

BURTON NEWS

THE VILLAGE NEWSLETTER

May 2024 Issue 346

BURTON~IN~KENDAL

ART & CRAFT SOCIETY

EXHIBITION

SATURDAY 11th MAY 2024

SUNDAY 12th MAY 2024

10AM – 4PM

Free Admission!

BURTON MEMORIAL HALL

Postcode LA6 1NA

GUEST ARTIST

SHANE SIDLOW

INCLUDES ART DISPLAY BY CHILDREN OF
MOREWOOD SCHOOL

REFRESHMENTS by JAN'S PANTRY



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BURTON NEWS

Please send us your letters - articles - events - news - stories - recipes etc for publication

**Drop them into The Village Store,
Main Street, Burton
or send by e-mail to
burtonnewseditor@gmail.com**

**Next Editorial Committee Meeting
21st May 2024**

**LAST DATE FOR COPY
19th May for June issue**

EDITORIAL

Welcome to the May edition of Burton News.

April saw us hold our annual Public Meeting, and a member of the public actually turned up! Many thanks to Vicky Hughes for coming along to hear about our work (and challenges) and to share her ideas and feedback. We offer our congratulations to Vicky, and to Karen Crayston, on their recent election to the Parish Council.

Our Public Meeting is designed to enable us to share how the previous year has gone, from both an editorial and financial point of view. As Editors we are grateful to everyone who contributed items for Burton News in 2023 - enabling us to share news about village events and provide articles of interest on such topics as local walks, metal detecting finds, local history info, fitness tips, astronomy, achievements at the school, and nature.

Annabel's quarterly series of nature items has now come to an end. We remain keen to fulfil the challenge of getting new items to keep the content fresh, and of interest to all Burton's residents. We do hope to share more from the Parish Council as they progress their community engagement initiatives. As previously mentioned, we'd also like to ensure we have items of interest to younger folk in the village - especially if written by them.

Burton News Information

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The views expressed within Burton News are not necessarily the views of the Editors or the Editorial Committee

Please would readers note that letters & articles must include a valid name & address. This can be withheld from publication on request. We will not publish any anonymous letters, or material which, in the opinion of the Editorial Committee, is of an offensive or defamatory nature. BN reserves the right to edit letters & articles in the interests of magazine space.

Do please get in touch if you have an idea or theme, we are very happy to help you shape it into a piece for BN. We remain grateful to all our volunteer distributors for ensuring that BN gets into your letterboxes so promptly each month.

Our 2023 accounts have been signed off by our independent examiner. We finished 2023 with a bank balance of £3,517.61. That is £729.44 higher than at the end of 2022. Compared to 2022 we decreased expenditure by £460.88, by having a reduced page count in some months. Our overall income was higher than in 2022 - aided by generous donations from the Parish Council, Burton Singers, Bob & Kath Kirkman and Burton Fellwalkers. The total of smaller donations was up by around £300 in 2023 - thank you to all of you who gave us donations - but, sadly, our advertising income fell by £200 compared to the previous year. If you have (or know of) a small business and would like reach our readers, the rates are very reasonable and we would be happy to include your (their) advert.

Whilst it is pleasing to have finished 2023 with sufficient funds in hand to pay for around 9 or 10 editions of BN we remain concerned about our long-term financial health. The June copy of BN will be our 2024 'Fundraising' edition to kick off our annual drive for subscriptions and donations, more on how and where to give donations next month!

Meanwhile, this month's edition has all the usual articles, along with other items showing just how vibrant a community we are lucky to have in Burton. A highlight for May is the annual Art & Craft Society Exhibition, see page 6.

It is well worth attending to see, and buy, items created by talented villagers and also to see the art display by pupils from Burton Morewood School.

We are also glad to give early notice of the Cumbria Family History Society conference at the start of June. The monthly Hall Report also tells us that the BMH AGM will be on 4th June.

PCSO Mandy Coleman gives us excellent advice on how to deal with cold callers - whether they operate by phone or in person. See page 11.

Coincidentally, the recent Amateur Dramatic Society performances at the Hall included a play about a pair of unscrupulous characters - see Anne Nicols' review of an excellent evening of entertainment, on page 12.

May should see the return of swifts to the skies above Burton. Reg Hesketh gives us news of the Swift Group plans for the new observing season on page 14; as well as information about these fascinating birds.

Enjoy watching the swifts, and anything else you get up to from the wide variety of village activities available in May!

Fiona & Matthew

BURTON VILLAGE STORE - NORMAL OPENING HOURS

Monday - Friday

Shop: 6am - 5:30pm

Post Office : 9am - 5.30pm

Saturday

Shop: 6am to 5:30pm

Post Office: 9am to 12:30pm

Sunday

Shop: 7am - 12 noon

Post Office: Closed

Celebration Thanksgiving Service for Holme & Burton Mothers' Unions Tuesday 7th May at 2pm in Holy Trinity Church, Holme

A special celebration Thanksgiving Service for the 100th birthday of the founding of Holme Mothers' Union & 104 years for Burton Mothers' Union which merged with Holme Branch in the early 2000's. There will be an historical exhibition of old memorabilia, photographs, artefacts and a visiting Mothers' Union choir.

There is an open invitation to ex-members of Mothers' Union and anyone in Burton and Home, or to those who have had a connection with either village and also to Kendal Deanery Mother's Union members. We would be delighted to welcome you to this very special occasion!

Judith Fisher (Secretary) Phone: 01524 781157 email: judithfisher73@gmail.com



Age UK South Lakeland are looking for enthusiastic leaders to host our gentle chair-based exercise classes in Endmoor, Grange and the South Lakes area. The classes provide a vital role in helping the community keep fit, active, and healthy in a fun and supportive environment. If you can spare a few hours a week, or just a few hours a month and would like to get involved, please call Suzanne Ambrose on 01539 728118 for more information.

