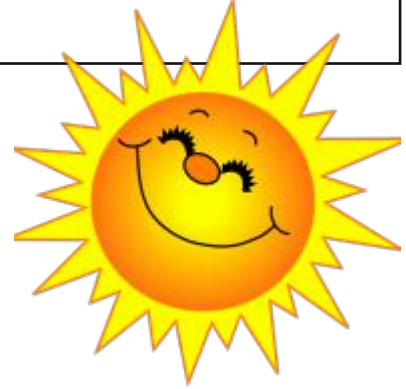


BURTON NEWS

THE VILLAGE NEWSLETTER

July 2022 Issue 326



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BURTON NEWS

Please send us your letters - articles - events
news - stories - recipes etc for publication

**Drop them into The Village Store,
Main Street, Burton
or send by e-mail to
burtonnewseditor@gmail.com**

**Next Editorial Committee Meeting
19th July 2022**

**LAST DATE FOR COPY
19th July 2022 for the August issue**

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EDITORIAL

Welcome to the July edition of BN, the third month with a colour cover, this one with grateful thanks to Anita Shelton who was also responsible for dressing the postbox. While the sun may not have shone all the time, we did have some lovely days over the Jubilee weekend and Natalie has celebrated the event with an article on page 10. The Burton Singers and Ringers also royally entertained us last month - see page 7.

Very sadly, we announce the death of Bryan Yorke, whom regular readers will know and love through his very local, knowledgeable, and incredibly enthusiastic Nature Notes. We extend our sympathy to his wife and family and hope to produce a commemorative article in a future edition. We are happy to have been able to tell Bryan how much his work was appreciated as shown by our short Facebook survey result.

Shortly before publication, we also heard of the death of Ann France who, with husband Neil, ran the King's Arms until their retirement in 2020. You will be missed, Ann.

The centre pages of this month's newsletter contain another survey, in the hope of reaching a wider demographic. The intention is that these can be removed and, once the survey is completed, put in the donation envelope also included (equally hopefully) in this edition, to be dropped off at the village shop. While decisions on content remain with the editorial

Please would readers note that letters & articles must include a valid name & address. This can be withheld from publication on request. We will not publish any anonymous letters, or material which, in the opinion of the Editorial Committee, is of an offensive or defamatory nature. BN reserves the right to edit letters & articles in the interests of magazine space.

EDITORIAL (Continued)

committee, we would like to know what is liked and disliked and any ideas for inclusions in the future.

On that note, there are two new articles for July - one is a return of an idea that was popular in the past; "A Day in the Life of ..". This time round it is blatant self-indulgence on behalf of one of your editors who fancies herself as an Adam Kay lookalike (only older). However, in the future, we may be chasing those of you who are willing to talk us through one of your days! The second article is Burton's version of the Sky at Night and, hopefully will inform and enthuse budding astronomers. Please let us know if you like these and suggest your own topics for one-off features.

Next month we hope to include a central pull-out page with details of all the clubs and societies available locally. This will include profit making clubs eg Pilates, Dance etc. If you wish your details to be included, please get the contact details to us as soon as you can.

Lastly, an appeal: we can't keep doing this without your help, but we know times are hard at present. If you can afford it, a donation of approximately £5 from each household will cover our costs for next year.

We hope you are all looking forward to your summer holidays and that you enjoy July's Newsletter.

Matthew and Fiona

The views expressed within Burton News are not necessarily the views of the Editors or the Editorial Committee

Readers'

LETTERS

Dear Editors,



I would like to let you know about another village group, the Trefoil Guild for adult girl guides - it doesn't have to stop at 18! This is a nationwide initiative with many branches - website address: Trefoilguild.co.uk. In Burton we are a small group of adult ladies who support Girl Guiding if they need help. Most of us have been in Guiding in our younger days and still want to keep in touch. We meet once a month, usually on a Tuesday 2pm to about 4pm, depending what we are doing and until the pandemic we met in the hall. Our numbers have gone down recently and we are keen to attract new members. Even if you can't attend meetings we can keep you in touch with what is going on. Meetings could involve an external speaker, meeting with other branches, or just a friendly lunch. There is a 3 monthly magazine. If you would like to find out more about us either ring Jenny Gilfellow on 01524 781907 or email gilfellowjenny@timetalk.co.uk.
Jenny Gilfellow

BURTON VILLAGE STORE - NORMAL OPENING HOURS

Monday - Friday

Shop: 6am - 5:30pm

Post Office : 9am - 5.30pm

Saturday

Shop: 6am to 5:30pm

Post Office: 9am to 12:30pm

Sunday

Shop: 7am - 12 noon

Post Office: Closed

Readers' LETTERS (continued)

We are a new group of parent volunteers responsible for organising fundraising events on behalf of Burton Morewood Primary School. The aim is not only to raise money benefitting the children attending our Primary School but also to build on community relationships between the school and the village .

We will be meeting regularly to discuss events and fundraising endeavours and to be involved doesn't necessarily mean you have to attend meetings. Maybe your business has something to showcase, you may have a hobby/talent you'd like to share or ideas for raffle prizes. Maybe you'd just like to attend, help out on the day or simply give a donation. Any support you can give us would be gratefully received.

We have created a Facebook page and will be keeping you up to date with our events via the Burton News - also keep an eye out for our posters through the village. Our next meeting will be on Thursday 14th July, 6:30 pm at the school. If you can attend that would be great, however if you would like to be involved in other ways please contact the school and give them your contact information and we will get back to you.

Dates for your diary:

Next meeting - Thursday 14th July 6.30 pm
Summer Fair - Monday 18th July 3:15 - 5:30 pm

Cheryl Johnson. Burton Morewood School PTA

Burton Fellwalkers

Burton Fell Walkers aim to do three walks each month. New walkers are always welcome, come and join us! Contact our Secretary Sarah Walker via the website <http://fellwalkers.burtonweb.org.uk> or on 01524 923528.



