2022**
The second Book Drop will be on **Monday 21st March 2022**



Burton News Directory of Village Groups & Societies

We are aiming to create a directory of all the Groups and Societies available to the village, with up-to-date contact details. This will hopefully form an annual 'pull-out' section of a future edition of Burton News. It would really help if each group or society active in the village can provide us with their details. Please send via the burtonnewseditor@gmail.com email address.

The Word From BURTON MEMORIAL HALL



Sadly I have to report that the Simon & Garfunkel event planned for 26th February was postponed by the performers until a date to be confirmed. As soon as we have a new date from Tim and Ian we'll let you know.

Our fashion show by Kitty Brown is still going ahead on Saturday 12th March and tickets are now on sale at Burton Village Store, price £5 per person to include a glass of wine.

Bookings are still coming in for the Easter Market on Saturday 23rd April so if you would like a table and haven't yet booked one please give me a call or drop me an email and I'll send you a booking form. Tables are £10 each and the event is open 10am - 4pm.

Car parking at the hall continues to be a major issue for hall users, with residents occupying spaces between 9am and 10pm when we have asked them not to do so. The hall committee is looking at various control measures to try and resolve the issue. More news will be published when decisions are made.

I hope that, by the time you read this, the refurbishment of the north end store room is completed. This became necessary after a leaking central heating pipe caused damage to the floor and the carpet and loosened tiles beneath it. These needed to be removed and a new carpet fitted. This work has meant the Club Room has had to be used to store tables and chairs, taking it out of use for hire sessions during the refurbishment. Repairing the leaking pipe will also mean the central heating in the Reception and Club Rooms is once again reliable.

Anne Nichols
Chair of the Management Committee,
Burton Memorial Hall

BURTON MEMORIAL HALL 200 CLUB

DRAW FOR THE MONTH OF JANUARY

First Prize	£23	L. Wilson
Second Prize	£14	N. Little
Third Prize	£ 9	J. Gilfellon

Anyone wishing to join the 200 Club,
please contact J Orr on bmh200club@outlook.com
Or call 01524 784 939

Cost £12 per number for a year (12 draws)
**The monthly draw now takes place at the Library Coffee Morning
on the first Monday of each month.**

KITTY
BROWN
BOUTIQUE

FASHION SHOW

Burton
Memorial Hall

In aid of Hall funds
Registered charity 505018 England and Wales

Saturday
12th March
7:30pm
Doors open 7:00pm

£5
includes a glass
of wine

Raffle

Tickets from Burton Village Store



Burton Morewood School



We have had a busy couple of months here at Burton Morewood...lots of new learning and experiences! As ever, our Christian values are at the centre of everything we do. Compassion for others is a core value and one we focus on in lots of different ways. Our most recent fund-raising saw us raise over £1000 for St John's Hospice with our Christmas 'Reindeer Rush' and, in the week prior to February half term, we raised £130 for a children's mental health charity as part of Children's Mental Health Week.

This half term, we will continue to think about the needs of others through a fund-raising campaign to support our link school in Uganda; Macedonia School. Uganda was one of the last countries to re-open schools to their children – only in the last few weeks! This means their schools have been closed for two whole years! Despite the easing of rules there, Macedonia School remains closed due to crumbling, incomplete and unsafe classroom walls. The Brickworks Charity (whom we support Macedonia School through) has been advised that in order for the school to re-open, the walls need to be 're-muddied' and the structure to be improved.

With the help of the whole school community, our School Council is hoping to raise the entire £750 over the 6 week course of Spring Term 2. This involves 'Fund-raising Fridays' where we will be having discos, sweet stalls, mad hair days and other fun activities!

In other (sporting!) news, a group of children from Y3 to Y6 took part in the South Lakes District Cross Country at the beginning of January. Several of these runners performed so well they qualified for the Cumbria County Trials that took place on 26th January. The children ran superbly, all coming in the top 20 of their race! We are delighted to announce that Fay Thomas in Y5 became county champion! An outstanding achievement!