Burton Women's Institute



At their April Meeting Members were informed that tonight's Annual Meeting had been postponed because of absences and sickness of Committee Members. Members also held a minute's silence in memory of Dorothy Spencer - a long-time and popular member, who had died recently.

Our Speaker was Karen Hanks, our Cumbria-Westmorland Federation Chairman, who gave an inspirational, enlightening and amusing talk on the charity 'Riding for the Disabled'. Her visual aids included adapted saddles, stirrups etc which she used with the riders - whose ages ranged from 3 to 18 years.

The competition for a horse was won by Kath Hayhurst with Betty Prickett second - Betty also won the raffle. Kath Hayhurst who had celebrated her birthday recently kindly supplied us with a delicious chocolate cake to add to our refreshments.

At our May Meeting we will hold our postponed Annual Meeting. Jenny Wilson (a Blue Badger Speaker) will speak to us about the Romans. The competition is 'A small historic item'. The hostesses will be Sue Coates and Kath Kirkman. If you wish to join the WI please contact our Honorary Secretary Helena Nixon on 01524 781048.

Burton, Holme, and District Local History Society

**Monday May 20th - Outdoor Meeting (Members Only)
"Walk Around Holme Mills" - with Geoff Pegg - 7pm**

A full programme is available on the website
www.localhistory.burtonweb.org.uk



Contact: Chairwoman and Programme Co-ordinator Kath Hayhurst.
Tel. 01524 781613 email kathhayhurst84@gmail.com
New members welcome.

Cumbria Family History Society Burton-in-Kendal Summer Conference & AGM Saturday 1st June 2024

At Burton Memorial Hall 9.45am to 4.30pm - Cost £20 incl. tea, coffee & lunch. Visitors welcome.

Registration at 9.45am followed by a range of talks:

10.15am - Sue Allan - Westmorland folk singers & their songs

11.30am - Val Fermer - The Scarborough Inheritance
A historical journey inspired by a Will

1.30pm - AGM

2pm - Steve Williams - Lancashire over the Sands

3.30pm - History of photography & dating photos

Morning coffee at 11.15am, lunch at 12.30pm and afternoon tea at 3pm

To book a place please either send a cheque payable to Cumbria Family History Society to:

Fiona Bishop
37 Linnet Grove
Kendal
LA9 7RP

Or pay by BACS to the account below and advising by email to secretary@cumbriafhs.com :

Cumbria Family History Society
Sort Code: 40 33 05
Account: 81044966

Closing date for bookings is 24th May 2024.

Burton-in-Kendal Art and Craft Society For Demonstrations, Exhibitions, Talks and Workshops



**Saturday 11th & Sunday 12th May
Annual Art & Craft Exhibition 10am to 4pm BMH**
Guest artist Shane Sidlow of Burton
All welcome, free admission.

Craft Group meeting Monday 13th May 1.30pm to 4pm BMH

The Art Group will meet each Friday 9:30am - 12 Noon BMH
The cost is £3 per session for members and £5 for non-members

To join the Society contact the Treasurer Paula Firth.
Tel 01524 571997, email p.c.firth@ hotmail.com or mobile:07488 328464 or

Chairwoman Kath Hayhurst
Tel:01524 781613 or email kathhayhurst84@gmail.com

Membership includes free programme events, free art and craft entries to the exhibition and use of the Society library.

Art & Craft Exhibition 11th & 12th May 2024

We hope that this year's Exhibition will be supported by all Burton News readers. Our first Exhibition was in 2005 ,when the late Mary Newell, was our inspirational Chairwoman. Paula Firth was our Treasurer then, and now, (a real treasure). I was Librarian and Archivist then, and became Chairwoman in 2014.

We also have a very loyal and hard working committee, John & Pam Brown, Evelyn Constant, Celia Dowker, Marie Ellwood, .Alison Flanders, Audrey Frost, Hazel Parker & Jenni Ross.

The Society now has 40 members ,and meets weekly for Art, and monthly for Craft. The years Programme has regular Workshops and Demonstrations.

This year's guest artist is Shane Sidlow of Burton, who will be showing his wonderful portraits.

Once again Burton Morewood School will be providing an excellent display of their Art / Craft work.

We look forward to seeing you there.

Kath Hayhurst, Chairwoman .

Burton Fellwalkers

Burton Fell Walkers aim to do three walks each month, except in December, when we have one festive outing.

New walkers are always welcome, come and join us!
Contact our Secretary Sarah Walker via the website
<http://fellwalkers.burtonweb.org.uk> or on 01524 923528.



May walks are as follows:

Sunday 12th - 1pm - High Bentham - 6.5 miles - 600 feet - Moderate

Saturday 18th - 8am - Silver Howe, Blea Rigg - 8 miles 2,700 ft - Moderate/Hard

Wednesday 29th - 6.30pm - Yealand, Summerhouse Hill - <5 miles - Easy

Photographs and reports from some of our walks are available via the Society website in the 'Gallery' section. We aim to include a report of a monthly walk in Burton News when possible.

BURTON MEMORIAL HALL 200 CLUB

Below are the results for the March 2024 200 Club draws.

MARCH

FIRST	£27	M. CARR
SECOND	£16	J. ROSS
THIRD	£11	A. WOOF

Anyone wishing to join the 200 Club,
please contact Katy Worsley on bmh200club@outlook.com
Or call 07946 617634

Cost £12 per number for a year (12 draws)

Why not buy a year's subscription to the 200 Club for £12 as a birthday gift for a family member or friend? If you already have a number, why not buy another and increase your chances of a win?

