

BURTON NEWS

THE VILLAGE NEWSLETTER

February 2023 Issue 332



Contents

Editorial 2-3
Readers Letters 3
Society reports 4-5
BMH News - 6-8
Foodbank Appeal 9
Fitness First 10
George's Treasures 11

Local Walk 12
B4RN Update 13
Roger Reports 14-15
History Notes 16
Up For A Challenge 17-18
Vicar's Letter 20
Calendar 28

BURTON NEWS

Please send us your letters - articles - events
news - stories - recipes etc for publication

**Drop them into The Village Store,
Main Street, Burton**

or send by e-mail to

burtonnewseditor@gmail.com

**Next Editorial Committee Meeting
21 February 2023**

**LAST DATE FOR COPY
21 Feb 2023 for the March issue**

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The views expressed within Burton News
are not necessarily the views of the
Editors or the Editorial Committee

EDITORIAL

February already! We hope all our
readers had a good Christmas & New
Year break, and that if you were doing
"Dry January" you managed to stick to
your plan despite the gloomy weather.

Welcome to the first edition of Burton
News in 2023. We're pleased to include
a review of the wonderful Carol Concert
given by the Burton Singers (see page
5), as well as our usual articles and
news about the upcoming activities of
various societies and groups.

At our December get-together for the
volunteers who so diligently distribute
Burton News our long-standing
contributor Roger Bingham confirmed
that he will step down from his History
Footnote articles in March. Roger of
course ceases to be our Council
representative on 31st March as the
new Westmorland & Furness Authority
takes flight on 1st April. His penultimate
Council and History Footnotes articles
are well worth a read.

For those of you looking to improve or
maintain fitness as part of your 2023
resolutions we include a short walk
around Warton Crag. We are also
pleased to welcome the return of Jan
Abbott's 'Fitness Is Fun' articles. This
month, an introduction to the concept of
chair-based exercise. There is also an
opportunity to try out the new (to us at
least!) game of Pickleball at BMH on
the 8th February (see page 8).

We were delighted to hear of the strong
response to the Foodbank appeal in the
December edition; but the urgent need
continues, see page 9 for details.
Please help if you can.

Please would readers note that letters & articles must include a valid name & address. This can be withheld from publication on request. We will not publish any anonymous letters, or material which, in the opinion of the Editorial Committee, is of an offensive or defamatory nature. BN reserves the right to edit letters & articles in the interests of magazine space.

EDITORIAL (Continued)

Burton News has previously mentioned the dearth of volunteers faced by the Parish Council and the Sports and Recreation Committee. It is clear that a number of the volunteer led organisations, that do so much for Burton residents, are in need of new helpers to continue their work. This month we also highlight a call for new volunteers to join the 'First Responders' group. See the article on page 15. The start of a new year is often a time for making resolutions. We hope that any you made are going well, and urge you to consider whether you can offer your skills and time to help one of these community groups that make such a difference in our village.

We are still keen to hear from anyone who can help contribute items for future editions of Burton News. Articles about interesting jobs or hobbies of Burton residents will always go down well with our readers. We'd also like to include more items of interest to the younger people of Burton. As editors we can help you prepare an engaging way to tell your story, so do please get in touch! Finally, a big thank you to Kath Hayhurst for her delightful drawing of 'Valentine's Day Swans' for our front cover.

Fiona & Matthew

BURTON VILLAGE STORE - NORMAL OPENING HOURS

Monday - Friday

Shop: 6am - 5:30pm

Post Office : 9am - 5.30pm

Saturday

Shop: 6am to 5:30pm

Post Office: 9am to 12:30pm

Sunday

Shop: 7am - 12 noon

Post Office: Closed

Readers' LETTERS

Dear Editors,

Milnthorpe Angling Association

Fishing the Bela is an opportunity to enjoy a variety of wildlife at close quarters, including otters and kingfishers, whilst fishing for wild trout. The clear water resembles a chalk stream, as much of the water comes from limestone. The fishing and the riverside habitat is managed by Milnthorpe Angling Association. Although it appears to be a Milnthorpe organisation, we are not based in Milnthorpe. The name has been retained since formation in about 1850. The fishing is upstream from Beetham to near Crooklands, coming quite close to Burton. For residents of Burton this is our local river fishing. Thank you for including the Association in the list of groups of interest to residents (*page 19*).

Reg Hesketh

After spending 5 weeks in Blackpool Victoria Hospital following a heart attack I have had by-pass surgery and valve replacement. Thanks to the wonderful team of doctors and nurses I am back on the slow road to a good recovery. But special thanks has to go to my wife, sons, and their families for their support. Also, having lived in Burton for nearly 50 years, we have known many of our neighbours and they have come to my wife's aid in driving her to the hospital over Christmas and New Year period in some bad weather. You know who you are, so many thanks. Also for the kind messages and cars from so many.

Once again may I say a massive thank you to you all.

Roy Healey.

Burton, Holme, and District Local History Society

Monday February 20th - 7.30 pm at B.M.Hall
Annual General Meeting followed by talk:

'The Mystery Chimney at Jenny Brown's Point'
by Simon Williams

A full programme is available on the website
www.localhistory.burtonweb.org.uk



Contact, Chairwoman and Programme Co-ordinator Kath Hayhurst .
Tel. 01524 781613 email kathhayhurst84@gmail.com
New members welcome, Subscriptions are £12/year
Treasurer: Dorothy Spencer. Tel. 01524 781540
email dorothyspencer263@gmail.com

Burton-in-Kendal Art and Craft Society For Demonstrations, Exhibitions, Talks and Workshops

The Craft Group meets Monday 13th February - 1:30 to 4pm B.M.H.
The Art Group meets most Fridays 9:30am - 12:00 Noon B.M.H.