In our classrooms this term:

Nursery: have been looking at the topic "long ago"; looking at lots of pictures of our families and reading lots of stories about the past. We have looked at how the children have changed since being babies and how life was different in the past; considering how toys have changed over the years.

Reception: have enjoyed working on a project called 'Starry Night'. To begin the project, we read the story 'Whatever Next' and were very lucky as Baby Bear came to visit our classroom after his exploration to the moon! We explored many themes, and to end our project we learnt about Neil Armstrong and even listened to stories being read by astronauts in space!

Year 1 : have been exploring the physical and human characteristics of the United Kingdom. We have identified the four countries in the UK and have begun learning about the capital city of London. The children have enjoyed learning about HRH Queen Elizabeth II, and have produced some amazing fact file posters all about her. We ended the half term with a royal tea party, which a very special guest attended!

Year 2: have been learning all about Coastlines. We explored the coastlines of the United Kingdom and the human or physical features that we may find there. We have learnt about who the RNLI are, what they do and even had some RNLI volunteers coming in to teach us different ways to stay safe whilst near a beach or coastal area.

Year 3: have been exploring and writing our own poems about volcanoes; using similes. We have loved learning about volcanoes and earthquakes in our project of Rocks, Relics and Rumbles. We have also been thinking about forces and magnets in our Science work, exploring magnetic fields.



Year 4: had a fun term learning about rivers around the world and writing a diary entry about a journey along the Amazon River. We also had an exciting guest, visit our class, Mrs Colyer, to talk about mountaineering and what equipment is required.

Year 5: have a project entitled 'Sow, Grow and Farm'. We have been looking at all forms of growing and farming from allotments, to arable farming, pastoral farming and beyond.

Year 6 : have been studying the Arctic and Antarctic as part of their topic 'Frozen Kingdoms'. We have been learning about the physical and human features of these fascinating areas and have studied the impact things such as climate change and tourism have. We have been finding out about indigenous peoples of the Arctic, including the Inuit people, learning about the art techniques for which they are famous; including sculpture and stencilling.

Our entry this month could not end without a HUGE thank you to Mr/Mrs Yeadon and Mr/Mrs Colyer for cutting and improving the hedge around the wildlife area over the half term holiday! Their hard work has really improved this resource and will help expose the area to greater light.

N Mellard
Year 6 Class Teacher

NATURE NOTES by Bryan Yorke

Wow! Nature has thrown storm after storm this last few weeks and I write this just as Storm Eunice passes through. It's hardly been the weather to want to rush out to check what's about! Will I be able to hear the beautiful song of the returning skylark through the sounds of roaring winds? Each year we seem to be getting more of these named winds and they appear to be doing lots of damage!

I was on Holme Stints last week checking out our beautiful wild Daphne Mezereone and what a picture in full bloom. The day after I went over to the Park Wood side of Hutton Roof but the Daphne don't seem to be doing well over on that side. Out of the original 7 plants we are now down to 3 which are just about hanging in there with little hope on their future.

It was so quiet on the Stints! I made my way down to the small bulrush pond where normally at this time of year I would hear such a commotion of fabulous croaking song, with scores of little heads stuck up out of the water as though looking up into the skies, and what could be imaginable buckets full of fresh frog-spawn everywhere you looked within the margins of the pond. But that was not to be unfortunately, the pond had to go through necessary maintenance last year and all the bulrushes were removed which in turn seems to have for now made it a no go area. I wonder where the frogs have all gone? Hopefully they may find waters elsewhere. I just hope that one day they will return to again colonize the pond.

One thing about this time of year, you can enjoy just looking here and there for the more evergreen of ferns which are overwintering from last year. I go in search of that special rare Southern Polypody (*Polypodium cambricum*) I have found it in two separate locations on Lancelot Clark Storth (CWT), but found even larger populations over on the Hutton Roof Village side. Here there are some outstanding "Deltoid" shaped *cambricum* specimens not only coming out from the famous Hanging Scar rock but some having attached itself to a nearby old tree, which is a rare sight with *cambricum*. Also very close by we have the other two UK polypodies the Common Polypody (*Polypodium vulgare*) and the intermediate Polypody known as *Interjectum*. It would never surprise me if we didn't have hybrids nearby. If you want more in depth about our lovely local ferns then paste this address in your browser. <https://huttonroofferns.blogspot.com/>

The waders are crossing our skies and now heading back to their upland breeding sites. I would expect to see Oystercatchers, Lapwings and Curlews. Last week I was lucky to see a party of 150 Lapwings moving over.