News from Burton Memorial Hall

Firstly, may I make a correction to the date given in my April news piece: our Kitty Brown Fashion Show will be on Friday 7th June, not the 6th (which is, of course, a Thursday). Thanks to those who flagged up I'd put the wrong date in. Tickets will be on sale at the mid-monthly coffee morning on Saturday 18th May and afterwards. The coffee morning will be 10am until 11.30am and will have a selection of delicious home-made cakes on offer, all in aid of Hall funds. Kingsharp will be in the car park for anyone who needs blunt things sharpening. Please do come along and support it if you can.

The Annual General Meeting of the Hall will take place on Tuesday 4th June at 7.30pm in the Hall. All residents of the parish over the age of 18 are welcome to attend, and offer themselves for election to the committee. This year our long-standing Secretary-Manager, Helen Dawson, is standing down so we will be looking for someone to step into her shoes. If you are interested and would like to know more about what's involved, please do get in touch or come along to the AGM.

I'm also delighted to be able to tell you that the structural report on the main hall roof, which was funded by the Crowdfunder appeal last year, plus other donations and grants, has come back with a positive response: the structure is sound enough to take the planned replacement roof with integrated solar panels. Our next step will be to submit an application for necessary planning consent for the work, and once that is granted (hopefully it will be), then we will start serious grant-hunting and fund-raising to cover the cost of the work itself, which we hope to carry out in 2024-2025. We will, of course, keep you updated.

Finally, for this month, may I introduce you to our new online booking system for the Hall. This will enable you to see when the hall is available, and make a booking request. We have been trialling the system for some weeks, and those who came to the Welcome to the Village Day in March will have had the chance to see how it works. You can find the new system at <https://bmh.burtonweb.org.uk/book-online>.

If you have any problems in using it do let us know, or if you want to book the Hall but don't have internet access you can still contact us by phone or in writing.

Kind regards,

Anne Nichols

Chair of the Burton Memorial Hall Management Committee

See us online at <https://bmh.burtonweb.org.uk>

Would you nominate us to win a £1000 prize at the Movement for Good Awards? <https://movementforgood.com> We are also on Crowdfunder, if you are organising an event and would like us to benefit, please contact us or visit our Crowdfunder page here <https://www.crowdfunder.co.uk/p/burton-memorial-hall-505018>.

Burton Community Herb Garden

The Memorial Hall Management Committee would like to say a big thank you to the members of Burton Women's Institute, who have transformed the overgrown corner garden by the car park exit into a community herb garden.

The garden was funded by a Great Big Green Week 2023 Grant of £297, which covered the cost of the repairs to the surrounding wall and creating an access point, and purchasing the stepping stones and the herbs. Maddy Iddon, of Madified Design in Burton, kindly created the herb labels and the garden sign for the garden (the latter was made from one of the cross-bars of the hall's former wooden entrance doors).



The herb garden is available for anyone to pick herbs from, so if you are cooking and find yourself lacking a bit of a herb, why not pop along and snip off the bit that you need. We hope you enjoy this new village amenity.

Anne Nichols, for Burton Memorial Hall Management Committee



Burton Book Drop & Coffee Mornings

**The Coffee Morning & Book Drop will be on
Monday 13th May**



Burton Book Drop Coffee morning is held in BMH on the first Monday in every month (unless its a bank holiday) from 10.00 to 11.00. All proceeds go to help the upkeep of the Hall. This is an opportunity to come and have a coffee, cake and a chat, buy a second hand book and use our Book Drop. The Book Drop is a community library service provided by Westmorland & Furness Council but manned by village volunteers.

Burton Fellwalkers - Walk Reports

At the end of March five intrepid Burton Fell walkers defied the weather forecast for yet more rain and set off from Tilberthwaite towards Holme Fell. The mist and drizzle slowly cleared as we ascended Holme Fell from the East side up a delightful path through trees, overlooking Yew Tree Farm. We paused to encourage an erratic boulder to continue its descent to the valley floor... the result of our exertions is shown in the photo at right! More photos on the Burton Fellwalkers website.

Holme Fell summit provides an extensive vista South towards Morecambe Bay, and of course a panorama continuing from the Coniston Fells over the Langdales to the more Central and Eastern Fells, some of which still had a light covering of snow.

Having achieved the high point of our walk we meandered down to Hodge Close Quarries to stop and peer into the dark depths of the uninviting waters way below. Avoiding the bogs on that section of the walk was a challenge, fortunately the member of the group who was chief tester of bogs managed to extricate himself before a floating cap was the only part of him still visible.

Our walk continued past the quarries and down to Stang End with lovely views overlooking Little Langdale. The lane then bridleway wandered slowly down into the valley eventually leading to the Little Langdale quarries. We made a slight detour into Cathedral Quarry for those members of the group who were unfamiliar with this lofty cavern. You could be forgiven for thinking that old Quarries were the main objective for the walk, but no, we enjoyed the flora and fauna and the views even more, especially as our return to Tiberthwaite, over the fell, was in bright sunshine with time left to enjoy a cup of tea at Chesters on the way home.

Gill Pilling





Police Report for Burton in Kendal

Logs of note for your area are as follows.

9/4 – Damage was caused to a vehicle near to the memorial hall.

Cold Callers: Not Sure.... Don't open the door!

A Cumbria Police Community Guide. Before you open your door, follow the three steps.

STOP

Before you answer the door, stop and think if you are expecting anyone. Make sure your back door and any other doors leading outside are locked before you go to the front door. Some Criminals use a technique where one distracts you at the front door while another enters our property through another unlocked door/window. If you feel uncomfortable don't answer the door and lock it.