Monday 27th February 7.30pm - 9.30pm
Demonstration by Peter Threlfall
Painting with Acrylics
New and existing members only.



To join the Society contact the Treasurer Paula Firth.
Tel 01524 571997, email p.c.firth@hotmail.com or mobile:07488 328464
or Chairwoman and Programme Co-ordinator Kath Hayhurst .
Tel:01524 781613 or email kathhayhurst84@gmail.com
Subscriptions are £10 per year and include free programme events, free art and craft entries to the exhibition and use of the society library.



Burton Women's Institute

At their first monthly meeting of the New Year the members of Burton WI enjoyed a talk, illustrated by slides, by Kathryn Tanner on her work in the Environment Agency.

Members also voted on the Resolutions for the 2023 Annual General Meeting to be held in May in Cardiff. Burton WI will be sending a delegate to this. The Competition for a Winter Floral Arrangement was won by Linda Green with Rosie McLaughlin second. The raffle was won by Liz Falkingham.

At our February meeting Karen Hanks, our Federation Chairman, will be giving us a talk on 'Village Life in the 60s and 70s'. The Competition - a photograph of yourself in that era. Hostesses – Joyce Hinchcliffe and Anita Shelton.

If you wish to join the W.I. please contact our Honorary Secretary, Helena Nixon on 01524 781048

Burton Fellwalkers

Burton Fell Walkers aim to do three walks each month, except in December. New walkers are always welcome, come and join us! Contact our Secretary Sarah Walker via the website <http://fellwalkers.burtonweb.org.uk> or on 01524 923528.

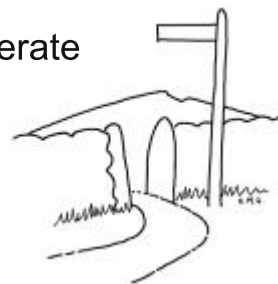
The Fellwalkers Society AGM will be held on Monday 6th February in Burton Memorial Hall at 7.30pm, followed by a slideshow of images from our 2022 walks. All are welcome, to renew membership and help shape how our club runs, or to find out more about the Society.

February walks are as follows:

Sunday 5th - 12 Noon - Kirkby Lonsdale - 5 miles Easy/Moderate

Wednesday 15th - 10am - Silverdale - 5 miles - Easy

Saturday 18th - 9am - Lowick - 8 miles - Moderate



Burton Singers - 10th Anniversary Christmas Concert

December seems long gone now but we can't let the old year pass without a mention of the Burton Singers' pre-Christmas concert. As we have come to expect, the audience were treated to a medley of old classics, well-loved contemporary tunes, and the odd comic interlude beautifully sung by the choir, accompanied by Stuart Wickes and proficiently led by Val Still. There was plenty of opportunity for some well-oiled, loud, and less tuneful audience participation - they even turned the lights on so we could read the words this time! Mick Fishwick once more regaled us with some truly cringe-worthy jokes in the interludes between songs.

As mentioned in December's Burton News, the choir were aiming to reach £10,000 in charitable donations over their 10 year history and they comfortably managed that, raising over £1,000 for the chosen charity, Suicide Bereavement Support Cumbria.

We are all looking forward to the summer concert and I am told that rehearsals are already under way.

Fiona Thexton



**Suicide
Bereavement
Support**
For Cumbria &
surrounding areas

<https://www.sbs.org.uk/supportus>

The Word From BURTON MEMORIAL HALL

Happy new year from us all on the Hall committee. We hope to see you at our events and activities throughout this coming year.

The Burns Night Ceilidh on 21st Jan, our first event of 2023, happens beyond this issue's copy date, but at the time of writing the event is sold out, which is a very encouraging start to the year. We are looking forward to a great night of Scottish food and dancing at the Hall.

On Friday 17th March we will have our Spring Fashion show by Kitty Brown Boutique of Carnforth, and on Friday 14th April we will be holding an Easter Bingo Night. Early May sees the coronation of King Charles and the Hall is planning an event to celebrate this - more details to follow in future issues.

We are also continuing our Warm Welcome Wednesdays every week from 2pm-4pm on Wednesday afternoons, when the Reception Room is open to all to drop in for a hot drink and a chat in comfortable, friendly surroundings. We have games and jigsaw puzzles available as well if you fancy those. We are delighted that we have received a grant from the Cumbria Community Foundation Warm Spots Fund to cover the cost of running these sessions until the end of April 2023.

Age UK have provided us with a display of info about where to go for help if you need it (for over-55s). On Wednesday 8th February the community team from Cumbria Library Service will be attending the session with information about how to access help with internet costs via the Free Data service (a part of the government's National Databank initiative).

If this is of interest please drop in and have a chat with the Library team.

Finally, may I make an appeal via BN: if anyone has a jigsaw holder that they no longer need the Hall would be very grateful to receive it. Ideally we need one with a cover so that we can keep the jigsaw safe between Wednesday sessions, as many of the puzzles are too large to be completed within a 2 hour slot. If you can help please would you give me a call on 01524 781306 or drop me an email at bmh@burtonweb.org.uk - we can arrange collection locally.

Anne Nichols, Chair of the Management Committee



Enjoy a hot drink in a warm and comfortable room.
Chat with others, play a game, read a book, do a jigsaw, bring your knitting, or surf the internet!