Usually I get my first warbler around the 25th March, which as a rule will be "Lee" our local Chiffchaff calling from somewhere around Mowbray Drive or just further over at Thornleigh. He usually starts the ball rolling and then within days I am hearing them calling from all over the place. We do have over 30 breeding pair of Chiffchaff throughout Burton.

It may well be another week or two before the Willow Warblers return. I usually get my first in Dalton Crags when Willow serenades the air with her beautiful diminishing crescendo call. If you are lucky to be there on the morning of their arrival the place is alive with them calling. The Willow Warbler travels through the night to arrive at first light.

WILLOW WARBLERS – COLLECTIVES

*Flying in the dark through a moonlit sky,
Falling from high like little angels,
Floating down on a wading leaf,
The confusion has now begun.
Our dear little Willow Warbler*

*Daytime closed you was not seen,
Whilst morning wakes your plenty,
So tread so soft our leaf explorer,
A "bouquet" of special prize to us,
Our dear little Willow Warbler*

*Your music is a descending tale,
Which finish the year "how whit",
A choir of pairs sings thy will,
A "Fall" would be a lot of thee,
Our dear little Willow Warbler*

*Sylvia's hand of lucid intricacy
You thread that weave so delicately,
So house and raise a splendid cast,
It's a start to a "Wrench" fulfilled
Our dear little Willow Warbler*

Bryan Yorke - 2015

Maybe you would like to check my other wildlife sites:

"I Love Arnside and Silverdale" Nature Blog

"Flora of Hutton Roof" and my Orchids blog "Epipactis Atrorubens & More"

And my nature poetry, sketches, and more on my artistic blog. You can find details of them and links, in previous issues, via the on-line archive of Burton News.

I hope you have enjoyed this month's article please keep safe
Bryan Yorke 9 Glebe Close

Memories of Queen's Golden Jubilee 2002

As we look forward to the Platinum Jubilee celebrations this summer, here are some memories of the Queen's Golden Jubilee in 2002 - provided by Kath Hayhurst.

Preparations began in October 2001 when various different village organisations were represented at meetings. In the following months the gatherings were chaired by various Parish Council members and £500 was given by the P. C. towards funding.

The celebrations began on Saturday June 1st, 2002. During the day, there were Tennis Club activities, and 15 Open Gardens were viewed. In the evening 'The Burton All stars' performed in the Memorial Hall, with a band and vocals from the village. On Sunday June 2nd, there was a thanksgiving service in the church, and bell ringing.

On Monday June 3rd it was Burton Sports Family Fun Day. In the rain, the Jubilee Queen and fancy dress parade started at Green Dragon Farm touring round the village, ending at the Memorial Hall. There were prizes given for the writing and painting competitions, and a Teddy Bears' picnic for the children, with lunches provided by the W.I.. Entertainment was provided by a juggler and unicyclist. The sports were abandoned because of the weather, but a falconry display, family disco and firework display ended the day.

The Parish Council held a hanging basket competition and, helped by the Fellwalkers, led 4 walks on June 5th, 12th, 19th and 26th. The printed Jubilee walks are still available at the Post Office. The Tuesday Club (for retired inhabitants) donated a Jubilee Merit Trophy to Burton Morewood School. The W.I. planted small wild daffodils later in the year under the Oak trees on the sides of Tarn Lane.

A permanent memorial was placed at the beginning of Srape Lane.; funded by the Parish Council. The stone plinth with a view looking North, is topped with a stainless steel panorama of the view. The wording on the plinth is....