CHAIN

Open the door with the chain or door bar in place. These act as a barrier when talking to unexpected callers. Talk through a window if you can.

CHECK

Always ask for ID. Genuine callers will always have identification. If you are still uncertain, phone the organisation and confirm the person's identity. Genuine callers will be happy to wait. Never agree to have any work done by a cold caller. Cold calling is *'unsolicited visit or phone call in an attempt to sell/buy goods or services'* and that you should always be wary of people calling this way. **They have chosen you**, not the other way around. If the caller claims to be from a company you know of, you can check by calling the company from a number on line/phone book. **DO NOT USE** a number that the caller gives you. Close the door and lock it whilst you check.

If the person calling has an appointment with you, still check their ID. **Don't leave any doorstep callers unattended** with your door open or unlocked. Bogus callers can be smartly dressed and claim to be from the police, council, or utility companies. If you have not a pre-arranged appointment with them, **do not let them in**. A good response to bogus callers would be "I will find your details in the phone book and make an appointment for another time". People can turn up on your doorstep claiming to be builders or gardeners and can talk you into them doing unnecessary work. Always get at least two quotes and ask a family member or friend to help you. A good response to a persistent doorstep seller is; **"I have a family member or friend that helps me with these types of things"**.

Phone: 0300 123 2040

www.actionfraud.police.uk

Mandy Coleman - PCSO 5244 - South Rural



A Dramatic Evening!

Instead of the usual single production, the cast of BADS presented three super short plays at their performances on 22nd and 23rd March, which gave me lots of giggles at each one. The stage setting for each was minimalist but effective, and the dialogue funny, the delivery excellent.

Starting with Just Desserts (by Judith Ezekiel), the story opens with a middle-aged couple, Carolyn (Felicity "Fliss" Holloway) and Simon (Wayne Bartholomew), standing before a large house, discussing whether or not to make an offer for it. Simon is full of enthusiasm for the idea that he hopes will make them rich, whilst Carolyn has reservations, mainly because the house has a sitting tenant in the basement flat. They agree to check out the elderly tenant and see how soon they might expect her to die before making a decision about buying it. Fliss and Wayne portrayed this couple very well, they came across as financially ambitious and somewhat unscrupulous!

However, the elderly tenant Dorothy (Alison Flanders) whom they believed to be at death's door, having seen her hardly able to walk earlier and then having heard she'd been in hospital, took them by surprise when they accepted her invitation to a birthday tea. Dorothy, full of sprightliness and vigour and back in training for taking part in the Great North Run, explained her earlier walking problem had been her bunions but that they had been dealt with and she was back to her usual fitness. The horrified couple handed over the birthday gift they had brought along (a large glass bowl) and Dorothy promised to make them one of her famous sherry trifles in it. To their further dismay they were joined by her even older and sprightlier brother Vincent (Tim Shelton) to celebrate his birthday.

Having learned that Dorothy has a glass of rum every evening before bed, Simon decides to try and poison her by spiking the rum decanter, but things don't go entirely to plan for him and Carolyn! This was a well-timed and performed play, with a dramatic 'twist in the tail', lots of laughs and well-done characterisations. Fliss and Wayne were extremely believable as the ambitious couple, whilst Alison and Tim as the older siblings gave me hope that ageing would still be lots of fun!

After a humorous monologue by Clive Hill called Petey the Snake (with lots of hissing!), the second play, Tom Tom by John Peel, followed on. Set in a vehicle in which husband and wife Chris (Richard Warburton) and Sandy (Felicity Holloway) were going on holiday to Scarborough, but the journey doesn't quite go according to plan. The subsequent bickering familiar to most couples when it comes to travelling by car until Chris remembers the TomTom (satellite navigation) device his wife had bought him for his last birthday. Needless to say, this does not exactly calm the situation! Fliss and Richard brought Sandy and Chris to life really well, Chris being the over-bearing know-it-all husband and Sandy as the long-suffering wife, whilst Tom Tom's off-stage voice was delightfully funny.

The third and final play of the evening was David Tristram's Last Tango in Burton-in-Kendal,. Set in a village hall like ours, where the local drama group was starting to hold its AGM, albeit with just four people in attendance. Struggling to pay for their use of the hall and to attract an audience for their productions, the drama group chairman Gordon (Clive Hill) suggests, as a last ditch effort, putting on a play he has written about the people in the village itself. Joyce (Jill Nicholson), Bernard (Richard Warburton) and Margaret (Jane Reed) discuss this, argue about it, and finally agree to go along with the idea, despite Joyce being disappointed that yet again it's not a musical. The rehearsals proceed with lots of farcical activity, Bernard noisily building his set, a complete mix-up with the printed script sheets, lines which sounded saucy but weren't meant to be, and Joyce questioning everything. Fast-paced and funny, this had me giggling throughout, but the highlight of the night for me was Joyce trying to be angry and waving her arms about, but in fact looking like an angry chicken trying to launch into flight. The audience, like me, roared with laughter each time she did it.

Overall, this was a wonderful evening's entertainment, and I am so pleased that drama is (unlike the group in the third play) not going to fold, and that this great troupe of actors will continue to put on productions and entertain the village in such a superb manner. Thank you to all involved at BADS, I look forward to seeing what you put on next.

Anne Nichols



EXTRA SEATING

QUIZ NIGHT AT THE KINGS

- Prizes for the Winners!
- Booby Prizes for Last Place!
- Raffle with Great Prizes!