JULY

Sunday 3rd - 1pm - Barbon Low Fell - 7.5 miles (Moderate)
Saturday 16th - 10am - Jeffrey's Mount - 7 miles (Moderate)
Wednesday 20th - 6.30pm - Storth Trail - 2.5 miles (Easy)
Saturday 23rd - 8.30am - Kentmere - Green Quarter Fell - 5.5 miles (Moderate)

AUGUST

Sunday 7th - 1pm Sadgill, Tarn Crag, Harrup Pike 5.5miles (Moderate)
Wednesday 17th Aug 12pm - CHOICE OF: Whernside/Deepdale 13miles (Hard/Strenuous) or Ribbleshead/Chaple-le-Dale 6 miles (Easy to Moderate) - Followed by meal at Ribbleshead Inn!
Saturday 20th - 8.30am - Settle saunter 8 miles (Moderate)

Burton, Holme, and District Local History Society

Monday 18th July - 6pm - Outdoor Meeting

Walk to Jenny Brown's Point, Silverdale with Simon Williams. Limited to 20 attendees. Please contact Kath Hayhurst to register

A full programme is available on the website www.localhistory.burtonweb.org.uk



Programme 2022

Contact, Chairwoman and Programme Co-ordinator Kath Hayhurst .
Tel. 01524 781613 email kathhayhurst84@gmail.com

New members welcome, Subscriptions are £12/year
Treasurer: Dorothy Spencer. Tel. 01524 781540
email dorothyspencer263@gmail.com

Burton-in-Kendal Art and Craft Society For Demonstrations, Exhibitions, Talks and Workshops

Upcoming Events BURTON MEMORIAL HALL

The Craft Group meets Monday 11th July - 1:30 to 4pm B.M.H.

The Art Group meets most Fridays 9:30-12:00am BMH -

Monday 25th July 19:30 to 21:30 AGM
followed by talk by Dr Ron Ward "The Nation's Favourite Paintings"
Visitors welcome to monthly meetings and the talk - £3 fee



To join the Society contact the Treasurer Paula Firth.
Tel 01524 571997, email p.c.firth@hotmail.com or mobile:07488 328464
or Chairwoman and Programme Co-ordinator Kath Hayhurst .
Tel:01524 781613 or email kathhayhurst84@gmail.com

Subscriptions are £10 per year and include free programme events, free art and craft entries to the exhibition and use of the society library.

BURTON FIRST RESPONDERS ANNUAL GENERAL MEETING



Burton First Responders will be holding their Annual General Meeting at 6.30pm on Tuesday 9th August at Unit 3, Clawthorpe Hall Business Centre.
All are welcome to attend.

BURTON W.I. - Meeting Report

At their June meeting Members of Burton WI enjoyed a very informative and interesting talk entitled 'Travels in our Camper Van' by John Parker – he accompanied and enhanced his talk with colourful slides of Morocco.



Members also had the opportunity to see the Co-operative Entry produced by Hazel Parker, Kath Hayhurst and Anita Shelton that came second in the Competition entitled 'For Queen and Country' at the Country Fest. In the Competition for a 'Fun Crown', which had to be made of recycled material, Linda Green came third.

The Competition for an amusing holiday photograph was won by Joyce Hinchliffe with Linda Green runner up. The raffle was won by Anne Woof.

Our next meeting is on the 14th July – our Speaker, Pamela Roberts, will be giving a talk on the 'Pendle Witches'. The Competition – 'A brooch for a shawl'. Hostesses are Molly Long and Gill Pilling.

If you wish to join the WI, please contact our Honorary Secretary: Helena Nixon on 01524 781048



BURTON MEMORIAL HALL 200 CLUB DRAW FOR THE MONTH OF MAY

First Prize	£24	Evans
Second Prize	£14	Smith
Third Prize	£10	Worsley

Anyone wishing to join the 200 Club,
please contact J Orr on bmh200club@outlook.com
Or call 01524 784 939

Cost £12 per number for a year (12 draws)

Why not buy a year's subscription to the 200 Club for £12 as a birthday gift for a family member or friend? If you already have a number, why not buy another and increase your chances of a win?



Burton Book Drop & Coffee Mornings



The Coffee Morning & Book Drop will be held on **Monday 4th July 2022**

The second Book Drop will be on **Monday 18th July 2022**

Editors note: the book drop is a part lending service and part secondhand bookstore with company, coffee and cakes thrown in. There was even a plant stall and the occasional jigsaw. A place to go to get your week off to a good start!

Burton Singers Jubilee Concert



Congratulations to the Burton Singers who produced their first post-lockdown polished performance of memorable melodies in three parts from across the decades on 11th June.

The singers were cleverly conducted and controlled by Val Still, ably accompanied by Stuart Wickes with a cameo from daughter Hannah and competently compered by John Long. The audience were treated to a song from each decade, seven songs from the 70s and finally, a rousing Last Night of the Proms with excellent (if less tuneful) audience participation - fuelled by our free glass of wine!

This audience member at least would love to see the Proms being a regular Summer feature! Val would like to thank Gill and Akis in the shop for selling the tickets, Barry for his last minute conscription to duty on the lights and the school for the loan of their stage. The show raised a total of £800 for the two nominated charities. We are all looking forward to the Christmas Concert on 17th December.
Fiona Thexton

Burton Morewood School Ecowarriors and Politicians

This month, our news update comes from our Eco Committee and Eco Club and Pupil Parliament members. Over the last few months, the members of the Eco-committee and club have been busy working on projects linked to their chosen topics: Waste, Marine, and School Grounds.



After preparing an action plan and identifying roles and responsibilities, they carried out an audit to see how the school could reduce waste. The children checked every area of the school for recycling, dripping taps, whether computers and lights are turned off when not needed and much more. Signs to remind us all about lights and taps have now been created and are in the process of being put up; recycling paper, batteries, plastics and the photocopier cartridges happens across the school; fruit waste can now go in an accessible compost bin – one of two that we have been given. They agreed that Year 1 were the best recyclers – especially as their outdoor learning area has been created by repurposing and recycling items! As part of the Waste topic the committee accompanied Mr Wilson and Mrs Derrick to learn how to read the meters and why it was necessary. The committee want to check-up on the amount of food waste next.