Every Wednesday

2pm-4pm at Burton Memorial Hall

HOT DRINKS :: CHAT :: GAMES :: WI-FI



FUNDED BY:
CUMBRIA
COMMUNITY FOUNDATION



BURTON MEMORIAL HALL 200 CLUB

DRAW FOR THE MONTH OF NOVEMBER

FIRST	£27	H.Nixon
SECOND	£16	A. Crayston
THIRD	£11	L. Jackson

DRAW FOR THE MONTH OF DECEMBER

FIRST	£55	S. Richmond
SECOND	£33	M. Carr
THIRD	£22	A. Beck

Anyone wishing to join the 200 Club,
please contact J Orr on bmh200club@outlook.com
Or call 01524 784 939

Cost £12 per number for a year (12 draws)

Why not buy a year's subscription to the 200 Club for £12 as a birthday gift for a family member or friend? If you already have a number, why not buy another and increase your chances of a win?

BURTON-IN-KENDAL PARISH COUNCIL

www.burton-in-kendal-pc.gov.uk

Clerk to the Council

[Christine Davidson](#)

Hilderstone Farmhouse, Hilderstone Lane, Burton-in-Kendal LA5 9RR

parish.clerk@burton-in-kendal-pc.gov.uk

VACANCY FOR PARISH COUNCILLOR

Are you aged 18+?

Do you live in or within 3 miles of the Parish?

Do you own or lease land or property in the Parish?

Do you work in the Parish?

A challenging and rewarding position

Your chance to be actively involved in local issues

**Please contact The Clerk for more details or send your application
letter to:**

parish.clerk@burton-in-kendal-pc.gov.uk

Come And Try Pickleball at Burton Memorial Hall Wednesday 8th February 10.30am to 12:30pm

Pickleball is a fun, easy to learn, highly addictive, tactical game, played on a badminton court over a low net, with an airflow/whiffle plastic ball and a paddle a little larger than a table tennis bat. The game has elements of tennis, squash, badminton and table tennis. It is less hard on the body and suitable for all ages (people of 80+ are playing it!), and all levels of fitness, ability, and mobility.



Come and try it at Burton Memorial Hall this February. Cost for the session will be a maximum of £5 per person, but will be less if sufficient people attend as I am only looking to cover the cost of the Hall hire.

If you are interested you can just turn up, but it would be great if you could email me janeportnell@btinternet.com or message/whatsapp me 07951 111259 so I have an idea of numbers. Happy to answer any questions too.

This link <https://www.youtube.com/watch?v=UlsDAZxzwNU&t> shows you how you play.

Come along and give it a go! **Jane Portnell**



Burton Book Drop & Coffee Mornings

The Coffee Morning & Book Drop will be on **Monday 6th February**

The second Book Drop will be on **Monday 20th February**



Anchor Building,
86 Westgate
Morecambe
LA6 6DD

A huge thank you to everyone in Burton who contributed items to the food bank appeal in December. Anne Nicols reports that;

"The response was heartwarming, both our boxes were full and we had several bags to go to the food bank also, which was just fab!"

Times remain tough for many families who struggle to pay their weekly shopping bills. We are all aware that prices are still rising, with further increases in the cost of gas and electricity likely to happen from April. This is the latest information on the list of items that Morecambe Bay foodbank are requesting as a priority for donations:

URGENTLY NEEDED FOOD ITEMS

Fruit Juice	Sponge Puddings
Instant Mash Potato	Instant Custard
Microwave Rice	Coffee
Hot Chocolate	Large Nappies
Jam	Peanut Butter and Honey

WE'VE CURRENTLY GOT PLENTY OF: Beans and Pasta

There is a collection box in the village at 4 Drover's Way, or items can be taken to the 'Warm Wednesdays' sessions at the Memorial Hall every Wednesday from 2pm until 4pm. Thank you so much for your help. If you would prefer to send a donation to the foodbank rather than give food, you can do this online via their website: www.morecambebayfoodbank.org.uk

Morecambe Bay Foodbank have also asked us to share the link to the Lancaster City Council advice and support web page on the 'Cost of Living Crisis' - which is here - <https://www.lancaster.gov.uk/sites/cost-of-living>

The equivalent web pages for Cumbria County Council are here <https://cumbria.gov.uk/costofliving/default> and for South Lakeland District Council here <https://www.southlakeland.gov.uk/your-council/partnerships/cost-of-living-help-advice-and-support/>

Fitness Is Fun!

What does 'keeping fit' conjure up for you?
Having to go to the gym.....'I hate working out at the gym'
Doing some kind of sport.....'I don't enjoy sport'
Or maybe just a lot of huff, puff and sweat.....'OH NO'



How about reframing all that and thinking of exercise as simply being able to move your body to enable you to do all the things you enjoy doing. The body is the most amazing, joyous machine when it works well and an absolute pain, literally, when it doesn't. When something is painful, we rightly don't use it....the pain is there for a reason....but then we can lose muscle mass over time, leading to decreased mobility and so it goes on.

Well, take a seat and get moving!

Today, I'm simply sowing a seed that exercise can be done in a different way and is important for all ages. Whether you're recovering from injury, have decided you want to improve your fitness, [New Year's Resolutions and all that] or simply getting older as we all are, you can build up and maintain a certain level of fitness from your chair.

Chair exercises come in handy when you have limited mobility or balance issues; limited time; no proper gear to wear. They can increase blood flow, keep joints active and lubricated, strengthen muscles which can all help reduce risks of falls.

A word about posture. For whatever reason many of us are sitting for longer periods which can lead to a change in posture, as we tend to slouch, affecting the way our muscles work. Glutes and core become weaker and less able to support the spine. As said earlier, the body is an amazingly complicated machine when its all firing correctly.

For now, be mindful of how much you move, how the body feels and finally, are you in the best possible shape to take on 2023? As always do seek medical / professional advice if you haven't exercised for a long time, have an injury or specific medical condition.

Next month, Let's get started, seated!!

Have fun!
Jan Abbott

It's never too late to be fit for life.
It's your life----live it, love it.