WEDNESDAY 15TH MAY

STARTS AT 7.30pm

TEAMS OF UP TO 4 £1 EACH

Money raised will go towards Maddy and Dorna's Hospice Trek, raising vital funds for St John's Hospice

Burton Memorial Hall

COFFEE & CAKE MORNING

in aid of Hall funds

Saturday 18th May
10am - 11.30am



plus

Tool, Knife & Scissor Sharpening
by Kingsharp in the car park
10am-12noon

Burton Memorial Hall is a charity registered in England & Wales, no. 505018

Burton Swiftwatch 2024

Nationwide great efforts are being made to stop the decline of swift numbers. Existing nest holes are being left open when renovating buildings, swift boxes are being erected to provide extra nest sites below gutters and in church towers, swift bricks are being installed in new buildings.

Property owners in Burton are doing their bit to retain and increase nest sites and so swift numbers here have remained stable.

We will be meeting on Friday May 10th at 8.00pm outside Burton Memorial Hall to plan for the summer. We welcome new observers.

The first arrivals appear in the first week of May. It is believed that, the main body of breeders come in mid May and the non breeders a few weeks later. It is the non breeders that are most likely to seek out new nest sites for when they start to breed in their third year. Playing swift calls helps to attract them.

Reg Hesketh
Burton-in-Kendal Swifts Group



Editors' Note: The drawing above, showing Group observations of swift nesting sites in Burton back in July 2015, was made by the late Bryan Yorke. Bryan was a long-time contributor of nature articles for Burton News. He sadly passed away in May 2022.

The graphics on page 11 are used with the kind permission of the artist and copyright owner, Helen Lucy. Helen is a retired teacher based in the Leeds area. She campaigns to persuade builders to install swift bricks in both new developments and renovations. Helen has produced a very informative and persuasive booklet all about swifts; from which this illustration is taken.

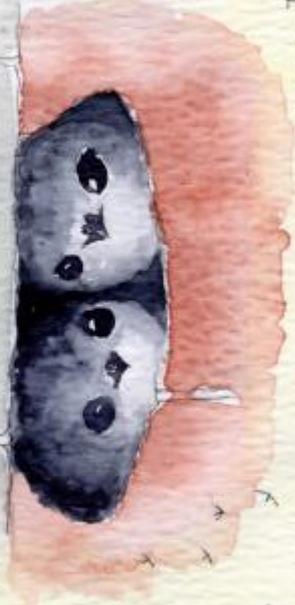
A SWIFT TIMELINE: Start here →

Over 60 million years ago, when dinosaurs were dying out and humans had not yet evolved, swifts were flying in our skies. The Earth was covered in trees, and swifts made their nests high up in the cracks of the tallest tree trunks, away from most of their predators. Eventually, people arrived, and after a while they began to cut down the trees to clear land for farming. Slowly but surely, the swifts lost their nesting places, until there were only a few left. But when the Greeks and the Romans started to construct tall buildings out of stone, swifts saw that they could use the high up cracks between stones in the walls and roofs for nesting. For nearly 2000 years, swifts have safely reared their chicks in our houses and buildings. Sadly, in the last 40 years, people have begun to seal up the cracks and holes used by swifts, with plastic. The plastic boards do not provide cracks like stone and bricks do, so places to nest have become difficult to find. As a result, the number of swifts has become fewer and fewer. If this timeline shows how long swifts have existed, this tiny section of it, coloured red, would show how long we humans have been around. Makes you think, doesn't it?

This is a swift...



They journey from southern Africa to Britain every summer to rear their chicks.



In the last few days before they fledge, the chicks can be seen peeping out at the world they are about to join. Do you think they might be excited, scared, or puzzled? All they have known so far in their lives is a dark hole!

Once they have fledged, it will be at least 2 or 3 years before they touch land again. They fly straight off to Africa, but come back to Britain each summer until they are ready to find a partner and breed.

In an average year, a swift can fly up to 250,000 miles. That's just a bit further than flying to the moon!

When they find a partner, they make a nest and become parents themselves. Each year from then on, they meet up with the same partner at the same nest every summer.

If their nest is destroyed while they are gone, they will have nowhere to lay their eggs and they will be distressed.

They nest under the eaves of our houses in cracks and crevices, and lay 2 or 3 eggs.

Both the male and the female feed the chicks and keep them warm.

After about 40 days the chicks are fully grown and weigh about 40g - roughly the same as a creme egg!

For food, they catch flying insects and tiny spiders that float on the air.

They fly low over the surface of lakes and ponds to scoop up the water they need to live.



We can help swifts by planting wildflowers in our gardens, to attract a range of pollinating insects that swifts like to eat.

The very best thing you can do in your garden is to make a pond, however small, because they are great for breeding insects. You really can make a difference!



And remember - don't use insecticides!

It's a date in Burton & Clawthorpe! History notes by Kath Hayhurst

Hutton House on the East side of the Main Street has a plaque with initials above the door. C or G & A Hutton. The date 1728 was painted in the space below. The impressive doorway has four semi circular stone steps.

In the Burton church registers there are no C Hutton 's, but several for George Hutton. There are no Hutton entries for 1728.



The nearest events recorded are...

In 1736 Alice wife of George Hutton was buried.

In 1739 and 1741 John and George, sons of George and Agnes Hutton were baptised.

In 1743 George Hutton of Burton was buried.

In 1745 the register says, that a Jane Cooke was buried at Burton, on November 23rd - 'When the Scottish Rebels entered Burton.' It is said that Bonnie Prince Charlie took refreshments at Hutton House, on his way South, during the Second Jacobite Rebellion.

Kath Hayhurst.



Hutton House

K.M.H.

Fitness is Fun!