The Marine project has had various curriculum links across the school. Year 2 performed a dance linked to the River Thames as part of Strictly Come Burton, Year 4 have looked at 'Misty Mountains, Winding Rivers' and Year 6 have studied the polar oceans as part of their 'Frozen Kingdoms' project. The Eco-committee is busy planning activities and competitions relating to our rivers and oceans. They are looking forward to working towards improving the pond. Our final project area is 'School Grounds'. Litter picking takes place, the picnic tables have been re-arranged, an outdoor reflection area has been created and will be further developed.

Thanks to friends of the school, the children have been busy planting a range of herbs, bulbs, climbers and shrubs within the grounds to increase biodiversity. We are hoping to create a new pathway next. The children involved with the Eco-committee have been very enthusiastic and committed, working hard to improve the school environment. Within the next few weeks we hope to be able to announce that we have attained our 'Green Flag'.

If you have any skills to offer (our fruit trees will need pruning in the autumn) or would like to contribute compost, bark, plants etc towards their projects – please contact the school office. Pupil Parliament has begun in earnest again this year. Our 4 representatives from Year 5 and Year 6 have taken part in events outside of school, working with Parliament members from other schools on a range of subjects. They have learnt about different topics such as how to vote in Parliament and how to improve their presentations skills. In addition, they have shared with pupils in school how to take one small step towards a better world by switching off the lights when they leave the classroom, a wonderful collaboration with our Eco-committee!

The Word From BURTON MEMORIAL HALL



June was the Royal Jubilee Month and the Hall was pleased to be able to hold a Jubilee Coffee Morning on Sat 4th June, where the main hall buzzed with happy conversations between families and friends. Several children came along to make crowns, and we almost sold out of cake! Thank you to everyone who came and supported the event. The following weekend we were thrilled to host the Summer Concert by the Burton Singers, which culminated in their last night of proms feature. It was a very enjoyable evening, and we look forward to the Singers returning in December with their Christmas Concert. The Hall also took place in the Jubilee Trail and was festooned with bunting from every available point!

June also saw our Annual General Meeting, at which I was re-elected as Chair for the coming year (maybe no-one else wants the job?!) and I thank the committee for another year's work to keep the hall going. Helen Dawson remains our bookings manager, Raegan Preston our treasurer, and I am pleased that all other members of the committee stood for re-election. The committee members are delighted to welcome Vicky Hughes (our new Unitary Authority councillor) as a co-opted member and that the ever-helpful Chris Nolan is once again the parish council representative for the coming year.

You may recall that last month I mentioned the benches that we found under the main hall floor, and I asked if anyone could throw some light on them. Mike Taylor got in touch to say that he recalled them being at the old school in the village when he was a lad, so maybe that was where they came from. If anyone knows more, please do say.

In July we will start taking bookings for our all day Saturday 12th November Christmas Market, if you would like a space please contact me by email at bmh@burtonweb.org.uk or by phone on 01524 781306.

The planned refurbishment of the Reception Room Kitchen has been agreed and we are just awaiting a start date for it, whilst the car park will have repairs and remedial work take place in September. The date will be widely published in advance as all vehicles will need to be removed whilst the work is done.

Finally, on behalf of the hall committee I would like to offer our deepest sympathy to Sandra Yorke and her family, after Bryan's death at the end of May. Bryan was a strong supporter of the Hall and was the co-instigator of the Nature Talks at the Hall which we held pre-Covid and which we intend to resume this autumn. Our deepest sympathy also goes to Neil France and his daughter Danni, on the death of Ann, formerly of the Kings Arms, who died in June in Blackpool. Ann was also an enthusiastic supporter of our activities here at the Hall.

Anne Nichols, Chair of the Burton Memorial Hall Management Committee

Jubilee Trail

Natalie Martin Writes: Many thanks to those who made the Jubilee Trail such a success. There were many stunning window decorations and I am sorry we do not have the space to show all of them. These pictures are much better in colour - see the on-line version at (www.burtonnews.org). Prizes of a commemorative 50p piece were kindly donated by Gill and Akis from your village shop and distributed to the first 70 children completing the trail, along with prizes of seeds from both Sutton's Seeds and Thompson and Morgan Seed company. Thank you also to Burton Morewood School for printing the check sheets. We also received a donation of a large bag of sweets from the sports committee.



Roger Reports...

From the County & District Councils

July Council News

As in my last report the attention of many officers and members has been diverted from everyday business by preparations for Local Government Reorganisation. It seems more difficult to contact members of staff, especially in planning, than previously; where because of a drop in new building works during COVID, pressure had been reduced.

Locally, I understand that my District Colleagues Tom Harvey and Brian Cooper are continuing to keep track of the Church Bank Gardens and Green Dragon developments which continue to drag on.

Attendance by members who will not be on the replacement Westmorland and Furness authority has also diminished. Even so, in the second week in June I attended meetings on every day. Very few topics touched on Burton. The longest meeting, that of County's Development and Control Regulation Committee, was mainly concerned with rights of way in North Cumbria which will be an area not covered by successor councillors. I hope future councillors will keep an eye on public access rights particularly to Farleton Knott and the Fell.

You can contact Roger as follows:
South Lakeland District & Cumbria County
Councillor R.K. Bingham
The Smithy, Ackenthwaite,
Milnthorpe, Cumbria, LA7 7DH
Tel: 015395 63694
e-mail: roger.bingham@cumbria.gov.uk

While attending the Jubilee Beacon on Heversham Head I noticed that, unlike in previous royal events, there were no beacons for Burton and Holme on Farleton Knott, nor for Milnthorpe and Beetham on Haverbrack, where public access was formerly permitted.