George's Treasure Trove

During the reign of Henry 2nd 1154-1189, the earlier coinage which was of inferior quality was replaced which would , on the face or “Head” side have a portrait of the monarch and on the reverse side a short cross with a mint mark and legend on the outer edge. Two hundred and forty coins would be produced from each pound of silver. These coins were the pennies of the age and the same number of pennies to the pound remained the norm until decimalisation.

During the circulation of this money, it was soon realised by the unscrupulous members of society that extra profit could be acquired by clipping the edges of the coins and making further use of the silver after the clipped coins had been passed on. To overcome this practice new coins were struck which had a long cross on the reverse, if the terminals of the cross were shortened it would make clipping evident and to further pass on a defaced coin would be difficult. Anyone found in possession of one of the devalued coins was dealt with most severely. It was eventually the practice of the time to produce half and quarter pennies by accurately cutting them, thus producing ha'pennies and fourthings (farthings).



Short Cross coin



Farthing

George Robinson

All Ash Trees and Park View branch surgeries are closed from 1pm for staff training on the following dates:



Wednesday 15th February 2023
Wednesday 15th March 2023

For medical assistance when we are closed please ring NHA 111 or access NHS 111 online.

Local Walks: Warton Crag

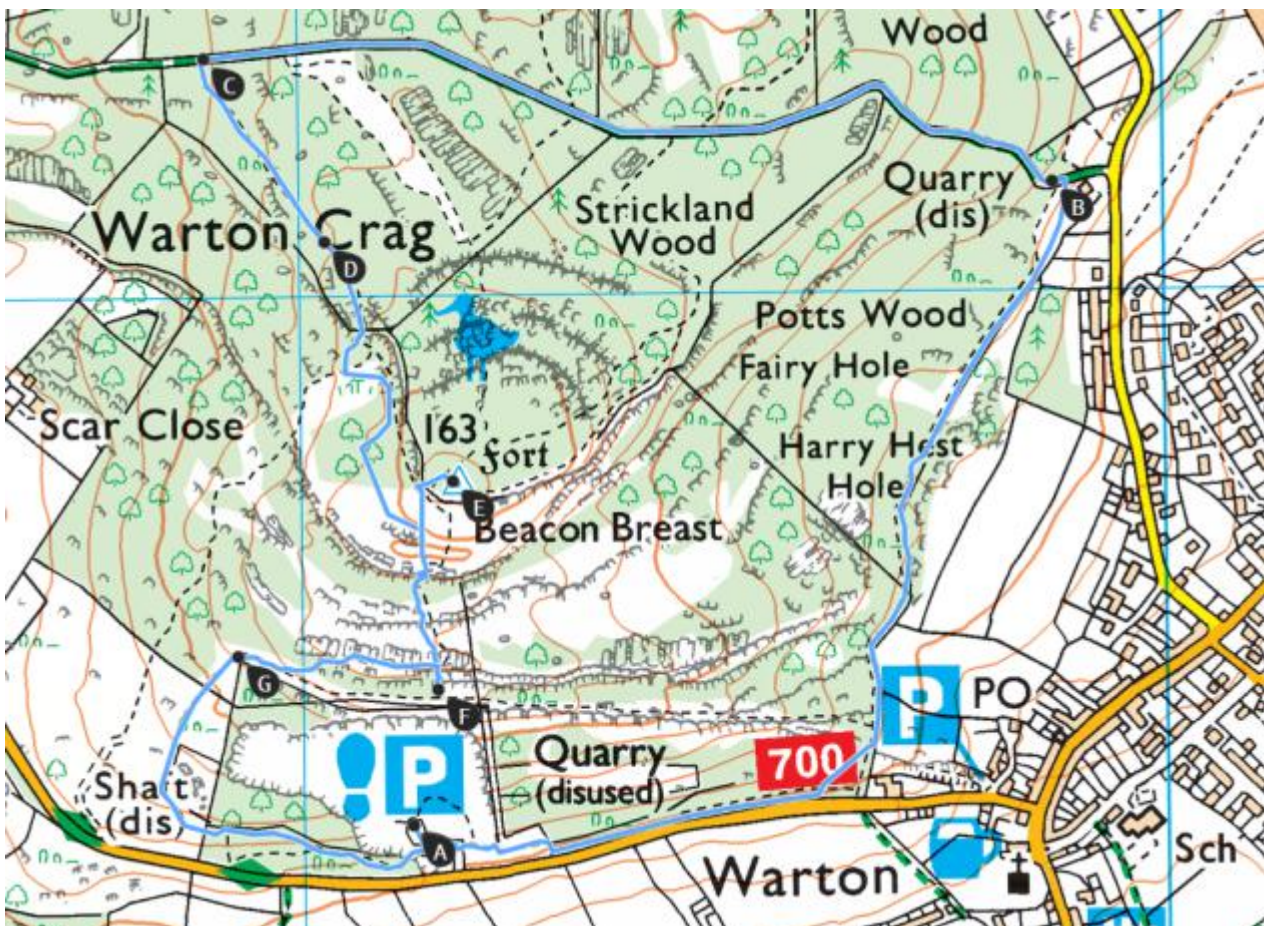
As Spring is in the air, it is time to get out the walking boots for those of us who have let it slip during the long, wet winter. Warton Crag is a short (4km) well marked route around a nature reserve with superb views over Morecambe Bay and the Kent Estuary. You can easily manage it in an afternoon. There are a few gates but no stiles and there is a short rocky section on the descent which could be slippery if wet, otherwise it is an easy walk to a high point of 163m.

Driving through Warton from the North – take a right turn up Crag Road just before the pub. Follow this to a carpark **A** in the disused Warton Main Quarry (there is a smaller carpark at the lower quarry). There is an information board and route map in the car park. The map below shows the longer alternative which is the red route on the notice board.