Hearing inspirational speaker Sally Kettle talk about how she came to row the Atlantic twice, once with her mum and the other time with 3 girls attempting to get a world record has 'inspired me' to write this month's Fitness is Fun. Her talk was absolutely brilliant, available as a TED x talk on Youtube if you fancy a listen, though I was privileged to hear her in person at Kendal Town Hall this month.

She ended her talk by saying she wanted to inspire people to do the extraordinary, live a meaningful life, take on challenges. I looked up some quotes from famous people in an attempt to help you on your fitness journey. Enjoy!

If you want something you never had, you must be willing to do something you've never done. *Thomas Jefferson*

Take care of your body. It's the only place you have to live. *Jim Rohn*

I've failed over and over again in my life and that is why I succeed.
Michael Jordan

Last finisher is greater than did not finish, which trumps did not start.
[*Unknown, but I like it!*]

It's supposed to be hard. If it wasn't hard, everyone would be doing it. The hard is what makes it great! *Tom Hanks*

The definition of insanity...doing the same thing over and over and expecting a different result. *Albert Einstein*

Making excuses burns zero calories an hour.
[*Unknown, but makes me smile cos I've done that.*]



Always have fun!
Jan Abbott



For details of Jan's fitness classes see the Fusion Fitness info on page 21

St James' Church Boon Day Saturday 11th May 10am – 1pm

All help welcome even for a short time. Cutting back ivy etc, strimming around graves and walls, cleaning and tidying; light and heavy work, indoor and outdoor. Please bring tools and equipment if you can.

Vicar's Letter...

By whose authority?

Dear Friends,

Do you think kings have God's authority to rule? This is explicit in the coronation of our monarchs – they are anointed with oil, like the kings in ancient Israel, as a sign that God is setting them apart for this duty. And, technically, our government is “in authority under” the king and therefore rules by the same power.

Some say this is bad because anyone who thinks he has God's authority to rule will be a tyrant. Not necessarily so; he may instead realise that he is accountable to the God who gave him his authority and who will judge him for his rule, whether good or bad. Britain once had bishops who held monarchs to the Bible and were not afraid to say that they must rule as servants of their heavenly King.

But when prime ministers and presidents, elected governments and unelected bureaucrats, think there is no God over them they may assume that they have ultimate authority, the right to ‘do whatever it takes’, to act like God. This is true tyranny!

And when we don't believe that there is a God over us, we look to the State to solve every problem, to provide for us, to act like god. We create the statist beast and grumble that we have no freedom.

But how can rulers be under divine authority when there seem to be so many gods to choose from? 9th May is Ascension Day. The risen Jesus was only on earth for 40 days before he ascended to the right hand of God the Father, the place of all authority and power in our world. He told his disciples what was happening, “All authority in heaven and on earth has been given to me.” (Matthew 28:19)

That's why the early Christians knew that Caesar was not God and why they were prepared to be killed rather than give up their creed, ‘Jesus is Lord’. They knew that all rulers will answer to the Lord Jesus Christ, the son of the living God. A change of our political leaders without a change of heart over this will not save us.

You are warmly invited to come and join us at 7.30pm on 9th May in St James Church Burton for our Ascension Day service.

Graham Burrows

01524 781210 07740 622962

vicarburtonholme@gmail.com

St James Church, Burton May 2024 Services

Sunday 5 May
11am Morning Worship with Communion

Thursday 9 May - Ascension Day
7.30pm - Joint Service of Evening Prayer at Burton

Sunday 12 May
11am Morning Worship

Sunday 19 May - Pentecost
11am Morning Worship with Communion

Sunday 26 May
10am Joint Morning Worship at Burton

Sunday 2 June
D-Day 80 Commemoration
11am Morning Worship with Communion

You are very welcome to join us on Sunday mornings in St James Church. Our church website is www.burtonandholmechurches.org Recent sermons can be watched or listened to on the 'Sundays' page. Service times can be checked under 'Coming Up' on the 'Welcome' page.

Open Church: The church is open to visitors every Friday and Saturday, 10am – 4pm. You are welcome to look around or to use the quiet to think or pray.

Services at our sister church, Holy Trinity Holme, are usually at 9am each Sunday.

OTHER PLACES OF WORSHIP

Silverdale Methodist Church LA5 0RR
Rev. Emma Holroyd 01524 941266

St Mary's RC Church
Yealand Conyers
Father Peter Haughton 01524 732940
Times of Services can be found at
www.ololcarnforth.org.uk

Warton Methodist Church
www.wartonmethodist.co.uk
01524 732626

Yealand Quakers
01524 781501 / 782052 / 732336



St James, Burton & Holy Trinity, Holme
The Vicarage, Glebe Close, Burton
T: 01524 781210 M: 07740 622962
E: vicarburtonholme@gmail.com
W: www.burtonandholmechurches.org
Burton St James details
Warden: Brian Whalley 782296
Admin: Pat Whalley 782296