At SLDC's cabinet which I attend as a Shadow member most items concerned Kendal. They included a discussion about the 'pedestrianisation' of Stramongate which will include the planting of trees at its entrance from Blackhall Road. There were comments that new planting would help to compensate for the loss of trees in the Market Place and along the river Kent where, controversially, trees had been felled as part of the flood abatement work. On this scheme the go ahead was given to install glass panels along Aynham Road so that travellers could still glimpse the river. Concerns were reported of a rise in carbon pollution in Kendal streets, following a drop during lock-down. The Council aims to be Carbon Neutral by 2037.

Finally, I came across another new 'Council Speak' term in a report on risk management that '65% of risks were above appetite'. What does that mean? All the best –Roger.

You can contact Vicky Hughes as follows,
Shadow Authority for Westmorland & Furness
Council:

Burtlands
Station Lane
Burton-in-Kendal, Cumbria, LA6 1HR

Tel: 07785 923940

e-mail:

Vicky.Hughes@westmorlandandfurness.gov.uk

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L H C R U H C S E M A J T S

There are a total of 12 words in the grid above, all relevant to our local area. See how many you can find!

Burton Bowling Club News

On Sunday 3rd July the Club is hosting the Guardian Pairs competition. This event was due to be played in early 2020 but of course the Final was prevented by the pandemic. There will be refreshments on sale for spectators and all are welcome to come and have a look and to admire the skills on display.

The club's various teams are about half way through their season's league fixtures with varying degrees of success at this stage. There seem to have been a lot of players absent for periods with injury and this has caused some challenges, but credit to members who have rallied to the cause by playing sometimes as many as four matches per week to support the various teams.

The maintenance of the green has been something of a challenge with the generally cool but dry weather but credit also to the small band of members who give so much time and energy to keeping the surface in good order. This attracts favourable comments from many visiting players. **Hugh Miles**

SOCIETY CONTACTS/ PROGRAMMES



If you would like further information about any of the services which Age UK South Lakeland can offer older people, or if you would like to volunteer for us, please contact us on **030 300 30003**



Burton, Holme, & District

Local History Society

Chair & Programme Secretary: kathhayhurst84@gmail.com or 01524 781613

Treasurer: dorothispencer263@gmail.com or 0154 781540
<http://localhistory.burtonweb.org.uk>



Burton in Kendal Art & Craft Society

Chair: kathhayhurst84@gmail.com or Tel 01524 781613
Treasurer: p.c.firth@hotmail.com or Tel 01524 571997

www.burton-in-kendalartandcraft.weebly.com

Burton Singers



If you would like to join us then please contact
Val Still on 07799 245415
or drop us a direct message on our Facebook Page.



Burton Fellwalkers

Secretary Sarah Walker 01524 923528
website: <http://fellwalkers.burtonweb.org.uk>

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John 01524 781707

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email: graham@burtontennisclub.co.uk
m: 07887397153

www.burtontennisclub.co.uk

TABLE TENNIS

Enquiries to Martin on 07740 933463.

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Sue Humphreys 01524 781596

BURTON BOWLING CLUB

Enquiries to Treasurer Eunice Jamieson on 07307200648
Club night each Monday at 6.30pm at green during season.

EMAIL BURTONNEWSEditor@GMAIL.COM to update your details / programme

Readers Survey

The editors ran a short on-line feedback survey through the Village Facebook page in April and had some interesting replies, detailed in the May Edition.

However, before we make any major changes to your Burton News (if, indeed, we need to change anything), it is only fair to widen out the survey to let all villagers have a say. Final editorial decisions will remain with the Editorial committee and we are very aware that we cannot please everyone at all times.

We would be very grateful if you would complete the following questionnaire and post it in your donation envelopes, included in this edition, to be dropped off in the village shop.

1. When your Burton News arrives, do you – (tick as applicable)
 - Read it cover to cover
 - Read bits that interest you
 - Put it in the recycle bin

2. Which items do interest you? Which are your favourites?

Item of Interest	Do you read these, (Y or N)?	Tick if one of your top 3
Editorial		
Reader's Letters		
Council Reports		
School Reports		
Parish Council News		
Historical Notes		
Society and Hall reports Including: Art and Craft, Fell walkers, history soc, MUGA, WI		
Nature Notes		
Fitness is Fun		
Vicar's Letter		
Challenge pages		
Miscellaneous other – eg The Jubilee articles in recent editions		

3. Is there anything you don't like about the Newsletter?

4. Do you access the online version? (tick please)

- Never
- Occasionally
- Most Months
- Every Month

5. Lastly, what could we include that would make it more interesting or more relevant?

Please include this survey in the donation envelope and hand it in to the shop. Alternatively you could scan and email to Burtonnewseditor@gmail.com

Thank you for your help!

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Vicar's Letter...

Firming up

Dear Friends

Confirmation. It's not in the Bible but it is a rite that has been practised by churches for centuries. During a special service of Confirmation the bishop prays for each candidate in turn, that the Lord would confirm them in their faith in Jesus Christ by the good gift of his Holy Spirit to them. And each candidate confirms that they have turned away from their sin, that they are trusting in the Lord Jesus for forgiveness and they are following him as one of his disciples. A certificate is issued and names are entered into the register in the church. Some were baptised/Christened as children, and this is the natural progression – they are confirmed and begin to play their part as young adults in the church. Other young people have not been pointed in that direction but might still like an opportunity to hear more about Jesus and to think for themselves whether they intend to follow him in life or not.

From September we plan to begin a group that meets in Burton after school at 4.15pm (probably on Thursdays) for anyone in school year 6 and above. Over the course of several weeks we will go over what Christians have historically believed and give lots of opportunities for questions and discussion. Then, those who might want to find out more, and those who are thinking they would like to be confirmed at some point, will have the opportunity of continuing to meet to prepare themselves.

No-one who comes to the group will have to be confirmed if they decide not to proceed. Anyone can join the group – those who have never been baptised/Christened can be baptised at their Confirmation service if they choose to go ahead.

If this might be of interest to you or your son/daughter then please send me a quick email or text and I will contact you nearer the time with more details.