The anti-clockwise route will give you better views over the Bay so start along a path which runs parallel to the road you have just driven down. Cross the back of the quarry gently ascending along the bridleway until you reach a signposted left turn through the woods **C**. The path is again fairly well-marked with little white arrows and keeps ascending until you reach the beacon and trig point at the top (very slight detour from the path) **E**. Head down to the edge of the quarry **F** (well fenced) and then turn right to go around the edge. Best views are from point **G**. From there the path takes a slightly steep descent over rocks to take you back to the car park.

Enjoy your walk.

Map taken from the “outdoor-active” app.



B4RN 4 BURTON 2023

Last year saw considerable progress in being able to connect residents on the northern and western sides of the village. In the first half of the year, the so-called 'hard dig' of pavements and roadways caused significant disruption. However, the benefit is now that nearly everyone on Vicarage Lane, Vicarage Close, Hutton Close, Tanpits Lane, Burton Park, St James's Drive and Neddy Hill can get a B4RN connection, if they so wish. Please visit the B4RN website for details of how to apply.



B4RN is a not for profit community benefit society. As such they have provided free 1,000 Mbps connections for Burton Morewood School and the Memorial Hall. To date we have connected 172 properties in the parish of Burton, roughly a quarter of all homes. Some properties that lie on the Main Street, Dalton Lane, Thornleigh Drive and on the other side of the motorway are particularly difficult to reach.

In 2023 we plan to make further connections on Church Bank Gardens, The Globe, Boon Town and the west side of the Square.

Later this year I am led to believe that B4RN will be introducing their own VOIP (Voice Over Internet Protocol) phone service. This will allow you to retain your old landline number but speak through your existing B4RN internet connection all for £9/month.

We are conscious that a number of residents will have taken out contracts, probably of two years duration, before we were able to offer them a B4RN connection. If you would like a connection, and have 12 months or less to run on your existing contract, B4RN are offering a connection for just £5 per month on top of your existing contract (Connect+). There is a connection fee of £60 but that includes any digging in needed and the house fit.

Like many other internet providers B4RN is now offering a Social Tariff at £15.00/month. If you are eligible you would potentially save yourself £216 a year. There are details available at the school and on the Post Office screen.

Martin Sansby

B4RN4Burton	B4RN4Burton@gmail.com
B4RN homepage:	https://b4rn.org.uk/
Get B4RN:	https://b4rn.org.uk/postcode-checker/
Connect+:	https://b4rn.org.uk/connectplus/
Social Tariff:	socialtariff@b4rn.org.uk

Roger Reports...

From the County & District Councils

As in my last report I have little news as there are only two months left for both South Lakeland District Council and Cumbria County Council. The wind-down is very apparent in declining member attendances. As in the autumn at District Cabinet meetings there are often more opposition Shadow Cabinet Members present than the portfolio holders while barely half the members were present at the most recent County Council. Officers continue to be difficult to contact, perhaps because many seem to be working from home. Most new Senior officers have now been appointed.

I am pleased that the Westmorland and Furness Head of Highways will be Angela Jones, who has led the Cumbria team for some years. I have found her most helpful in dealing with Motorway issues and she is also knowledgeable about canal matters like Crooklands Bridge. I have become seriously worried about road accidents as there have been five fatalities since August within 'my' Lower Kentdale Division; respectively on the Prince's Way at Heversham, two deaths on the A65 near Summerlands, at Gatebeck Road in November, and on the A6070 south of Burton in December. The last fatal incident was on the final day of the extreme cold spell when the

You can contact Roger as follows:
South Lakeland District & Cumbria County
Councillor R.K. Bingham
The Smithy, Ackenthwaite,
Milnthorpe, Cumbria, LA7 7DH
Tel: 015395 63694
e-mail: roger.bingham@cumbria.gov.uk

temperature dropped to -14C below, so icy road surfaces might have contributed. In other cases, speeding and driver error may have been factors but despite uncorroborated evidence and the usual instant demands that 'the council should do something', any road regulations cannot be modified until after the many inquests.

During the bad weather I think we were reasonably well served by council employees who kept the main roads open although village and suburban roads had a lower priority which affected travel for many residents. Thankfully, our refuse workers kept going so most households had their seasonal waste collected.

As a retiring member, I am relieved that I am spared the budget processes which used to take up much time during winter. For information about next year's finances, you'll have to consult the new unitary member. On projections for 2023 -24 I have heard an unconfirmed rumour that both Cumberland and 'our' Westmorland and Furness authority will, at first, run at a deficit. So far, the distribution of assets has not been made public.

Last time there was a council reorganisation, in 1974, SLDC's share out from the 'extinguished authorities' provided funds to build the 'Westmorland Leisure Centre', in Kendal. The new Unitary Authority Councillor will, I'm sure, brief you on the Westmorland and Furness budget for 2023-24. Personally I was disappointed, because the basic aim of Local Government Reorganisation was to save money, that the Council Tax will go up by 4.9% including 2% for Social Services.

One other change is that Second Homes will pay twice the rate charged for permanently occupied dwellings. In the past it took me and a Lib Dem colleague, Stan Collins, about 20 years to bring their CT up to that of the General Rate.

I do not as yet know how the £600,000 government grant for the Canal will be used on our stretch of the waterway, but I trust my unitary successors will keep an eye on the Northern Reaches and, also, on our public footpaths.

Finally, I am relieved that the former Westmorland County Hall (known officially, since 1974, as the County Offices) will become the new HQ for Westmorland and Furness which will have subsidiary bases at Barrow and Penrith.

All the best for the New Year. Roger.