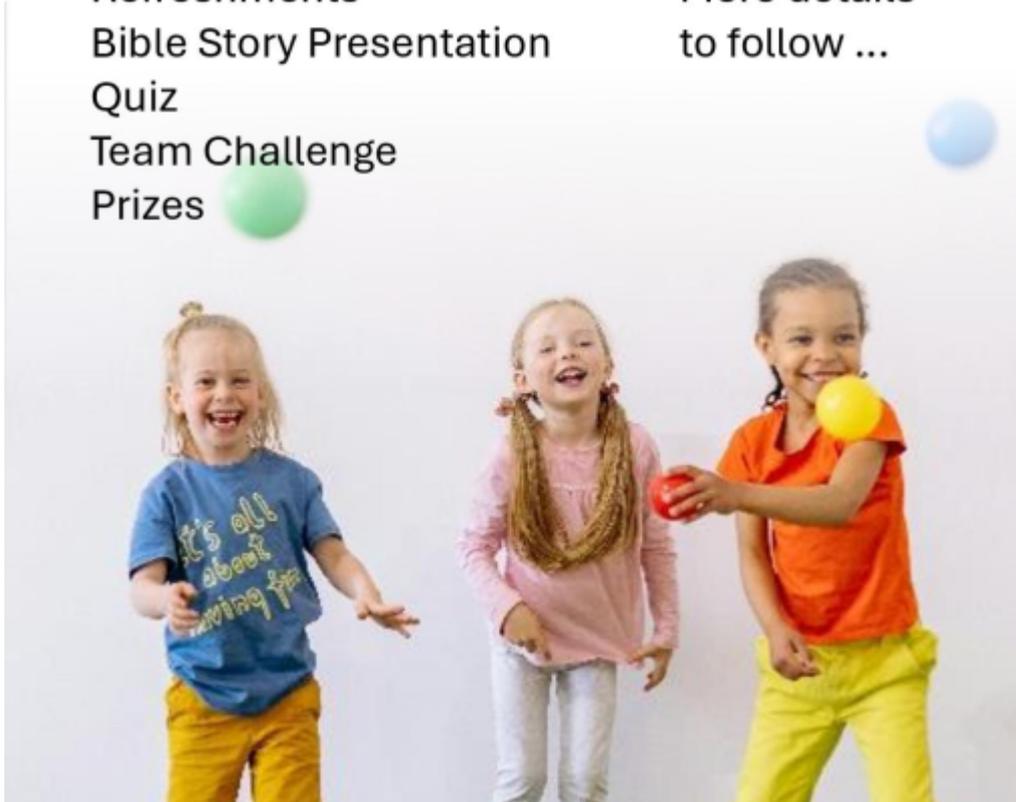
Burton and Holme Churches

Church Garden Family Challenge

Saturday 8th June 2.00 – 4.00pm
at Holy Trinity Church, Holme

Giant Garden Games
Refreshments
Bible Story Presentation
Quiz
Team Challenge
Prizes

Save the date!
More details
to follow ...



**Burton, Holme
& District
Local History Society**

A year round programme of interesting talks & visits
Chair & Programme Secretary: kathhayhurst84
@gmail.com or 01524 781613
<http://localhistory.burtonweb.org.uk>



**Burton
Womens
Institute**

Meetings held at Burton Memorial Hall on 2nd Thursday
each month (except August).
To join contact Helena Nixon on 01524 781048



**Burton in Kendal
Art & Craft
Society**

Craft Group 2nd Monday of the month. Art Group Fridays
Workshop or Demonstration most months
Chair: kathhayhurst84@gmail.com Tel 01524 781613



**Burton
Singers**

A community choir based in Burton.
If you would like to join us then please contact
Val Still on 07799 246415



**Fusion
Fitness**

Thursday 9.30 to 10.30 Burton Memorial Hall
Seated class Thursday 10.45 to 11.15
Contact Jan Abbott Mob: 07479524524
Email: janabbott9553@gmail.com



Pickleball

Every Monday 10am to 12 Noon and 7.45pm to 8.45pm
Every Wednesday 3pm to 4pm & Friday 9.30am to 10.30am
All sessions at Burton Memorial Hall £2 per hour
Turn up to join in or ring Jeannie Christian 07967 940818



**Burton
Bowling
Club**

Club night each Monday at 6.30pm at green during season.
Enquiries to Terry Bates on 07450 767149



**Ladies
Badminton**

Every Tuesday in Burton Memorial Hall 1.30pm to 2.30pm
If you would like to join please contact Sue Humphreys
01524 781596, or just turn up! £2 per session



**Burton Amateur
Dramatic Society**

If you would like to join us either Acting or Back
Stage please contact
Chair. Bob Parker 01524781772
Secretary. Jill Evans 007704514972



**Milnthorpe
Angling
Association**

Fly fishing on the River Bela & environs. For membership
information please contact: John McKay, tel 07704 265953 e-
mail milnthorpeaa@hotmail.com



**Table
Tennis
Club**

Adults & Juniors meetings at Burton Memorial Hall
Thursday evenings - Autumn to Spring each year
Enquiries to Martin on 07740 933463.



**Circuit
Training
+ HIT**

Mon 6.30pm /Fri 6.15pm Burton Memorial Hall
Wed 6.45pm Burton Morewood School
Contact: John 01524 781707



**Burton
Fellwalkers**

At least 3 walks per month - of different grades. New
members always welcome. To join please contact our
Secretary: Sarah Walker 01524 923528
website: <http://fellwalkers.burtonweb.org.uk>



**Scottish
Country
Dance
Group**

Meets at Storth Village Hall on Tuesdays 7.30pm to 9.30pm.
Beginners welcome. Contact Ainslie Dunnett on 07708
654390 ainslie.dunnett@btinternet.com or Pauline Hampson
on 07706 697306 paulinehampson2016@gmail.com

MORECAMBE BAY FOODBANK

We are still collecting for the Morecambe Bay Foodbank, if you have anything you would like to donate please would you pop them into one of the collection boxes at 4 Drovers Way. Thank you on behalf of those who are in need of your help

Milnthorpe Library

19 The Square, Milnthorpe LA7 7QJ

Monday: 2pm to 6pm

Wednesday: 2pm to 6pm

Friday: 10am to 1pm & 2pm to 5pm

Saturday: 10am to 12.30pm

Telephone 015395 63040.



We are still expanding this community led project, if you would like to know more about this project please email b4rn4burton@gmail.com.