"This Panoramic Viewpoint was erected by Burton-in-Kendal Parish Council to honour the Golden Jubilee of her Majesty Queen Elizabeth the second in 2002. Funded by public subscription and the National Lottery Awards for All scheme, with stone donated by Holme Park Quarry."



Runner-up Short Story Entry
by Zach Martin (age 7)

Our Queen. Rules, reigns, remembers.
Now we celebrate 70 years!

Fitness Is Fun!

Next in our fitness regime is strength training -using body weight to build up muscle mass, endurance and strength which can then support us as we carry out our day to day activities. There are many benefits of this component of fitness. Regular strength training can build lean muscle which burns more calories; it may reduce the risk of injury or falling and it may help to decrease blood pressure. In short strength training may increase quality of life especially as you age.

To get the best results start slow and focus on doing the exercises correctly. You don't need any special equipment...your own body weight and gravity will work wonders. AND you need very little space or time! Here's a sequence of classic body weight exercises that will give all the major muscles a workout, but do please check on correct form before launching into lots of repetitions!

Squats. Especially for glutes, quads and hamstring. Keep your back straight and chest open, knees going in same direction as feet!



Reverse fly. Targets shoulders and upper back, but make sure the movement is very controlled ie don't swing your arms up.



Lunges. Another for glutes, quads and hamstrings with hip flexibility and balance thrown in.



Press ups. For chest arms and core. Start with push ups against a wall or work top if you need to, then progress to the floor with knees bent and finally to a full press up. Again, correct technique is important.



Glute bridges. Working glutes, hamstrings, lower back and core.



Do each exercise for 30 seconds if you can, without a rest in between exercises and repeat the whole sequence twice....a grand total of 5 minutes. Combining weight training with cardio is great for brain health too....what's not to love.

Jan Abbott - *It's never too late to be fit for life. It's your life----live it, love it.*

Telephone: 01524 782476
01539 722594

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P. C. Observations. by Anita Shelton

From the Draft Minutes of the Parish Council Meeting held on 17th February 2022:

The meeting was attended by 8 Parish Councillors, one District Councillor and the Parish Clerk. One Declaration of Interest was declared. It was reported by the District Councillor that we can expect a Council Tax increase of up to 6%; this has yet to be decided by the District Council but is likely.

Three planning applications were considered; No comments or objections had been received re two of these, although the council supported residents' concerns over working hours on the development at 11 Mowbray Drive. A member of the public had raised concerns about a proposed Oriel Style window at 11 Dalton Lane not being in keeping with the property or the area; this was agreed by the Council who will make comments accordingly.

Outstanding Items were reviewed:

PSiCA work on the cobbles is to be carried out by G Wilson Ltd in the next three months.

Slape Lane: Cllr Mason-Hornby will arrange for a contractor to visit the site and report back.

Church Bank Gardens continues to be an ongoing outstanding item!

Rubbish Bin and Square Benches have been requested from the SLDC; a replacement bin has also been requested for Boon Town playground.

Parking Working Group: A meeting took place with Highways on 14th Feb; "SLOW" road markings at the north entrance to the village are to be done within 2/3 weeks, as are parking bay markings in some areas.

Jubilee Celebrations: A letter is to be distributed to all children.

Speed Indicator Device: to be moved and data collated, then analysed.

In a report from a Parish Councillor, the Clerk was requested to write to Cumbria Highways regarding the road surface in Dalton Lane which has deteriorated and needs work doing again.

The Annual Parish Meeting is at 7:15 p.m. on 17th March, followed by the March Parish Council meeting at 7:30 p.m.

Vicar's Letter...

Finding hope again

Dear Friends

Happiness. We all look for it. We know it when we have it, but it's not easy to find and it's easily lost. A sudden ending of a relationship, an unexpected diagnosis, a downturn in business or even a cancelled holiday can result in the happiness draining out of our life like fuel from a punctured tank.