**You can contact Vicky Hughes as follows,
Shadow Authority for Westmorland & Furness
Council:**

Burtlands

Station Lane

Burton-in-Kendal, Cumbria, LA6 1HR

Tel: 07785 923940

e-mail:

Vicky.Hughes@westmorlandandfurness.gov.uk



Community First Responders can save lives! These volunteers are alerted by the ambulance service if there has been a local 999 call for possible cardiac arrest. The team are trained to provide cardiopulmonary resuscitation and use the automated defibrillator.

In this situation seconds can be critical and the ambulance service – under great pressure – may not make it in time. Due to the intense pressure on the services, volunteers may also be mobilised for “lower acuity” 999 calls to slips, falls etc.

The Burton team is at a critically low level, we desperately need more volunteers. Would you like to help your community, could you also save your neighbour’s life? Please get in touch with me for more information and any questions you may have about joining the team.

Hayley Owen

hayleyowencc@aol.com

Monthly Lunch



Age UK monthly lunch is held at the King's Arms on the 2nd Wednesday of each month at 12:30pm.

The February lunch will be on
Wednesday 8th February.

To register interest please telephone the Age UK office on 01539 728118.

HISTORICAL FOOTNOTE

by Roger Bingham

HISTORICAL POST SCRIPT Part One: February 2023.

This will be my next to the last Historical Footnote as I officially announced my retirement in December; hence my calling it a 'postscript'. To my surprise I was presented with gifts by the Burton News team to whom I am most grateful and, especially also, for their publishing my copy for over thirty years. This meant that for my first decade as Burton and Holme's South Lakeland District Councillor I did not contribute to BN's predecessor The Parish Magazine organised by the Church. I began with History Notes and then went on to report in a non-party biased way (I hope) my gleanings from the District Council.

South Lakeland District Council (SLDC) was far busier than it became; as before 'Right To Buy' we had 6,000 council homes to care for, and also Leisure Services which included Grange Baths – (the term Lido was never used), The Westmorland Leisure Centre (which was not called Kendal) the Coronation Hall in Ulverston and every form of Parks, gardens and Playgrounds - all of which are now run by independent trusts or businesses.

Most SLDC meetings were held in daytime, to enable members to play their part in local matters that are held in the evenings like Parish Councils and School Governors meetings. Sometimes meetings could last from 9 am to 6pm. But we could claim a full restaurant lunch - while Nelly –the tea lady clattered round every hour during meetings and, even when I was in full flow, would interrupt me with 'Alright Roger, is mother nicely?'

At that time we were accommodated in Strcklandgate House next to Kendal Library. When we opened new premises behind the Town Hall in 1991 I chaired the first meeting (licensing) held in the new Council Chamber.

The biggest difference in meetings between then and now is that they were held literally in a smoke filled hall, with every desk provided with a tin ash tray but not with microphones. Above all, there were no computers hence the need for so many offices and the huge typing pool where lady typists compiled reports and letters they had taken down in short-hand, dictated by the invariably male officers, and printed on 'Gestetners'. *

Everybody addressed each other as Mr, Mrs, Miss or Councillor. Christian names were rarely used and certainly not by me, who along with Ruth Burrell (who died last December), were the youngest members of the council. Councillor Musgrave from the Lakes had served in The Great War. With my mop of long hair he thought I was a Communist hippy.

Next month I'll sketch changes in Burton during my nearly 40 years as your representative.

** Editors' Note: A 'Gestetner' was a type of duplicating machine, named after its inventor, David Gestetner. It involved writing, or typing, onto a thin sheet of wax-coated paper, creating a template, through which ink was squeezed in the printer onto multiple sheets of paper to duplicate the original.*

Up for a Challenge?

CHRISTMAS CODEWORD SOLUTION

E	L	A	P	I	D			M	Y	R	R	H
S		M		N		L		A		I		A
K	I	N	G	S		A	R	R	I	V	A	L
I		E		P		T		Y		E		L
M	E	S	S	I	A	H			B	R	I	O
O		I		R		I	N	N				W
	M	A	G	I				A	R	G	O	
J				T	E	A		Z		A		F
O	X	E	N			C	H	A	M	B	E	R
S		N		Q		R		R		R		O
E	N	T	H	U	S	E		E	X	I	S	T
P		E		A		S		T		E		H
H	E	R	O	D			C	H	I	L	L	Y

Note: Elapid = a venomous snake

Lathi = a heavy wooden stick

Editors' Note: Our grateful thanks to Clive Horsford for providing this puzzle, and for giving us the solution!

Up for a Challenge?

EVENTS AND ANNIVERSARIES IN 2023

1. 2023 will mark the 100th anniversary of the discovery of which famous ruler's tomb?
2. This year sees the 70th anniversary of the 1st James Bond novel. What is its title?
3. Which major London event returns to its usual month of April in 2023?
4. In 2023 we will get an extra May Bank Holiday because of the coronation of King Charles III, but in which year was 'Whit Monday' declared fixed; to become a Bank Holiday on the last Monday in May?
5. Which famous film company marks its 100th birthday in October 2023?
6. Which country became the 20th to adopt the Euro currency in January 2023?
7. Which historical event involving Great Britain and America marks its 250th anniversary this year?
8. What is the name of the crown that will be placed on King Charles III's head at his coronation?
9. Where is the 2023 Eurovision Song Contest going to be held?
10. Which iconic, globally famous, building & city landmark sees marks its 50th birthday this year?