Mike Iddon & Martin Sansby.
Burton-in-Kendal B4RN Champions

Useful Phone Numbers

Burton News Editors	01524 936501
Burton Post Office	01524 781828
Morewood School	01524 781627
Burton Nursery	01524 781627
Dallam School	015395 65165
QES, Kirkby Lonsdale	015242 71275
CrimeStoppers	0800 555 111
Police non-emergency	101
Kendal Library	01539 713524
Kendal Hospital	01539 732288
Lancaster Hospital	01524 65944

Council Switchboard

Westmorland & Furness 0300 373 3300

Annual Gift Subscriptions

If you know of anyone who may like to receive BN regularly each month, why not buy them an Annual Gift Subscription? For £12 within the UK they will receive a copy of BN each month (11 copies per year). A great way for family, friends and former residents to keep in touch with what's happening here in Burton. Anyone interested should contact BN at the

Burton in Kendal Parish Council

Meetings

3rd Thursday of every month at 7.30pm
Members of the public are always welcome to observe. Each meetings includes an OPEN FORUM.

Planning applications:

Parishioners are asked to ensure they notify the PC as well as the planning authority of any comments or objections they have about any planning application within the parish.

Website:

Documents relating to the PC may be downloaded or read online here:
www.burton-in-kendal-pc.gov.uk

For further information, contact:

The Clerk - Christine Davidson on 01524 782694

Next Meeting:

The next Parish Council Meeting will be on May 16th 7.30pm BMH

OUT OF HOURS PHARMACY SERVICE

Ash Trees Pharmacy

Market Street, Carnforth

Monday to Friday 8am to 10pm

Saturday 9am to 6.30pm

Sunday 9am to 6pm

Tel: 01524 727877 - Fax: 01524 730421

Burton-in-Kendal Voluntary Car Scheme

If you need transport to hospital, doctor, dentist, optician etc please contact Lynne Herd on 01524 781905. The scheme is still operating but has a reduced number of drivers so if you can spare some time as a driver you would be most welcome. Please contact Lynne for details.

Recycling Information

Customer Services Desk on
0300 373 3300
or by email to:
customer.services3@westmorlandandfurness.gov.uk

Waste Collection Dates

[https://www.southlakeland.gov.uk/
bins-and-recycling/collection-calendar/](https://www.southlakeland.gov.uk/bins-and-recycling/collection-calendar/)

Civil Registration Services Births, Marriages, Deaths

Registration of Births and Deaths is overseen by the Kendal Registrar's Office, based in County Hall, Kendal. Telephone 0300 373 3300 or email registration.service@westmorlandandfurness.gov.uk

Registrations may also be undertaken at Milnthorpe and Kirkby Lonsdale Libraries by appointment only, contact the Kendal Office to arrange an appointment. To arrange a marriage contact the Kendal Registrar. Opening times Mon - Fri, 9.00am to 4.30pm.

Council Highways Hotline 0300 303 2992

to report road, lighting or pavement

HELPLINES & LINKS

BULLYING: 0300 323 016

www.nationalbullyinghelpline.co.uk (at work, school, online)

www.kidscape.org.uk (childhood)

CHILDLINE: 0800 1111 (under 18's)

NSPCC: 0808 800 5000

www.nspcc.org.uk (children at risk)

SAMARITANS: 116 123

www.samaritans.org

SHELTER: 0808 800 4444

england.shelter.org.uk/ (homelessness)

STONEWALL: 0800 050 2020

www.stonewall.org.uk (LGBT+)

You can contact Vicky Hughes as follows:

Westmorland & Furness Council:

Burtlands
Station Lane
Burton-in-Kendal, Cumbria, LA6 1HR

Tel: 07785 923940

email:

Vicky.Hughes@westmorlandandfurness.gov.uk



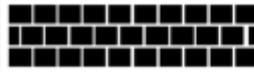
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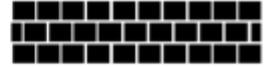


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Calendar of Events

MAY

Every Wednesday - Warm Welcome - BMH 12.30pm to 4pm

Each Friday - Art Group 9.30am to 12 Noon BMH

Wed 8th - Age UK Monthly Lunch - The Kings Arms - 12 Noon

Thurs 9th - WI Monthly Meeting BMH (Members only)

Friday 10th - First observation night for Burton Swift Watch - Outside BMH 8pm

Sat 11th & Sun 12th - Annual Art & Craft Exhibition 10am to 4pm each day
Guest artist Shane Sidlow of Burton - All welcome, free admission

Mon 13th - Coffee Morning & Book Drop 10am to 11am BMH

Mon 13th - Craft Group 1.30pm to 4pm - BMH

Thurs 16th - Burton Parish Council Meeting 7.30pm - BMH

Sat 18th - Mid Month Coffee Morning - 10am to 11.30am - BMH

Mon 20th - Local History Society Outdoor Meeting (Strictly Members only)
"A Walk around Holme Mills" with Geoff Pegg

JUNE

Mon 3rd - Coffee Morning & Book Drop 10am to 11am BMH

Tues 4th - Burton Memorial Hall AGM - BMH - 7.30pm

Friday 7th - Kitty Brown Fashion Show - BMH -7.30pm

Sat 8th - Church Garden Family Challenge - Holy Trinity Church, Holme 2pm to 4pm

Mon 10th - Craft Group 1.30pm to 4pm - BMH

Thurs 13th - WI Monthly Meeting BMH (Members Only)

Mon 17th - Local History Society Outdoor Meeting (Strictly Members Only)
Dalton Hall - with Francis Mason-Hornby

Thurs 20th - Burton Parish Council Meeting 7.30pm - BMH