When that happens most of us don't appreciate the glib reassurances of those who just say that everything will probably turn out OK! So how is it that some of the best known, and best loved, words of Jesus seem to be a little like that: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted ..."
(Matthew 5:3-4)

Jesus was not being insensitive or cruel; he was no aloof leader untouched by trouble. Those in need flocked to him and he helped them. Jesus was not saying that all people find a silver lining to their clouds; he was speaking specifically to his disciples - those that were being trained and disciplined by Jesus their boss, who were listening to him and following him.

And in telling them that everything would be alright in the end, Jesus was not cynically deceiving his new friends. Had he not just given a foretaste of his power to deliver on his promises when the crowds "brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralysed, and he healed them"?
(Matthew 4:24)

All that is truly good will belong to those who trust the Lord Jesus and who walk in his ways even when everything seems to be against them. Is there any chance that Jesus might actually have the answer to your search for happiness and true blessing?

'Hope Explored' is an informal and relaxed three-week course. It's for anyone who wants to find hope, peace and purpose in life. The next little group of explorers will be meeting on three Thursday evenings beginning on 17th March and you are very welcome to join us. Please scan the QR code below or contact me if you would like to know more. Or take a look at our church website:
www.burtonandholmechurches.org

Sincerely
Graham Burrows
781210
vicarburtonholme@gmail.com



Editors Note: The QR Code above can be scanned using a camera on a mobile phone or tablet device. It will initiate the opening of a website, Youtube, to play a video about 'Hope Explored'. Burton News makes no endorsement about the website and information thus provided, and can accept no responsibility whatsoever for any issues or problems that may arise from use of the above QR code or the web pages to which it is linked.

**St James Church Burton
March 2022 Services**

Sunday 6 March

11am - Morning Worship with Communion

Sunday 13 March

11am - Morning Worship

Sunday 20 March

11am - Morning Worship with Communion

Sunday 27 March Mothering Sunday

11am - Morning Worship

You are very welcome to join us on Sunday mornings in St James Church. Our church website is www.burtonandholmechurches.org Recent sermons can be watched or listened to on the 'Sundays' page. Service times can be checked under 'Coming Up' on the 'Welcome' page.

Open Church: The church is open to visitors every Friday, 10am – 4pm. You are welcome to look around or to use the quiet to think or pray.

Services at our sister church, Holy Trinity Holme, are usually at 9am each Sunday.

St James, Burton & Holy Trinity, Holme

The Vicarage, Glebe Close, Burton

T: 01524 781210 M: 07740 622962

E: vicarburtonholme@gmail.com

W: www.burtonandholmechurches.org

Burton St James details

Wardens:

Michael Carr 781283

Frances Roberts 781943

Administrator/Treasurer:

Pat Whalley 782296

OTHER PLACES OF WORSHIP

Tewitfield Methodist Church LA6 1JH
07786 264903

St Mary's RC Church Yealand Conyers
Cannon J Gibson 01524 732 940

Warton Methodist Church
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or at Burton Village Store.



Burton and Holme Churches

www.burtonandholmechurches.org

Up for a Challenge?

March Challenge

This is a puzzle to appeal to Scrabble and Wordle fans. There are 8 five letter words. You have been given some of the vowels. Consonants have been awarded their scrabble scores. Other vowels are in the blank squares. Can you fill in the blanks? Be warned – there may be more than one correct answer.

10	U		1	1		
		10		3	1	
1		E				2
	I	1	1			O
		1				3
		4	A	3	4	1

REALLY Short Story Challenge for Burton Youngsters : Results

Congratulations to Lizzie Martin who has won a £10 Amazon Voucher for her winning entry to the Short Story Challenge. You can collect this at the village shop, Lizzie. Special "runner up" mentions for Zach Martin and Fay Thomas for their entries. Zach's can be seen with the Golden Jubilee article from Kath Hayhurst on page 16, Fay's is as follows:

Spring is here. There's lovely flowers. It's nearly Easter time.

Fay Thomas Age 10

Which leads us neatly on to this month's competition!

Spring Photographic Competition!

This month the editors would like photographic entries with the theme of "Spring is Coming". Entries accepted from all Burtonians. £10 Amazon voucher as prize for the winning entry. Judged by the Editors.