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Workshop or Demonstration most months
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www.burton-in-kendalartandcraft.weebly.com



**Burton
Womens
Institute**

Meetings held at Burton Memorial Hall on 2nd Thursday
each month (except August & September).
To join contact Helena Nixon on 01524 781048



**Burton
Singers**

A community choir based in Burton.
If you would like to join us then please contact
Val Still on 07799 246415



**Burton
Bowling
Club**

Club night each Monday at 6.30pm at green during season.
Enquiries to Treasurer Eunice Jamieson on 07307200648



**Ladies
Badminton**

Every Tuesday in Burton Memorial Hall 1.30pm to 2.30pm
If you would like to join please contact Sue Humphreys
01524 781596, or just turn up! £2 per session



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email: graham@burtontennisclub.co.uk m:
07887397153



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e-mail milnthorpeaa@hotmail.com



**Table
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Enquiries to Martin on 07740 933463.



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+ HIT**

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Wed 6.45pm Burton Morewood School
Contact: John 01524 781707



**Burton
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At least 3 walks per month - of different grades. New
members always welcome. To join please contact our
Secretary: Sarah Walker 01524 923528
website: <http://fellwalkers.burtonweb.org.uk>



**Scottish
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Meets at Storth Village Hall on Tuesdays 7.30pm to 9.30pm.
Beginners welcome. Contact Ainslie Dunnett on 07708
654390 ainslie.dunnett@btinternet.com or Pauline Hampson
on 07706 697306 paulinehampson2016@gmail.com

Vicar's Letter...

Hope Explored

Dear Friends,

It's no exaggeration to say that without hope our lives are done. We all need confidence that we are moving towards something better than our current circumstances – some reason to believe that the business will make a profit, the illness will recede, the relationship will improve and the world will become a better place than it is now. We want to be sure that the things we are doing today are going to make our lives, or the lives of those we care about, better. If we don't have that hope, why do anything at all?

“Hope is a spark inside you that brings a smile to your lips, a light that shows on your face, a feeling that lifts your head and pulls you forward.” That's why dashed hopes are so hard to bear and why hopelessness is so destructive. At the end of 2021 it seemed to me that many people were struggling to find the hope that they knew they needed. And then we had 2022, the year that yanked the rug from under the feet of so many in our country. Hope is more elusive than ever. Although we know that most of our great-grandparents found hope in the promises of Jesus Christ, hardly anyone would think of looking there now. ‘Hope Explored’ is a brilliant and clear explanation of the things that our culture has forgotten – the hope that Jesus offers – and the evidence for thinking that this is not just wishful-thinking nonsense but a “joyful expectation for the future, based on true events in the past, which changes everything about my present”.

‘Hope Explored’ is an informal and relaxed three-week course. It's for anyone who wants to find hope, peace and purpose in life. The next little groups of explorers will be meeting on three Thursdays beginning on 2nd February (either afternoon or evening). It's not too late to join us and you will be very welcome.

You can find out more from our church website www.burtonandholmechurches.org And do please ring or text me if you want to ask more or to let me know that you are interested in joining us.

Sincerely
Graham Burrows
01524 781210 07740 622962
vicarburtonholme@gmail.com

HOPE | EXPLORED

WHAT'S THE BEST FUTURE
YOU COULD EVER IMAGINE?

Hope Explored is an informal and relaxed three-week course. It's for anyone who wants to find hope, peace and purpose in life. It's completely free. You don't need to know anything about the Bible, and you won't be asked to pray or sing. You can ask any question you like, or you can just listen. Whoever you are, whatever you're thinking, Hope Explored is a place for you to discover the hope of a future that is better than you could ever imagine.

Thursdays
2nd, 9th and 16th February 2023
2.00 – 3.30pm OR 7.30 – 9.00pm at
St James Vicarage, Glebe Close, Burton

Please get in touch if you would like to know more or to let me know that you are coming.

Graham Burrows 07740 622962
vicarburtonholme@gmail.com

Burton and Holme Churches
www.burtonandholmechurches.org



St James, Burton & Holy Trinity, Holme	
The Vicarage, Glebe Close, Burton	
T: 01524 781210 M: 07740 622962	
E: vicarburtonholme@gmail.com	
W: www.burtonandholmechurches.org	
Burton St James details	
Wardens: Michael Carr	781503
Brian Whalley	782296
Administrator/Treasurer:	
Pat Whalley	782296

St James Church Burton

February 2023 Services

Sunday 5 February

11am Morning Worship with Communion

Sunday 12 February

11am Morning Worship

Sunday 19 February

11am Morning Worship with Communion

Sunday 26 February

10am Joint Morning Worship at Holy Trinity Holme

You are very welcome to join us on Sunday mornings in St James Church. Our church website is www.burtonandholmechurches.org Recent sermons can be watched or listened to on the 'Sundays' page. Service times can be checked under 'Coming Up' on the 'Welcome' page. *Services at our sister church, Holy Trinity Holme, are usually at 9am each Sunday.*

Open Church: The church is open to visitors every Friday and Saturday from 10am – 4pm. You are welcome to look around or to use the quiet to think or pray.



OTHER PLACES OF WORSHIP

Silverdale Methodist Church LA5 0RR
Rev. Emma Holroyd 01524 941266

St Mary's RC Church Yealand Conyers
Father Robert Billing 01524 732940
Times of Services can be found at
www.ololcarnforth.org.uk

Warton Methodist Church
www.wartonmethodist.co.uk
01524 732626

Yealand Quakers
01524 781501 / 782052 / 732336

**LEGO BUILDERS
FAMILY EVENT**

Saturday 11th February

10.00am – 11.30am
Burton Memorial Hall, LA6 1NA

OR

2.00pm – 3.30pm
Holme Parish Hall, LA6 1PY

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- Refreshments served.
- For all ages – Duplo corner for the youngsters.
- Children must be accompanied by an adult.