And if Thursday at 4.15pm is no good, or if you are much older than Year 6 but you would still like to talk about confirmation or baptism – I would be delighted to hear from you too. Many adults have never been baptised or confirmed so I think it will be quite common now to see people of all ages who want to declare their faith in Jesus Christ in these ways.

Sincerely

Graham Burrows
07740 622962
vicarburtonholme@gmail.com

St James, Burton & Holy Trinity, Holme

The Vicarage, Glebe Close, Burton

T: 01524 781210 M: 07740 622962

E: vicarburtonholme@gmail.com

W: www.burtonandholmechurches.org

Burton St James details

Wardens: Michael Carr 781503

Brian Whalley 782296

Administrator/Treasurer:

Pat Whalley 782296

St James Church Burton

July 2022 Services

Sunday 3 July
11am Morning Worship with Communion

Sunday 10 July
11am Morning Worship

Sunday 17 July
11am Morning Worship with Communion

Sunday 24 July
11am Morning Worship

Sunday 31 July
10am Joint Morning Worship at Holy Trinity Holme

You are very welcome to join us on Sunday mornings in St James Church. Our church website is www.burtonandholmechurches.org Recent sermons can be watched or listened to on the 'Sundays' page. Service times can be checked under 'Coming Up' on the 'Welcome' page.



OTHER PLACES OF WORSHIP

Tewitfield Methodist Church LA6 1JH
07786 264903

St Mary's RC Church Yealand Conyers
Cannon J Gibson 01524 732 940

Warton Methodist Church
www.wartonmethodist.co.uk
01524 732626

Yealand Quakers
01524 781501 / 782052 / 732336

Community Volunteer Group

Any resident needing any shopping, prescriptions, meals or any errands please contact via call, text, whatsapp

Lesley Bailey on 01524 782984 – 07564 525226

Or

Christine Davidson on 01524 782694 – 07760 756887

Please let them have your request and they can organise a volunteer to help

Parish Council Notes - from Anita Shelton

This was a lively meeting at times, with two members of the public in attendance as well as the Press rep (me!). Decisions were made and business carried out with occasional levity yet still with professionalism.

A quotation and suggestions for parking bays and road markings was circulated; this will be an agenda item at the next meeting. A member of the public has offered to co-ordinate a team of 10-12 volunteers to maintain a footpath through Slape Lane. This was welcomed and accepted. A formal proposal for the purchase of stone to alleviate the worst of the surface issues was requested.

The placement of a bench directly in front of the memorial in the square was discussed. It was agreed to trial moving this bench to the side of the Royal. A 2nd Speed Indicator Device is to be placed by the Green Dragon. District Cllr Harvey was asked to ensure that his successor is fully primed to deal with the ongoing Church Bank Garden issues.

It was once again noted that there is a vacancy for a parish councillor. If you are interested in the maintenance and development of Burton-in-Kendal, come along to a Parish Council meeting and learn more about this role and how you may be just the person to take it on!



We are still expanding this community led project, if you would like to know more about this project please email b4rn4burton@gmail.com.

Mike Iddon & Martin Sansby. Burton-in-Kendal B4RN Champions

Milnthorpe Library

19 The Square, Milnthorpe LA7 7QJ

Monday: 2pm to 6pm

Wednesday: 2pm to 6pm

Friday: 10am to 1pm & 2pm to 5pm

Saturday: 10am to 12.30pm

Telephone 015395 63040.

Burton in Kendal Parish Council

Meetings

3rd Thursday of every month at 7.30pm
Members of the public are always welcome to observe. Each meetings includes an OPEN FORUM.

Planning applications:

Parishioners are asked to ensure they notify the PC as well as the planning authority of any comments or objections they have about any planning application within the parish.

Website:

Documents relating to the PC may be downloaded or read online here: www.burton-in-kendal-pc.gov.uk

For further information, contact:

The Clerk - Christine Davidson on 01524 782694

Next Meeting:

The next Parish Council Meeting will be on July 21st, 7.30pm BMH

Burton-in-Kendal Voluntary Car Scheme

If you need transport to hospital, doctor, dentist, optician etc please contact Lynne Herd on 01524 781905. The scheme is still operating but has a reduced number of drivers so if you can spare some time as a driver you would be most welcome. Please contact Lynne for details.

Child Health Clinic

Under review.
Information needs updating
In the meanwhile please
contact your GP surgery

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Morewood School	01524 781627
Burton Nursery	01524 781627
Dallam School	015395 65165
QES, Kirkby Lonsdale	015242 71275
CrimeStoppers	0800 555 111
Police non-emergency	101
Kendal Library	01539 713520
Kendal Hospital	01539 732288
Lancaster Hospital	01524 65944

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Hotline

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www.kidscape.org.uk (childhood)

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www.nspcc.org.uk (children at risk)

SAMARITANS: 116 123

www.samaritans.org

SHELTER: 0808 800 4444

england.shelter.org.uk/ (homelessness)

STONEWALL: 0800 050 2020

Jubilee Flower Festival

The Flower Festival was a great success. We had a steady flow of people Friday, Saturday and Sunday. It was lovely to talk to people after 2 years of not being able to do so. There are lots of photos available on the church website. We had beautiful formal flower arrangements, a country path complete with wellies down the main aisle.

The bellringers did an interesting display with flowers, trees and old bellringing equipment. We had photos of old Burton, art work from the Art Group and School. The ladies badminton did a red, white and blue arrangement complete with shuttlecocks. There were displays by Open the Book, our church visitors and the Mother's Union. We had the WI prizewinning exhibit from Country Fest. The Burton Singers decorated the Choir Stalls. We had beautiful red poppies made by Paula. There were activities for children and delicious refreshments.

I had the idea for the Flower Festival but the catalyst to get it all going came from Joyce (daughter of Joan Foster) who was born in Burton but now lives near Rochdale. She saw it in Burton News and rang me offering to help. We organised a meeting and so many came forward with ideas and so it all took shape. I would like to thank all the flower arrangers, the groups who made displays, the ladies who made cakes and refreshments and everyone else who helped in any way. Also thank you to all the people who came to see the flowers. It was a great weekend.
Margaret Carr



At your Cervix ... Day in the Life of ... An Obstetrician

Adam Kay may have done a lot to illuminate the life of an Obstetrician (BBC “This is going to hurt”) but, as an insider, I feel he misses the point. I will try and explain why – here is a typical day on the labour ward.