Digital images only please (.JPG or .PNG max file size 25Mb). Entry indicates willingness for photos to be published in Burton News. Please supply name and address. Image copyright will remain with the photographer. Send your entries to: burtonnewseditor@gmail.com

Remember 2021 Westmorland Quiz Answers

CHRIS WHITTY (5)
DUKE OF EDINBURGH (10)
ALOK SHARMA (9)
TOKYO (2)
MATT HANCOCK (7)
OMICRON VARIANT (3)
EMMA RADIKANU (6)
LILABET (8)
ANKUS TREATY (11)
NO TIME TO DIE (4)
DONALD TRUMP (1)

Quiz question number shown in brackets

HISTORICAL FOOTNOTE

by Roger Bingham

“No mere Anglo-Saxon part of England”

The above phrase was picked out as the title of a review of one of my local books. I was pleased by this as it links two of my main historical interests; the first is the debt our area owes to the Norse Vikings who settled here about 1100 years ago and the second is the distinctiveness of the South Lakeland (and Westmorland) culture when compared to that of neighbouring Lancashire or Cumberland.

Although Burton is a name which is Anglo-Saxon in origin, the neighbouring villages often derive their names from Viking origin. For example Holme derives from Holmr, Norse for “watery place”. Names may come from the families who settled there - Clawthorpe, for example - where the ending comes from the Danish for settlement *porp” and the first part is from a personal name like Clyred so Clawthorpe is Clyred’s place. Similarly Ackenthwaite is likely Acca’s clearing (from Pveit - a clearing in the woods). Throughout our district our streams may be Becks, Gills or Sykes - giving rise to names such as Holme Beck, Leasgill and Heronsyke.

Our lakes are Tarns, the marsh is a Moss and these names, along with other features such as fells, crags, scars and shippons (which house cattle) would all be recognisable by our Nordic ancestors and may be detected in the language of present day Scandinavians.

Along with this different vocabulary, Westmorland has a dialect of its own as illustrated by the following seasonal weather sayings:

*If Cannelmass day (Candlemass - Feb 2nd) be fine an’ fair
We’ve hauf o’winter ta come an’ mair
If Cannelmass day be dark an’ fool
Tyah hauf o’ winter’s gean at Yule*

If March comes in like a lion it gabs out like a lam

*The man about to clip his sheep
Must pray for 2 fine days and 2 fair weeks.*

*When t’wind’s e t’sooth
Ther’ll be muck up ta t’mooth*

When t’wind’s e t’west, it suits o’best

*When Curlews whistle leeat neet
Noo that’s a sign of Snow and Sleet,
When t’helm’s low an’ foxes bark
Bar up your doors afor it’s dark*

*Happy t’bride t’sun shines on
Happy t’corpse t’rain rains on*

*March borrowed of April 3 days
An’ they were ill
First it rained, second snaw
Third was’t roughest day ye inver knew*

SOCIETY CONTACTS/ PROGRAMMES



If you would like further information about any of the services which Age UK South Lakeland can offer older people, or if you would like to volunteer for us, please contact us on **030 300 30003**



**Burton, Holme,
& District
Local History
Society**

Treasurer dorothyspencer263@ gmail .com or 01525 781540
Programme Sec kathhayhurst84 @gmail.com or 01524 781613
<http://localhistory.burtonweb.org.uk>

**Burton in Kendal
Art & Craft
Society**

Chair, kathhayhurst84@gmail.com or Tel 01524 781613
Treasurer, p.c.firth@hotmail.com or Tel 01524 571997

www.burton-in-kendalartandcraft.weebly.com

Burton Singers



If you would like to join us then please contact
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or drop us a direct message on our Facebook Page.



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website: <http://fellwalkers.burtonweb.org.uk>



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Mike Iddon & Martin Sansby. Burton-in-Kendal B4RN Champions

Milnthorpe Library

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Community Volunteer Group

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Lesley Bailey on 01524 782984 – 07564 525226

Or

Christine Davidson on 01524 782694 – 07760 756887

Please let them have your request and they can organise a volunteer to help

Burton in Kendal Parish Council

Meetings

3rd Thursday of every month at 7.30pm

Meetings:

Members of the public are always welcome to observe. Each meetings includes an OPEN FORUM where parishioners may raise matters of concern to them.[TBC]

Planning applications:

Parishioners are asked to ensure they notify the PC as well as the planning authority of any comments or objections they have about any planning application within the parish.