Free tickets available via our church website or from Village Store, Burton / Janet Pereira, Holme 782075

 **Burton and Holme Churches**
www.burtonandholmechurches.org

MORECAMBE BAY FOODBANK

We are still collecting for the Morecambe Bay Foodbank, if you have anything you would like to donate please would you pop them into one of the collection boxes at 4 Drovers Way. Thank you on behalf of those who are in need of your help

Milnthorpe Library

19 The Square, Milnthorpe LA7 7QJ

Monday: 2pm to 6pm

Wednesday: 2pm to 6pm

Friday: 10am to 1pm & 2pm to 5pm

Saturday: 10am to 12.30pm

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Mike Iddon & Martin Sansby. Burton-in-Kendal B4RN Champions

Annual Gift Subscriptions

If you know of anyone who may like to receive BN regularly each month, why not buy them an Annual Gift Subscription? For £12 within the UK they will receive a copy of BN each month (11 copies per year). A great way for family, friends and former residents to keep in touch with what's happening here in Burton. Anyone interested should contact BN at the address in the box on page 2.

Burton in Kendal Parish Council

Meetings

3rd Thursday of every month at 7.30pm
Members of the public are always welcome to observe. Each meetings includes an OPEN FORUM.

Planning applications:

Parishioners are asked to ensure they notify the PC as well as the planning authority of any comments or objections they have about any planning application within the parish.

Website:

Documents relating to the PC may be downloaded or read online here:
www.burton-in-kendal-pc.gov.uk

For further information, contact:

The Clerk - Christine Davidson on 01524 782694

Next Meeting:

The next Parish Council Meeting will be on February 16th, 7.30pm BMH

St James, Burton & Holy Trinity, Holme

The Vicarage, Glebe Close, Burton

T: 01524 781210 M: 07740 622962

E: vicarburtonholme@gmail.com

W: www.burtonandholmechurches.org

Burton St James details

Wardens: Michael Carr 781503

Brian Whalley 782296

Administrator/Treasurer:

Pat Whalley 782296

Burton-in-Kendal Voluntary Car Scheme

If you need transport to hospital, doctor, dentist, optician etc please contact Lynne Herd on 01524 781905. The scheme is still operating but has a reduced number of drivers so if you can spare some time as a driver you would be most welcome. Please contact Lynne for details.

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Morewood School	01524 781627
Burton Nursery	01524 781627
Dallam School	015395 65165
QES, Kirkby Lonsdale	015242 71275
CrimeStoppers	0800 555 111
Police non-emergency	101
Kendal Library	01539 713524
Kendal Hospital	01539 732288
Lancaster Hospital	01524 65944

Council Switchboards

Cumbria CC	01228 606060
South Lakeland DC	01539 733333

SLDC Recycling Information

SLDC Customer Services Desk on
01539 733333

or by email to:

Customer.services@southlakeland.gov.uk

Waste Collection Dates

[www.southlakeland.gov.uk/
bins-and-recycling/collection-calendar/](http://www.southlakeland.gov.uk/bins-and-recycling/collection-calendar/)

Cumbria County Council Highways
Hotline

0300 303 2992

Civil Registration Services

Births, Marriages, Deaths

Registration of Births and Deaths is overseen by the Kendal Registrar's Office, based in County Hall, Kendal. Telephone 0300 303 2472 or email registrationservice@cumbria.gov.uk

Registrations may also be undertaken at Milnthorpe and Kirkby Lonsdale Libraries by appointment only, contact the Kendal Office to arrange an appointment. To arrange a marriage contact the Kendal Registrar. Opening

HELPLINES & LINKS

BULLYING: 0300 323 016

www.nationalbullyinghelpline.co.uk (at work, school, online)

www.kidscape.org.uk (childhood)

CHILDLINE: 0800 1111 (under 18's)

NSPCC: 0808 800 5000

www.nspcc.org.uk (children at risk)

SAMARITANS: 116 123

www.samaritans.org

SHELTER: 0808 800 4444

england.shelter.org.uk (homelessness)

STONEWALL: 0800 050 2020

www.stonewall.org.uk (LGBT+)

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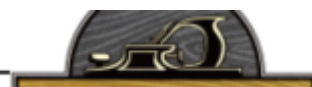
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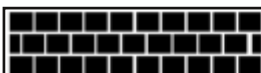


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BURTON CALENDAR

Every Wednesday - Warm Welcome Wednesday - 2pm to 4pm BMH
Every Thursday: - Fusion Fitness 9:30am to 10:30am BMH

FEBRUARY

Every Friday - Art Group 9.30am to 12 Noon BMH

Monday 6th - Coffee Morning & Book Drop 10-11am BMH

Monday 6th - Burton Fellwalkers AGM - 7.30pm

Monday 13th - Craft Group - 1.30pm - 3pm BMH

Thursday 16th - Burton Parish Council Meeting - 7.30pm BMH

Monday 20th - Book Drop - 10-11am BMH

Monday 20th - Local History Society Meeting & A.G.M.

"The Mystery Chimney of Jenny Brown's Point" - Simon Williams

Monday 27th - Art & Craft Group Demonstration 7.30pm - 9.30pm - BMH
Demonstration by Peter Threlfall 'Painting with Acrylics'

MARCH

Every Friday - Art Group 9.30am to 12 Noon BMH

Monday 6th - Coffee Morning & Book Drop - 10-11am BMH

Friday 17th - Kitty Brown Boutique - Spring Fashion Show - BMH

Monday 20th - Book Drop 10-11am BMH

Monday 20th - Local History Society meeting

"Victorian County History - Researching Burton & Its Environs"
Dr Sarah Rose

Thursday 16th - Burton Parish Council Meeting - 7.30pm BMH

Saturday 25th - Art & Craft Society Workshop

"Landscape In Your Favourite Medium" with Cally Lawson