Handover is at 0830. Present in the handover room are the midwife coordinator of the day, me as the oncoming consultant, a specialist registrar (like Adam but this one is Katy) and a GP trainee, Simon. The night staff (registrar and junior doctor) look bedraggled and tired – they are at the end of a 12-hour shift and want to go to bed. The anaesthetic consultant and registrar also attend. There are 12 beds on the labour ward and 6 of them are occupied (this is a good start – it could be a lot worse).

As usual, the midwifery team are understaffed due to Covid sickness. One Mum has had a normal birth and is waiting to go to the postnatal ward. Another, let’s say Sarah, had an emergency caesarean section yesterday. She is being treated and monitored for high blood pressure. Samira has been transferred to our unit from a neighbouring trust because she is possibly in premature labour and, at 23 weeks gestation, her own hospital would not be able to care for the baby. The next two rooms have women whose labours are being induced, Elena because she is diabetic and the Hannah because the baby has not been growing well on the last few scans. Elena has made it to the second stage of labour – this means the neck of the womb has completely opened and she is actively trying to push her baby into the world. She is Romanian and does not speak much English. Hannah is in the earlier stages and just started on a drip to get her contractions going, she is under the care of the ESMT (Enhanced Support Midwifery Team) because she is on Methadone and had her last baby removed because of domestic violence. The last woman to be handed over, Joanne, is in her second pregnancy, she had a caesarean section last time and her waters broke 2 days ago. The contractions started yesterday, and the labour has been progressing, although slowly. She now has a high temperature and the night staff have commenced intravenous antibiotics. She really wants a normal birth this time. There are also 4 ladies on the ward all having their labours induced for various reasons and another 4 due to come in later today. There is a patient on the intensive care unit who had a heavy bleed at caesarean section yesterday and there is still a planned caesarean section to do which had to be cancelled yesterday because of that emergency.

The next task is a quick round of the labour ward rooms. Sarah tells us she is going to call her new son Lucifer, but other than that, seems fine. Elena has now been pushing for 2 hours and is exhausted. Hannah is just starting to get some contractions. Joanne looks unwell and the baby’s heart rate is fast. Her next examination is due in an hour. Katy goes to help Elena using an on-line interpretation service and I, and Simon, go to the antenatal ward. Halfway through seeing those patients the emergency bleep goes off and we hurtle back upstairs to be greeted with – “it’s OK – the shoulders got stuck but we got it out”. This is Elena’s baby. Pulses coming slowly back to normal we go back downstairs to continue the round. I wonder if the interpreter is OK.

10am and Joanne has made no progress, a long conversation later she realises that things are not going as she had hoped, and she will have to have another caesarean section. At 10:30 she goes into theatre. Halfway through the procedure, Katy comes into theatre to tell me that Hannah's baby is showing signs of distress and she wants to take a blood sample to check its oxygen level. Simon and I finish up quickly and warn theatre they may need a rapid turnaround. The blood sample is borderline – meaning that it will need to be repeated in 30 minutes - but Hannah's cervix is now 8cm dilated so she is nearly there. We spend an anxious 30 minutes watching the baby's heart trace while both writing up our notes and then Katy goes back to do the second sample – stepping back quickly when she sees a head descending at speed to allow the student midwife to catch the baby.

It is now 1pm, thinking that the theatre staff should have had time for lunch, and we have a lull in proceedings I ask if we can send for the elective caesarean from yesterday. As this blocks the emergency theatre, I have to be reasonably sure that emergencies are not going to happen, always a judgement call. We do a team brief and then I have a few spare minutes to go to ITU to see if yesterday's patient is fit for transfer back – she is, and is desperate to see her baby. The transfer is arranged with the coordinator who needs to find (Knit? Grow?) a midwife to care for her. Katy is in theatre with Simon. The emergency buzzer sounds, Samira's waters have broken. The neonatal team are "crash bleeped". I gently examine Samira to find the baby is low down and feet first. As the neonatal team run in, I get Samira to give me one big push and a very tiny baby makes her early entrance to the world, to be put in a plastic bag for warmth and handed over to the experts. She has a long journey ahead of her even if all remains well but she is moving and trying to breath. The neonatal consultant is not impressed that we have sent him 3 babies today – Hannah's with low blood sugars, Joanne's for possible infection and this one – they are now full and closed to further admissions.

Elena is on her way to the ward, proudly cuddling her baby boy. 2 hours after giving birth, Hannah wants to go outside for "some fresh air". None of the midwives have had a lunch break. The coordinator arranges breaks and I review Sarah whose blood results and monitoring are all improving meaning that she, also, can go to the ward. Things are looking up when I get a call to triage (like A&E for maternity) to see 3 women who have been waiting an hour. One has had a scan showing reduced growth, one has an abnormal blood test result needing action and the third is the call that makes your heart sink, a woman who is covid positive whose baby is not moving at 19 weeks and the midwife cannot detect a heartbeat. This time, thankfully – through a barrier of PPE, I am able to see on our portable scan machine that the baby was just hiding and its heart is beating normally. A very emotional few moments with misting visors all round! Once in triage, it is hard to get away. When I take a breath, it is 5:30 and my replacement has arrived on the labour ward. The hand-over board is almost empty, there are just two new arrivals from the ward, the ITU patient and Joanna, still on iv antibiotics. My colleague asks what I have been doing all day!

Fiona Thexton



Fitness Is Fun!

The last few articles have given a guide to the types of exercise that could provide all round fitness, but what if you're in a bit of an exercise rut? You're making excuses as to why you can't:

You're too tired; you've no time; you're bored with what you're doing.

NOT a reason to give up on yourself or your health! There are loads of ways to fuel that fire and get the motivation back.