Website:

Documents relating to the PC may be downloaded or read online here: www.burton-in-kendal-pc.gov.uk

For further information, contact:

The Clerk - Christine Davidson on 01524 782694

Next Meeting:

The next Parish Council Meeting will be on March 17th, 7.30pm BMH

Burton-in-Kendal Voluntary Car Scheme

If you need transport to hospital, doctor, dentist, optician etc please contact Lynne Herd on 01524 781905. The scheme is still operating but has a reduced number of drivers so if you can spare some time as a driver you would be most welcome. Please contact Lynne for details.

Child Health Clinic

1st Wednesday of each month

10.00 -11.00 am

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Burton Post Office	01524 781828
Morewood School	01524 781627
Burton Nursery	01524 781627
Dallam School	015395 65165
QES, Kirkby Lonsdale	015242 71275
CrimeStoppers	0800 555 111
Police non-emergency	101
Kendal Library	01539 713520
Kendal Hospital	01539 732288
Lancaster Hospital	01524 65944

Council Switchboards

Cumbria CC	01228 606060
South Lakeland DC	01539 733333

Civil Registration Services **Births, Marriages, Deaths**

Registration of Births and Deaths is overseen by the Kendal Registrar's Office, based in County Hall, Kendal. Telephone 0300 303 2472 or email registrationservice@cumbria.gov.uk

Registrations may also be undertaken at Milnthorpe and Kirkby Lonsdale Libraries by appointment only, contact the Kendal Office to arrange an appointment. To arrange a marriage contact the Kendal Registrar. Opening times Mon - Fri, 9.00am to 4.30pm.

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Customer Contact Centre

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[bins-and-recycling/collection-calendar/](#)

Cumbria County Council Highways Hotline

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www.kidscape.org.uk (childhood)

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www.nspcc.org.uk (children at risk)

SAMARITANS: 116 123

www.samaritans.org

SHELTER: 0808 800 4444

england.shelter.org.uk/ (homelessness)

STONEWALL: 0800 050 2020

www.stonewall.org.uk (LGBT+)

BURTON CALENDAR

Every Monday: Boot Camp 6-7pm & 7-8pm with Georgia Wilson MUGA

Every Thursday: - Fusion Fitness 9:30am to 10:30am BMH

MARCH

Every Friday – Art Group 9.30am to 12:00 Noon BMH

Monday 7th - Coffee Morning and Book Drop 10-11am BMH

Thursday 10th – Burton WI Meeting – Talk

"Medicine and Adventures in Malawi" by Gill Pilling 7.30pm BMH

Saturday 12th - Kitty Brown Boutique Fashion Show - 7.30pm BMH

Monday 14th – Craft Group – 1.30pm to 4pm - BMH

Monday 21st – Book Drop 10-11am BMH

Local History Society Talk – 7.30pm BMH

"Magic Lantern Tour of Victorian Lakeland" Ian Jones

Saturday 26th – Art Workshop

'Buildings in Pen & Ink' (Members only) 10am BMH

APRIL

Every Friday - Art Group 9.30am to 12:00 Noon BMH (except Good Friday)

Monday 4th - Coffee Morning and Book Drop 10-11am BMH

Monday 11th - Craft Group - 1.30pm to 4pm - BMH

Thursday 14th - Burton WI - AGM and Meeting (details to be confirmed)

Saturday 23rd - Easter Market in aid of Memorial Hall 10am to 4pm BMH

Monday 25th - Book Drop 10-11am BMH

- Local History Society Talk - 7.30pm BMH

"Turnpike Roads in Westmorland" - Jean Turnbull

BMH = Burton Memorial Hall

MUGA = Multi-use Games Area [Behind the Royal]