This month.....**The Mind**

1. Think **WHY** you want to exercise. Apart from having the ability to do whatever you've chosen to do, exercise has other great benefits. Feeling more energized; overall health improvement; the social factor.
2. Think **POSITIVE**. If you've allowed your fitness to drop, don't focus on what you could once do. Set a new goal; make a new start from where you are now. Perhaps take up something different. A strong foundation of health and wellness provides the power of choice!
3. Appreciate everything you can do. The human body is an awesome machine.
4. Avoid beating yourself up. Acknowledge you've slipped up a bit but you're now back on track.
5. Avoid social media comparisons....enough said!!
6. Enjoy the **JOY**...those endorphins are powerful!

As always, partners and kids can feature....they might just give you the **WHY**.
Have fun!

Jan Abbott - *It's never too late to be fit for life. It's your life----live it, love it.*

Plant Sale

Bring more colour to your garden!
In support of St James' Church and the Memorial Hall
Saturday 2nd July
2 Station Lane, Burton



HISTORICAL FOOTNOTE by Roger Bingham

SOCIAL CHANGES IN BURTON HALF A CENTURY AGO

In 1969 houses were much in the news as the younger generation of baby boomers were beginning to go over to buying their own homes, in contrast to the immediate post war phase of rented council houses. Moreover, the recent 'Maude Report' had laid down that our rural villages should double in population. Hence Burton was witnessing the creation of Vicarage Close, Morewood, Mowbray and Thornleigh Drives, Hutton Close, Burton Park and a start to St. James' Drive.

An incredible reticence was shown in advertising houses which were generally not photographed, nor even an address given. Thus, for several weeks there was advertised 'a three bed modern detached bungalow with CH, 2 recept. and Tidy Garden in a quiet cul-de-sac in Burton R V £86'. But which cul-de-sac the House Agent was not letting on unless you contacted his office. The asking price for this property was £5,140 which was quite high as a one year old semi in Station Road was for sale at £3,550 and a brand new Russell's built semi-bungalow on Heron Hill in Kendal could be bought for £2,950. At the top of the market offers were invited for Borwick Hall – advertised as being 'One of England's Stately Homes'.

In the news was an account of a 24 year old Kendal man being fined for smoking Cannabis, a 17 year old Burton 'man' was fined £5 for damaging a fluorescent traffic bollard when walking home from a party at Heversham. Mr V Gray, headmaster of Milnthorpe Secondary School

addressed the Burton Women's Institute on 'The Child of The Future'. The Mother's Union visited Conishead Priory and Holme 'Old Aged Pensioners Club' went on a motor coach outing – to Bentham. Sadly 43-year-old Mr Dennis Wilson of Church Bank Farm was found dead 'from natural causes' in one of his fields.

New roads were causing much anxiety. A protest campaign was being orchestrated against the proposal to route the Levens Link Road (from the M6 at Crooklands to the soon to be opened Kendal Bypass) across the historic avenue of oaks in Levens Park. There were also salacious rumours of goings on at the workers encampments near Clawthorpe while an open verdict was recorded on a labourer who was crushed to death by a bulldozer on the stretch of the M6 being built between Burton and Tebay. I wonder what historical changes will be highlighted in another 53 years time. RKB.

Annual Gift Subscriptions

If you know of anyone who may like to receive BN regularly each month, why not buy them an Annual Gift Subscription? For £12 within the UK they will receive a copy of BN each month (11 copies per year). A great way for family, friends and former residents to keep in touch with what's happening here in Burton. Anyone interested should contact BN at the address in the box on page 2.

MORECAMBE BAY FOODBANK

We are still collecting for the Morecambe Bay Foodbank, if you have anything you would like to donate please would you pop them into one of the collection boxes at 4 Drovers Way or 31 St James' Drive. Thank you on behalf of those who are in need of your help

Burton's Sky at Night

Unable to resist the editorial requests from Burton News here is a new article which, given sufficient interest, may appear on a seasonal basis. There are a few of us in the village who have more than a passing interest in astronomy and the skies above us once the clouds part and the stars appear. The pages of BN, as wonderful as it is, are not greatly suited to astronomy images so please take time to take a look on the Burton local FB pages. There has been somewhat of a revolution in amateur astronomy over recent years primarily down to the advances in digital photography and in the ability to process the images on the average home PC. Astrophotography is a branch of photography with its own alien language, immense setbacks & frustrations, a bottomless well of new gadgets and, eventually, the rewards akin to a child awakening on Christmas morning.

Looking through a telescope at objects on a clear starlit night can be exciting & rewarding but it's once you attach a camera to that telescope (or indeed telephoto lens) that the wonders of the universe start to be revealed. The reason for this is that our eyes are just not sensitive enough to see such faint objects. Once the camera is set up and attached to a tripod or tracking device you can leave the shutter open for long periods of time to collect and store the tiny amounts of light on to one image. This is then repeated many times and then all the frames are added together (this is a simplified potted version for some fairly nifty computer programmes and mathematics!). Indeed, for some images you might well be looking at a total exposure time of 15-20 hours.

Obviously, the likes of NASA and ESA don't spend billions of \$/£/€ putting telescopes of various types high above the atmosphere for nothing. Down here on 'terra firma' we are never going to reproduce the quality images we often see from the Hubble telescope, but it is quite remarkable what can be achieved from ones back garden with a little bit of effort and learning. I hope you enjoy some of the images online and the image opposite. Next time there is a clear starlit night, take a look upwards and just think how we are a part of a universe of amazing beauty as well as incredible awe and wonder.

In our Skies to look for this summer:

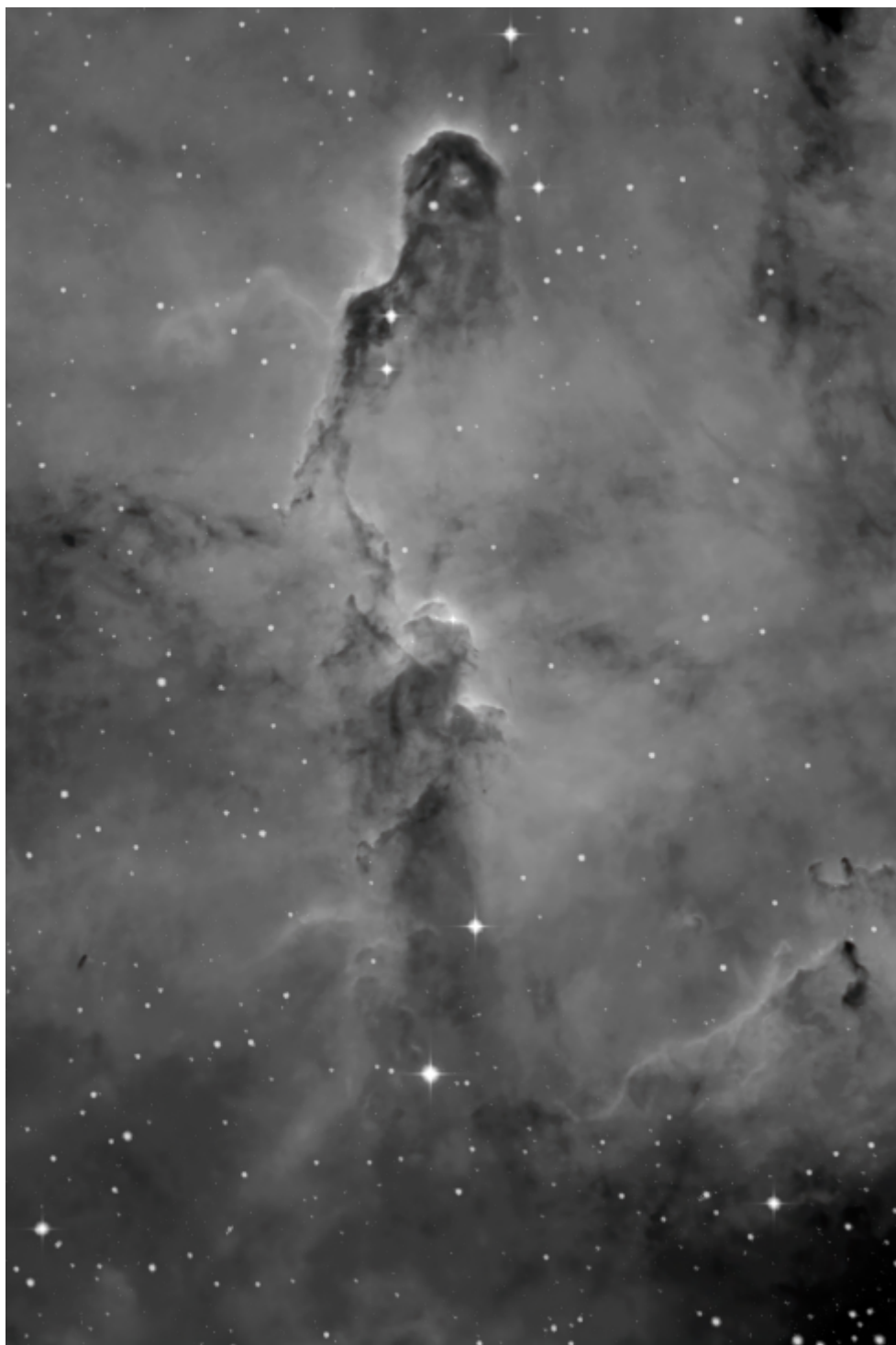
Around 3rd July, 1st Aug, & 31st Aug a crescent new moon setting in the west just after sunset.

Full Moons can be seen 12-14 July (Buck Moon), 11-13th Aug (Sturgeon Moon), and 9 -11th Sept (Corn Moon).

Views of the Milky Way, diving towards the southern horizon, are at its best from around midnight onwards in July, from 11pm August, and from 10pm in September.

Finally, if you are a very early riser (4AM) Venus Jupiter and Mars are visible in the eastern skies just before sunrise over next 2-3 months.

If anyone would like any further information or “attempted” help in getting started in astronomy and astrophotography please feel free to drop me a private message on Facebook or send me an email at BurtonAstro@gmail.com



IC1396/SH2-131 Elephant Trunk Nebula in the constellation Cephus and approximately 2400 light years away.

Taken in in Ha and Oiii light, exposure approx. 8 hours total.

Stephen Thexton

Burton-in-Kendal Voluntary Car Scheme

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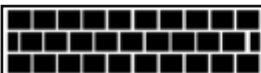


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manager@fairbanksociety.com
www.fairbanksociety.com

BURTON CALENDAR

Every Monday: Boot Camp 6-7pm with Georgia Wilson MUGA
Every Thursday: - Fusion Fitness 9:30am to 10:30am BMH

JULY

Every Friday - Art Group 9.30am to 12:00 Noon BMH

Monday 4th - Coffee Morning and Book Drop 10-11am BMH

Monday 11th - 1.30pm to 4pm - Craft Group BMH

Monday 18th - Book Drop 10-11am BMH

- 6pm Local History Society Outdoor Meeting
"Walk to Jenny Brown's Point"
(NB - limit of 20 attendees, book via Kath Hayhurst)

Monday 25th - Art & Craft Society AGM & Talk 7.30pm to 9.30pm BMH
"The Nation's Favourite Paintings" talk by Dr. Ron Ward

AUGUST

Every Friday - Art Group 9.30am to 12:00 Noon BMH

Monday 1st - Coffee Morning and Book Drop 10-11am BMH

Monday 8th - 1.30pm to 4pm Craft Group BMH

Tuesday 9th - Burton First Responders AGM - 6.30pm Clawthorpe Business Centre

Monday 15th - Book Drop 10-11am BMH

2pm - Local History Society Outdoor Meeting
"Penrith Visit" with Barbara Blatchford

BMH = Burton Memorial Hall
MUGA = Multi-use Games Area [Behind the Royal]